

Monthly Update

Child and Adult Care Food Program



January 26, 2023

*Distributed to CACFP Authorized Representatives and Home Sponsors via Listserv
As posted to www.kn-eat.org, Child and Adult Care Food Program, Updates from CNW*

Virtual Wellness Workshops in February – Wellness Wednesdays

Join KSDE in February for Wellness Wednesdays at 9:30 am on February 8 and February 15 using this link: <https://ksde.zoom.us/j/81862066065?pwd=VFAYSXJxL0RMa2dLbjdNVjhiM0wwQT09>

- **February 8 – Make Every Bite Count with the DGA 2020-2025**
Learn how the Dietary Guidelines for Americans (DGA) influence nutrition standards policy development in Child Nutrition Programs and catch a glimpse of future initiatives aimed to improve the health and well-being of children and students participating in Child Nutrition Programs.
- **February 15 – Feeding Children with Food Allergies in Child Nutrition Programs**
Mealtimes for children with food allergies can be stressful for both children and adults. Join the Ellyn Satter Institute and KSDE Child Nutrition & Wellness to learn how to reduce stress during mealtimes while safely managing food allergies.

Participants will receive a certificate of participation for each session completed which can be used for proof of professional development. Recordings of the weekly Wellness Wednesday sessions will be available in the KSDE Training Portal at a later date for those unable to attend live!

Enrollment Form Reminder

CACFP enrollment forms expire one year from the date they are signed by the parent. A suggested best practice is to choose an annual designated time or month during the year to update all enrollment forms. July and August are often used because revised income categories are effective July 1 and new participants are enrolling for the fall. Missing or expired enrollment forms cause claim adjustments when consultants or auditors are on site for reviews. That is less likely to happen if all enrollment forms are updated and correctly determined during the established time frame. As a reminder, enrollment forms are not required for After School Care Sites (At-Risk), Outside School Care Sites, and Emergency Shelters.

Request to Use Electronic Transactions in Child Nutrition Programs

Sponsors who wish to use an online Enrollment & Income Eligibility Form or electronic signatures must complete the Request to Use Electronic Transactions in Child Nutrition Programs form located on the checklist tab in KN-CLAIM. A webinar explaining the review process will be held in early March. The date and link will be provided in the February Update.

At-Risk Afterschool Meals and Snacks Reminders

Daily Attendance and Meal Counts: Sponsors serving At-Risk afterschool meals and snacks must maintain daily attendance rosters or sign in sheets in addition to accurate daily meal count records showing the number of meals served at each snack and/or meal service. Meals and snacks must be served after the end of the school day, on weekends, holidays, or school breaks.

**Sponsor Monitoring Requirements:**

- Sponsors must review each of their sites three times per year.
- At least two of the reviews must be unannounced with one of those unannounced reviews including an observation of meal service.
- At least one review must be during each new facility's first four weeks of operation.
- No more than 6 months may elapse between reviews.
- Sponsors that operate both SFSP and CACFP At-Risk Meals must conduct one of the three annual reviews during the summer, review for SFSP requirements, include the review of a meal service and be unannounced; two reviews must occur during the school year, review for CACFP requirements, at least one must include the review of a meal service and at least one must be unannounced.

The USDA [At-Risk Afterschool Meals Guide](#) is an excellent resource for sponsors serving At-Risk Meals.

CACFP Week is Brought to You by the Letters...C-A-C-F-P!

CACFP Week is right around the corner, March 12-18, 2023. The National CACFP Sponsors Association has partnered with Sesame Street in Communities for a week-long education and information campaign. The campaign is designed to raise awareness of how the USDA's Child and Adult Care Food Program works to combat hunger. The CACFP brings healthy foods to tables across the country for children in child care centers, homes, and afterschool programs as well as adults in day care. For more information, visit the CACFP Week Campaign webpage: <https://www.cacfp.org/campaign/>

Food Program Fun: CACFP Week At-a-Glance

February 14, 2023, 1:00-1:30 pm. CACFP Week (March 12-18) is a national educational and information campaign sponsored annually by the National CACFP Sponsors Association. Discover how you can celebrate and raise awareness within your network during this week-long campaign. [Register here.](#)

Growing Healthy Bodies and Minds with Sesame Street

January 27, 2023, 11:00 am. Sesame Street in Communities' Director of Content Design, Kama Einhorn, joins [HealthyChildren.org](https://www.healthychildren.org) Medical Editor, Dr. Jennifer Shu, to talk about the many creative ways Sesame Street is helping families stay healthy – both in mind and in body. And meet Lily! A new friend on Sesame Street whose own journey to stay healthy helps kids better understand tough topics like food insecurity. [Register here.](#)

Training Opportunities

Many opportunities for learning are available for CACFP Sponsors. Go to www.kn-eat.org, CNW Calendar to access the class list with dates, times, and ZOOM links.

Celebrate National Nutrition Month with Training

What better way to celebrate National Nutrition Month in March than participating in the Nutrition Education in Child Nutrition Programs virtual training. Join CNW in this new training to learn more about how to support positive lifestyle behaviors in children across all Child Nutrition Programs all year long! To participate in the class on March 9 from 1-5 pm, join at: <https://ksde.zoom.us/j/82032194484?pwd=ZDFoLytTZUhUNE5kdzJsZzJ6RTZ0QT09>



Online Professional Development – Classes and Tutorials

CNW staff continue to develop new interactive online training classes and tutorials that can be accessed free of charge 24/7 via the KSDE Training Portal. Create an account now at <https://learning.ksde.org> and see the entire list of classes and tutorials available. For detailed instructions on creating an account and accessing the training, go to www.kn-eat.org, Child & Adult Care Food Program, Training.

Healthier CACFP Award Application

The Healthier CACFP Award criteria and application were recently updated. The Healthier CACFP Award is a recognition system that supports the wellness efforts of child care providers, day care center staff, and home providers participating in the CACFP. Caregivers going above and beyond the Program requirements by taking steps to improve the menus, physical activity, professional development, nutrition, and wellness environment and/or infant care can apply for an award in one or more of these categories. Three award levels are offered: Honors, High Honors and Highest Honors. For more information and to access the application and resource book, visit www.kn-eat.org, CACFP, Recognition, Healthier CACFP Award or email Karen Seymour at kseymour@ksde.org.

Happy Birthday Kansas!

January 29, 2023 is the 162nd birthday of our great state. Kansas farmers produce many food products that can be tasty menu items in the CACFP. Milk from Kansas dairies, beef, pork and eggs from Kansas farms, fruits and vegetables in season and grain products made from Kansas wheat and sorghum are just a few of the many possibilities. Enjoy [Kansas Agricultural Facts from Kansas Ag in the Classroom \(ksagclassroom.org\)](http://ksagclassroom.org). To learn more on how to add local foods to your menu every day of the year, contact Barb Depew, Farm to Plate Project Director, at bdepew@ksde.org or Eryn Davis, Farm to Plate Coordinator at edavis@ksde.org. Be sure to showcase your Kansas Day Celebrations at #FuelingKSKids.

As always, if you have questions or if we can assist in any way, please call or email your area Child Nutrition Consultant or the Topeka office staff.

Cheryl, Karen, and Kelly



For more information, contact:

Cheryl S. Johnson
Director, Child Nutrition & Wellness
(785) 296-2276
www.kn-eat.org
csjohnson@ksde.org

Kansas State Department of Education
900 S.W. Jackson Street, Suite 102
Topeka, Kansas 66612-1212
(785) 296-3201
www.ksde.org

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