Monthly Update

School Nutrition Programs



December 31, 2019

Happy & Healthy New Year!

Distributed to School Nutrition Program Authorized Representatives and Food Service Directors via Email As posted to www.kn-eat.org, School Nutrition Programs, Updates

New "And Justice for All" Posters Now Available - Public Notification System

Sponsors must display the new "And Justice for All" poster in a prominent area where current and potential participants have access. The new "And Justice for All" posters are now available from Child Nutrition and Wellness. Email Michelle Irvine at mirvine@ksde.org by January 17 with the number of posters needed for your sponsor. If you do not email Michelle, you will be shipped the number of posters you requested in 2016 when the poster was updated. Posters will be mailed by the end of January.

Annual On-site Accountability Reviews

The School Food Service On-Site Accountability Review (Form 9-G) can be accessed online at www.kn-eat.org, School Nutrition Programs, Food Service Facts, Chapter 9. By February 1, Sponsors with more than one serving site must review each site approved to participate in the National School Lunch Program at least once per year and review 50% of all sites approved to participate in the School Breakfast Program once per year. Someone not involved in the daily meal accountability procedures at the site must conduct the On-Site Accountability Review. Keep completed reviews on file with school food service program documents for review or audit. Each on-site review must ensure the school's claim is based on the counting system, as reported on the site application, and yields the actual number of reimbursable free, reduced price, and paid lunches, respectively, served for each day of operation. If the review discloses problems with a school's meal counting or claiming procedures, the Sponsor must ensure that the school implements corrective action, and within 45 days of the review conduct a follow-up on-site review to determine that the corrective action resolved the problems.

2020 Vision for Wellness!

Child Nutrition & Wellness will be hosting five interactive regional workshops focused on actions to implement modeling level wellness policies. Participants will hear best practices, gain knowledge, and obtain resources to help their schools envision and create a healthier school environment. Attending sponsors are strongly encouraged to bring at least one student that is in 7th-11th grade. Students will participate in interactive, student-focused, activities that encourage student involvement in school wellness. Save the date now and start recruiting a team to attend! Workshop dates and locations are:

- January 31, 2020 Topeka
- February 4, 2020 Garden City
- February 5, 2020 Clearwater

- February 18, 2020 Girard
- February 25, 2020 Salina

The free workshops will be conducted from 9 am to 2:30 pm with lunch provided. Sponsors that attend with at least one student and one administrator will receive a \$200 stipend to offset travel costs and substitute pay. Register online at https://www.surveymonkey.com/r/6FW53CM. Contact Emily Brinkman at ebrinkman@ksde.org or 785-296-2276 with any questions about the workshop.







Claim Deadline Reminder

Claims are due 60 days after the end of the claim month. Please be aware that 60 days does not always correlate with the last day of the month and that claims must be in "approved" status not "pending".

HACCP Reminder

Remember to complete the Food Safety Checklist each month for each site and keep a copy of the monthly review on file as part of your HACCP documentation. A copy of the checklist can be found at www.kn-eat.org, Food Safety, HACCP Guidance & Resources, HACCP Resources.

Food Service Management Company Training

An important training session for Sponsors considering contracting with a Food Service Management Company for SY 2020-21 will be held on January 15 from 12:30 pm-2:30 pm in Topeka at the Landon State Office Building in Suite 251. Participants who are unable to make the in-person training can join via webinar. Please RSVP to Jill Ladd at jladd@ksde.org to participate via either modality.

Kansas Professional Development System

Child Nutrition Management Classes in 2020

Child Nutrition Management Classes offer a path for aspiring managers and directors to obtain a Kansas Certificate in Child Nutrition Management. To make management level classes available to more Child Nutrition Program personnel, KSDE has a new exciting format for Child Nutrition Management Classes throughout 2020 available face-to-face and through Skype webinars. The schedule for 2020 will be posted soon at www.kn-eat.org, School Nutrition Programs, Training. **Kansas Procurement** will be offered on Thursday, January 16, 8:30 am – 3:30 pm. Face-to-face attendees should preregister by emailing Cindy Johnson at cljohnson@ksde.org and attend the class in person at the Child Nutrition & Wellness Office in Topeka. Skype webinar attendees can use this link, https://meet.lync.com/ksde/cljohnson/c0s26lsk, to attend the session remotely. This class counts as 6 hours of professional development.

Jump Start for Directors

A two-day training opportunity for new directors will be held in Manhattan at the KSU Alumni Center on February 25 and 26, 2020. For more information, call 785-296-2276. Registration information will be available soon at www.kn-eat.org, School Nutrition Programs, Training.

Food Safety Basics Professional Development

Food Safety Basics classes will be taught face to face in February, March, and April at locations across Kansas. Go to www.kn-eat.org, School Nutrition Programs, Training for dates and locations. Registration for these classes will be available soon in KN-CLAIM.

Baking Boot Camp - Quantity Baking Classes

Due to the popularity of our quantity baking classes, KSDE will offer Baking Boot Camp again in 2020. Baking Boot Camp offers a hands-on baking experience that covers techniques for producing healthy quick breads and healthy yeast breads in quantity. Registration information will be available soon at www.kn-eat.org, School Nutrition Programs, Training. Plan now to attend one or both days:

- March 17-18 in Dodge City
- May 20-21 in Overland Park
- August 4-5 in Nickerson/South Hutchinson
- July 28 in Chanute (Yeast Breads class)





Face-to-Face Professional Development

A wide range of face-to-face, high quality, professional development opportunities are available for Child Nutrition Program personnel. Contact Cindy Johnson at cliphnson@ksde.org or call 785-296-2276 to request face-to-face professional development.

Online Professional Development Classes and Tutorials

Over 30 classes and tutorials, including the 3-hour Food Safety Basics class, can be accessed free of charge 24/7 via the KSDE Training Portal. Create an account at https://learning.ksde.org. For detailed instructions on creating an account and accessing the training, go to www.kn-eat.org, School Nutrition Programs, Training.

Frequent Food Safety Violations Webinar

The Frequent Food Safety Violations Webinar will be presented on Wednesday, January 29, 2020, from 2:00 p.m. to 3:00 p.m. Guest presenters are Adam Inman and Autumn Schuck from the Kansas Department of Agriculture, Food Safety and Lodging Division. This annual webinar covers frequent food safety violations in schools and identifies resources that support a culture of food safety in the program environment. The webinar counts as one hour of professional development towards the Professional Standards requirements. To attend the webinar, go to https://meet.lync.com/ksde/mirvine/BM2BVSR7.

Farm to Plate Week and Kansas Day

Are you planning a 2020 Farm to Plate School Lunch Week- January 27-31? Look at your current menus and plan to substitute or incorporate local foods to celebrate Kansas' 159th birthday on January 29th! Communicate with vendors and producers your interest in buying local products. Promote your program using social media, school newsletters, announcements, and resources. Contact our commodity partners for marketing material. Kansas has a rich agricultural history and child nutrition programs are encouraged to help teach children where their food comes from. Contact Barb Depew, Farm to Plate Project Director, bdepew@ksde.org at 785-296-0062, if help is needed.

KSDE Data Central

KSDE Data Central is a one-stop shop for all publicly accessible data. The public and policy makers in Kansas can now go to a single source for KSDE public data including Child Nutrition & Wellness reports, for example Administrative Review results, Administrative Review Commendations and Wellness Policies. Data Central can be reached by going directly to http://datacentral.ksde.org/ or from www.ksde.org/, click on the Data Central tab.

Summer Food Service Program Outreach

All Sponsors are **required** to conduct outreach for the Summer Food Service Program (SFSP). If the Sponsor does not have the SFSP in their school, consider posting a link to the site locator tool that is available on-line at www.kn-eat.org, Summer Food Service Program, Locate a Site Near You on the school website or providing the link on a flyer to send home with students. This would allow families to find a location to receive free meals at sites across Kansas.

A Summer Mind-Set

It is time to start thinking ahead and making plans for the 2020 Summer Food Service Program NOW is a great time to begin making plans for summer 2020 and the Child Nutrition & Wellness team is here to help! Contact your area Child Nutrition Consultant or Sean Hoffman at shoffman@ksde.org with questions!





Additional Capabilities for Registered Users of the Food Buying Guide Mobile App!

The latest update has been released to the Food Buying Guide (FBG) Mobile App. Now registered users with an eAuthentication account are able to access any saved information in the FBG Web Tool, such as a completed Recipe Analysis Workbook (RAW) or Product Formulation Statement (PFS) on the Mobile App. Registered users can also create and save a "Favorite Foods List," a "Shopping List," and analyze a grain item on the Exhibit A Grains Tool on the Mobile App, and then access these items on other mobile devices as well as the FBG Web Tool. The FBG Mobile App is available on the Apple App Store and the Google Play Store (https://www.fns.usda.gov/tn/food-buying-guide-mobile-app). Check to ensure you have the most current version of the app on your mobile devices.

Hunger Action Summits

Join Kansas Appleseed to learn and gain tools for fighting hunger, building grassroots power, and having an impact in your community. Whether it's helping more kids participate in school meals and other Child Nutrition Programs, removing barriers to the Supplemental Nutrition Assistance Program (SNAP), and more, your action can reduce hunger in Kansas.

- Garden City Friday, January 17, 10 am-2 pm RSVP <u>here</u>.
 Finney County Public Library, 605 E Walnut St, Garden City, KS 67846
- **Pittsburg -** Thursday, January 23, 10 am-2 pm RSVP <u>here</u>. Pittsburg Public Library, 308 N Walnut, Pittsburg, KS 66762
- Wichita Saturday, February 8, 10 am-2 pm RSVP here.
 Rhatigan Student Center, Room 233, 1845 Fairmount St, Wichita, KS 67260

School Nutrition Association Virtual Expo 2020 - Registration Opens January 6!

Save the dates for this FREE month-long expo, February 4-March 4 and get a glimpse of the newly announced education sessions! Read More. A session on Innovative School Breakfast with presenters - Jill Ladd, Cindy Jones and Cheryl Johnson - was one of the 15 selected education sessions to feature!

National School Breakfast Week: March 2-6, 2020: Ready for Takeoff!

The #NSBW20 theme is "School Breakfast: Out of this World," which is sure to captivate students and stakeholders with how your breakfast program is blasting off into new territory! Start planning your celebration today. Click here for more information, resources, and ideas to help you celebrate.

Breakfast After the Bell Strategies for Middle and High Schools

Learn about Breakfast After the Bell Strategies for Middle and High Schools (use the hyperlink on those words) and how schools can modify their school breakfast program to better engage middle and high school students at this link: Breakfast After the Bell Strategies for Middle and High Schools.

Breakfast Participation on the Rise in Kansas

More schools across Kansas are using innovative breakfast delivery models like Second Chance Breakfast, Grab and Go Breakfast and Breakfast in the Classroom to ensure more students are starting their day with breakfast. As a result, nearly **248,000 more breakfasts were served in September 2019 as compared to September 2018**. Kids who eat school breakfast are less likely to be absent and tardy, have fewer disciplinary referrals, and are able to focus better. More educators and administrators are making the connections between health and learning ... and are working to implement innovative breakfast delivery models. Are you interested in starting an innovative breakfast delivery model? Contact Jill Ladd, jladd@ksde.org for technical assistance. Check out some of the success that Kansas schools are seeing in increasing breakfast participation across the state in the following Sunflower Spotlights.





Sunflower Spotlights

The Sponsors listed below will be featured at www.kn-eat.org, School Nutrition Programs, Recognition.

USD 480 Liberal has embraced innovative breakfast delivery models district-wide as part of school redesign. All five elementary schools implemented Breakfast in the Classroom at the start of the school year and are seeing tremendous success. Participation has increased by 35% - 65% with an additional 16,013 breakfasts being served to elementary students just in September 2019 as compared to September 2018. The greatest gain in participation has been seen at Seymour Rogers Middle School. Seymour Rogers implemented second chance breakfast in the second half of the 2018-19 school year. September breakfast participation numbers show a 78% increase in participation with an additional 5,397 students eating breakfast in September. Eisenhower Middle School has also seen participation gains as a result of starting second chance breakfast with an additional 1,740 breakfast served in September.

USD 115 Nemaha Central is seeing increasing success after starting second chance breakfast at their high school in August. During the first month of staring second chance breakfast, the school was serving an average 21 students per day, in September that number increased to 40 students per day, in October 48 students were eating breakfast each day and in November the school reached an average 55 students per day. Food Service Director, Shelia Mitchell, attended a Team Up for School Breakfast Success in Salina last November which motivated her to visit with the high school's principal and district's superintendent about starting a second chance breakfast at the high school. She states that getting administration on board was important to the success of the program. By serving the second chance breakfast in the commons area it is easy for students to access breakfast between first and second period!

USD 269 Cheney Middle School, started a second chance breakfast at the end of August and are seeing big gains in breakfast participation. The middle school serves the second chance breakfast out of an unused school store window between first and second period. Students can grab breakfast after their first block and take their breakfast to eat in their second block class. The school uses the same menu as the traditional morning breakfast and students are loving it! The school is serving between 60-65 students on a daily basis with second chance breakfast.

USD 423 Moundridge has implemented innovative breakfast models in all three of their schools including Breakfast in the Classroom and Second Chance Breakfast. Moundridge High School has seen a 77% increase in participation with an additional 15 students eating breakfast each day! Food service director, Les Schrag, states he got a lot of ideas at KSDE Child Nutrition training this summer which inspired him to start serving breakfast using innovative breakfast delivery models.

USD 473 Chapman School Nutrition Services was recently recognized by Chapman High School's Assistant Principal, Kat Thornton, for their positive impact on the school district and their students. The assistant principal explained that the team, led by Jennifer Tiller, Food Service Director, works to change the lives of their students using a limited budget and resources. They have implemented grab-and-go lunches, second chance breakfast, and weekly lunch specials for students. As stated by the assistant principal, they have "never settled for the status quo" and go above and beyond by finding innovative methods of ensuring students have access to healthy meals throughout the school day.





Child Nutrition & Wellness Kansans CAN 2019-20 Best Practice Awards

The purpose of the best practice awards program is to encourage and reward outstanding practices in Child Nutrition & Wellness Programs in Kansas that support the Kansas State Board of Education's Kansans CAN vision. **There are many outstanding Child Nutrition Programs in Kansas.** We encourage you and your staff to make nominations for outstanding and/or innovative practices for recognition of your efforts. A nomination entry form is available at www.kn-eat.org, School Nutrition Programs, What's New. **Nominations are due to the Child Nutrition & Wellness office on or before June 30, 2020.** Winners will be notified by July 31 and presentations will be made at the August State Board of Education meeting.

Please do not hesitate to contact the Child Nutrition & Wellness team at (785) 296-2276 if we can be of assistance with this process. We look forward to receiving your nominations and celebrating the Kansans CAN Best Practice Awards with you at the August 2020 State Board of Education Meeting.

Happy New Year!

Cheryl, Jill and Julie



For more information, contact:

Cheryl S. Johnson Director, Child Nutrition & Wellness (785) 296-2276 www.kn-eat.org csjohnson@ksde.org Kansas State Department of Education 900 S.W. Jackson Street, Suite 102 Topeka, Kansas 66612-1212 (785) 296-3201 www.ksde.org

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