



## Child Nutrition & Wellness

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### March Update

Distributed to the School Nutrition Program Authorized Representatives Listserv  
and the Food Service Directors Listserv

**March 29, 2018**

### Important! Community Eligibility Provision Notification Reporting Required

Using **April 1** data, **ALL SPONSORS** except RCCIs are required to:

- Go to [www.kn-eat.org](http://www.kn-eat.org), KN-CLAIM, SNP, Program Year 2018, Forms, Community Eligibility Provision Notification to enter the required data.
- Enter the total number of students Directly Certified for the entire Sponsor (include Food Assistance, Temporary Assistance for Needy Families, and Foster from the Direct Certification list, as well as students certified as Migrant, Homeless, Runaway, Head Start or Even Start, and Non-applicants approved by local officials.)
- Enter the number enrolled with access to school meals for the entire Sponsor. Do not include virtual students or students that attend a half day without access to a meal.
- After entering the Sponsor information, click "Save" to calculate and display the percentage of Identified Students. The appropriate checkbox will indicate if the Sponsor is eligible or potentially eligible to participate.
- Next, enter each site's number of Directly Certified and enrollment with access to school meals.
- Click the green check mark to calculate, display the percentage of Identified Students and SAVE the site information. The appropriate checkboxes will indicate the eligibility status for each site.
- Data must be entered by **April 16** so that a list of Sponsors and Sites eligible to participate can be provided to USDA.
- Sponsors with at least one site eligible to elect participation in the Community Eligibility Provision will be notified and provided detailed information.

### Omnibus Spending Bill

On March 23, 2018, President Trump signed the Omnibus Spending Bill [H.R. 1625 \(115\)](#). This bill fully funded Child Nutrition Programs for FY2018 and included \$17 million for Team Nutrition, \$30 million in equipment grants and \$10 million in funding for the USDA Farm to School Grant Program, which doubles current available funding. At a time when funding is hard to come by, the inclusion of our critical school nutrition programs is a recognition by Congress of the important role our programs play in the lives of hungry children.

### Paid Lunch Equity (PLE Tool) Update

**Section 776 of H.R. 1625:** *For school year 2018-2019, only a school food authority that had a negative balance in the nonprofit school food service account as of January 31, 2018, shall be required to establish a price for paid lunches in accordance with Section 12(p) of the Richard B. Russell National School Lunch Act, 42 U.S.C. 1760(p).*

Our information is incomplete at this point, but it seems not all Sponsors will be required to complete the PLE tool this year and that there will not be a requirement for waivers from increasing paid meal price due to strong financial standing. As soon as KSDE receives guidance or any information from USDA about Section 776 and Paid Lunch Equity, an email will be distributed via the listserv.

### **2018 Spring Industry Partner Update – Buy American & Market Basket Presentation by USDA**

The Child Nutrition and Wellness staff at the Kansas State Department of Education will be hosting the seventh annual Industry Partner Update on Thursday April 12 from 9 am-noon at the Center for Academic Achievement, 8200 W. 71st St, Overland Park KS 66204. Industry partners will be provided with updates to federal Child Nutrition Programs. Sadie Mele, Lead Program Specialist School Nutrition Programs Branch of the USDA Mountain Plains Regional Office, will be present to provide the latest information about procurement including Buy American and the recent Market Basket guidance. If you are interested in attending this meeting, please contact Emily Brinkman at [ebrinkman@ksde.org](mailto:ebrinkman@ksde.org) for more information.

### **USDA Seeking Input – Child Nutrition Food Crediting**

The USDA has issued a public invitation for comments on food crediting. They are especially interested in understanding the possible benefits and negative impacts associated with potential changes to how certain foods may or may not be credited. Submit comments through the Federal eRulemaking Portal at <http://www.regulations.gov>. The comment deadline has been extended to April 23, 2018.

### **USDA Policy Memos**

#### **Completion of the HealthierUS School Challenge Award Program**

USDA has announced that the HealthierUS School Challenge award program will no longer be accepting applications, effective July 1, 2018. Final applications must be submitted to KSDE by June 30, 2018. For more information and/or assistance applying, contact Emily Brinkman at [ebrinkman@ksde.org](mailto:ebrinkman@ksde.org).

#### **Hiring Flexibility Under Professional Standards**

On Tuesday March 6, 2018, USDA published a Proposed Rule, entitled Hiring Flexibility Under Professional Standards. This proposed rule would add four flexibilities to the hiring standards for new school nutrition program directors in small local educational agencies (LEAs) and new school nutrition program State directors under the professional standards regulations for the National School Lunch and School Breakfast Programs. These proposed changes are expected to expand the pool of candidates qualified to serve as leaders in the school nutrition programs while continuing to ensure that school nutrition professionals are able to perform their duties effectively and efficiently. The Proposed Rule will be available for public comment through May 7, 2018. Electronic comments are preferred and may be submitted at <https://www.regulations.gov/>. A Comparison of Hiring Standards from Existing Regulation to Proposed Rule can be found [here](#).

#### **USDA Food Buying Guide Available as Mobile App**

USDA's Food Buying Guide (FBG) is an essential resource for food information for all child nutrition programs. The FBG App is now available in the Apple App Store and the Google Play Store.

#### **Verification Toolkit**

USDA recently published an all-new [Verification Toolkit](#) for Sponsors (available on the Guidance and Resources page of the USDA website), highlighting strategies for reducing non-response in the verification process. The Toolkit features a collection of resources that Sponsors can use to leverage their efforts towards improving verification response rates and enhancing the overall efficiency of the verification process. These resources were developed by USDA with extensive input from State and local officials from around the country. They were also informed by two years of collaborative research between USDA and the Office of Evaluation Science's Social & Behavioral Sciences Team, work with State and local officials, and through a public contest hosted on Challenge.gov.

### **Purchasing Cooperatives**

Are you looking for ways to save money in your Child Nutrition Program? A purchasing cooperative may be the answer. For more information about purchasing cooperatives in Kansas, contact your area Child Nutrition Consultant or the Topeka office.

### Request to Use Online Application for Child Nutrition Program Benefits – New Review Procedure

Any sponsor wishing to use an online free and reduced application must complete and submit to KSDE the *Request to Use Online Application for Child Nutrition Program Benefits* (available at [www.kn-eat.org](http://www.kn-eat.org), School Nutrition Programs, Food Service Facts, Chapter 7 Related Forms, Form 7F) for approval annually. All Sponsors are required to participate in a webinar on April 17 at 2:00 pm to learn the new KSDE review process. To participate: <https://meet.lync.com/ksde/jahenry/wh0558m2>.

### School Breakfast Waivers – Due April 16, 2018

Eating breakfast is one of the best ways to ensure students are healthy and able to achieve their full potential. All Kansas public schools are required by State law to participate in the School Breakfast Program unless they meet the following criteria and receive an annual waiver from the Kansas State Department of Education.

Fewer than 35% of students in attendance at the school building during March of the current academic year are eligible for free or reduced price meals **AND**

1. The school building does offer the School Breakfast Program and meets the following criteria:
  - Breakfast is available, but student participation is low.
  - The school principal must attest that breakfast is available to all students in the building.
  - The school principal must attest that parents and students receive regular reminders of the availability of breakfast at school.
  - The school principal must attest that bus and class schedules allow students a minimum of 15 minutes to eat breakfast at school.
  - The school breakfast average daily participation in March of the current school year must be less than 25% of the number of students eligible for reduced price and free meals.

**OR**

2. The school building does not offer the School Breakfast Program and meets the following criteria:
  - There is documented evidence that there is no need for the School Breakfast Program.
  - The school must specify the policy and procedures that allow morning nutrition to be provided free of charge in that building to any student who needs it.

Waiver Request forms for SY2018-2019 are available at [www.kn-eat.org](http://www.kn-eat.org), School Nutrition Programs, Administration, Breakfast Waivers. If you have questions about the waiver process, please contact Arleen Anderson at [aanderson@ksde.org](mailto:aanderson@ksde.org) or 785-296-2276 or your area's KSDE child nutrition consultant.

### Administrative Review Results Available

The results from Administrative Reviews conducted SY2017-18 are posted at [www.ksde.org](http://www.ksde.org), Data Central, Child Nutrition & Wellness Reports, Administrative Review Findings and Administrative Review Commendations.

### Fresh Fruit & Vegetable Program

The application to apply to participate in the Fresh Fruit & Vegetable Program (FFVP) for school year 2018-19 is available at [www.kn-eat.org](http://www.kn-eat.org), Fresh Fruit & Vegetable Program. The FFVP provides all children in participating elementary schools with a variety of free fresh fruits and vegetables throughout the school year. It is an effective and creative way of introducing fresh fruits and vegetables as healthy snack options. Participation in the FFVP is limited to elementary schools, with priority given to schools with the highest percentage of students eligible for reduced price or free school meals.

To apply for the FFVP, complete the application and return it to KSDE no later than May 18, 2018. Schools selected to participate will be notified in July 2018. Participating schools will be reimbursed for their documented expenses on a monthly basis. If you have any questions, please contact Emily Brinkman at 785-368-8039 or [ebrinkman@ksde.org](mailto:ebrinkman@ksde.org).

### Afterschool Snack Program (ASP)

Sponsors participating in the ASP must review each site two (2) times per year. The first review must occur during the first four (4) weeks that the site is in operation each school year. Use the Afterschool Snack Program On-Site Monitoring Form for documenting ASP site reviews. The form can be found at [www.kn-eat.org](http://www.kn-eat.org), School Nutrition Programs, Food Service Facts, Chapter 26 Related Forms.

### Summer Food Service Program 2018

The Summer Food Service Program (SFSP) is designed to fill the nutrition gap that occurs in summer and make sure children can get the nutritious meals they need. We need more existing sponsors to serve more children – longer programs, more sites and we need more sponsors. Many SFSP sites provide, not just meals, but educational, enrichment and recreational activities that help children continue to learn and stay safe when school is not in session. Summer meals act as an extra “magnet” to draw children to activities—and activities draw children to meals—at places like schools, camps, park and recreation centers, YMCAs, Head Start Centers, Community Action Agencies, Boys and Girls Clubs...and many more. Schools may serve summer meals in one of three ways:

- Continue the **National School Lunch Program into summer** school sessions by adding June to the months that meals will be claimed. Continue the same procedures as during the school year for meal charges and claiming.
- The **Seamless Summer Option** allows schools to continue serving meals into summer at sites qualified with 50% or more of students eligible for reduced price or free school meals. Serving area children in addition to summer school students allows all meals to be served free to all children. The district claims all meals for free reimbursement at the NSLP rates for breakfast and/or lunch. If you are interested, join in on the Third Wednesday Webinar for more information.
- The **Summer Food Service Program** (SFSP) operates under different, although very similar, rules as NSLP. Reimbursement rates include an administrative rate in order to compensate for additional administrative operational responsibilities. Qualified sites serve all meals free of charge to eligible children at participating sites. Now is the time to sign up or renew as a SFSP Sponsor. Go to [www.kn-eat.org](http://www.kn-eat.org), Summer Food Service Program. For questions about the SFSP or the Seamless Summer Option, please contact our office at 785-296-2276 or your area KSDE child nutrition consultant. **SFSP applications are due May 1.** The 2018 SFSP training schedule is available at [www.kn-eat.org](http://www.kn-eat.org), SFSP, Training. **Become a SFSP Sponsor! Help serve more than 1.5 million meals in Kansas this summer!** Call Kelly Chanay at 785-296-2276 for more information.

### Summer Food Service Program Outreach

All Sponsors are **required** to conduct outreach for the Summer Food Service Program (SFSP). If the Sponsor does not have the SFSP in their school, consider sending the site locator tool link that will be available on-line home with students or post the link on the school website. The link can be found at [www.kn-eat.org](http://www.kn-eat.org), Summer Food Service Program, Locate a Site Near You. USDA is kicking off a new text number for Summer 2018! Households can **text “Summer Meals” to 97779** to find Summer meal sites once the site finder is ready for this summer. Both of these options will assist families in finding a location to receive free meals as needed.

### Growing Healthier Futures with the CACFP (Pre-K)

Participants will learn about Menu Planning Best Practices through an interactive 2.5 hour training. The training will highlight Sponsors across the state who have implemented Best Practices for serving the Pre-K children.

- April 5 – Wichita, 9:00-11:30 am
- April 10 – Salina, 1:00-3:30 pm
- April 12 – Manhattan, 9:00-11:30 am
- April 18 – Overland Park, 9:00-11:30 am
- April 19 – Garden City, 9:00-11:30 am
- April 23 – Topeka, 9:00-11:30 am
- April 24 – Hutchinson, 1:00-3:30 pm

Registration information is available at [www.kn-eat.org](http://www.kn-eat.org), CACFP, Training.



### **Child Nutrition Management Academy (CNMA) 2018**

Planning is underway for CNMA 2018. Classes will be held at two locations each during the weeks of **July 16-20** (Abilene and Garden City) and **July 23-27** (Garden Plain and Paola). This professional development program is designed specifically for directors, managers and supervisors of Child Nutrition Programs. Classes offered: Effective Financial Management, Kansas Procurement, personnel Management 1, Food Service Sanitation, My Role in Creating a Healthy School Environment, Build a Better Breakfast, The Many Sides of Sides, Speeding Up Speed Scratch and Administrative Update. Culinary classes will be taught by chefs again in 2018! We will also offer a track of Professional Development classes concurrent with CNMA for all Child Nutrition Program staff to attend. Register at [www.kn-eat.org](http://www.kn-eat.org), Training after April 16.

### **KSDE Training Portal: Online Professional Development Classes & Quick Train Tutorials**

CNW staff continue to develop new interactive online training classes and quick train tutorials that can be accessed free of charge 24/7 via the KSDE Training Portal. The professional development classes offer a certificate upon successful completion which can be printed. Quick train tutorials are 5 minutes or less with no quiz and no certificate. Create an account now at <https://learning.ksde.org/moodle/login/index.php> and see the entire list of classes and tutorials available. For detailed instructions on creating an account and accessing the training, go to [www.kn-eat.org](http://www.kn-eat.org), School Nutrition Programs, Training.

### **Scheduling Body Venture for SY2018-19**

Body Venture is KSDE's traveling health education exhibit for students in grades K-5. Each year this exciting exhibit visits approximately 100 schools and helps students learn why it is so important to "Eat Smart. Play Hard." Requests to schedule Body Venture for the 2018-2019 school year are now being accepted and must be received by April 13. The request form is available at [www.bodyventure.org](http://www.bodyventure.org), Schedules.

### **Program Renewal Webinars**

Plan now to attend a SY 2019 Program Renewal Webinar. The same webinar will be offered on two days: May 15 <https://meet.lync.com/ksde/kchanay/Q35J6YKH> and May 16 <https://meet.lync.com/ksde/kchanay/KRBG6Z7Z> at 2 pm each day. Information will be provided about changes to the sponsor and site applications, updated forms, the PLE changes, and other new flexibilities, requirements and new guidance for SY 2018-19.

### **Administrative Update 2018-19**

SY2018-19 Administrative Update will be offered during CNMA and at additional regional locations throughout the summer. Topics will include new policy guidance for SY 2018-19 including the Buy American, Purchasing, Updated CACFP Meal Pattern, Annual Civil Rights Training, Confidentiality, Determining Eligibility and Verification. In-depth Verification training will also be offered in September. Watch for registration information after April 16. Remember, the authorized representative or designee is required to attend administrative training annually.

### **Nutrition Standards for School Meals and Calculating Components**

Nutrition Standards for School Meals and Calculating Components classes will be taught numerous times throughout the summer. Registration will be available after April 16 for these free classes.

### **Microsoft Office in Child Nutrition Programs**

Make Microsoft Office work for you! KSDE will offer Microsoft Excel, Word, and PowerPoint in Child Nutrition Programs classes in April, June, and August. Excel will be offered from 8:30-11:30 am. Word and PowerPoint will be offered from 1:30-3:30 pm. Learn how Microsoft Office can help you save time by streamlining and increasing efficiency in Child Nutrition Program operations. Technical assistance for program renewal in the Summer Foodservice Program (April dates), School Nutrition Program (June dates), and Child & Adult Care Food Program (August dates) will be available by the Child Nutrition & Wellness consultant at each location. Registration information is available at [www.kn-eat.org](http://www.kn-eat.org), School Nutrition Programs, Training.

### **English for Food Service Train-the-Trainer**

KSDE will be hosting three Train-the-Trainer opportunities for an “English for Food Service” course. This is an eight-week course designed to be taught by someone within the district to non-native English speakers with the goal of improving English language skills of food service personnel. After at least one person from the district has attended the Train-the-Trainer session, course materials will be provided to teach the course in the district. Dates for the Train-the-Trainer sessions are as follows:

- July 19 – Offered during CNMA in Abilene from 9:00 a.m. to 3:00 p.m.
- July 26 – Offered during CNMA at Garden Plain High School from 9:00 a.m. to 3:00 p.m.

To register, or for questions on the course, please contact Emily Brinkman at [ebrinkman@ksde.org](mailto:ebrinkman@ksde.org) or 785-296-2276.

### **Baking Boot Camp – Quantity Baking Classes, More Classes Scheduled Due to High Demand!**

Save the Dates for Back-to-School Baking Boot Camp! This two-day hands-on baking experience will cover techniques for producing healthy quick breads and healthy yeast breads in quantity. Attend one or both days in either Renwick School District in Andale on August 14-15 or in a location in the western part of the state to be determined. Watch for registration information in mid-April at [www.kn-eat.org](http://www.kn-eat.org), School Nutrition Programs, Training.

### **Jump Start for Managers**

Professional development can help new and aspiring managers successfully supervise a school’s child nutrition program. Jump Start for Managers is designed to give a quick overview of program responsibilities, as well as, provide tips, guidance and networking opportunities. The two-day Jump Start for Managers will be held in four locations in Kansas in Summer 2018: Scott City, Spring Hill, Junction City, and Newton. Watch for registration information in mid-April at [www.kn-eat.org](http://www.kn-eat.org), School Nutrition Programs, Training.

- Scott City, August 1-2, 2018
- Spring Hill, July 31-August 1, 2018
- Junction City, late July or early August
- Newton, late July or early August

### **FRAC Webinar: Community Eligibility: Basics, Benefits and Best Practices – April 12 at 2:00 pm**

Community eligibility is a huge success, reducing paperwork for schools and increasing school breakfast and lunch participation. Still, many eligible schools have not yet implemented this beneficial option. School districts will need to decide if they want to opt in for the 2018-2019 school year by June 30, 2018. While this date seems far off, now is the time to determine if your school or district is eligible for community eligibility. Deciding to implement can take time and requires collaboration among school administrators and sometimes involves getting approval from the school board—so it’s not too soon to start thinking about whether community eligibility is a good fit for your school district. This webinar will cover the basics of how community eligibility works, important dates to remember and why schools should consider opting in. [Register Here.](#)

### **FRAC Webinar: Successful Strategies for Collecting Alternative Income Forms in Community Eligibility Schools – April 16 at 1:00 pm**

The Community Eligibility Provision allows high-poverty schools to offer free breakfast and lunch to all students and eliminates the need to collect school meal applications to determine student’s eligibility for free or reduced-price school breakfast and lunch. While this reduction in paperwork is a clear benefit, some states require or encourage community eligibility schools to collect alternative forms for other purposes, such as state education funding. These include: California, Connecticut, Colorado, Hawaii, Iowa, Kansas, Kentucky, Maine, Michigan, Minnesota, New Hampshire, New Jersey, New York, Rhode Island, Washington, and Wisconsin. Join this webinar to learn from school nutrition directors who are successfully collecting alternative income forms and have overcome this perceived barrier to community eligibility participation. [Register here.](#)

### School Nutrition Equipment Grants

Midwest Dairy is pleased to offer School Nutrition Equipment Grants. Click here to access the online grant application beginning on [April 1, 2018](#). The deadline to apply is April 30, 2018. The purpose of this grant is to assist School Nutrition Directors in the purchase of equipment that will enhance the long-term implementation of their school meal programs with a preference to increasing school breakfasts served outside the cafeteria and afterschool suppers. Schools may apply for up to \$5000 to purchase foodservice equipment for the storage, handling and delivery of dairy foods. Equipment may include insulated bags, transportation carts, kiosks or remote point of sale equipment for meals sold outside of the cafeteria. For more information, watch this [short video](#) on how to complete a successful grant application. These grants are competitive and not all applications will be approved for funding even if all requirements are met. Please reach out to Robyn Stuewe at [rstuewe@midwestdairy.com](mailto:rstuewe@midwestdairy.com) for additional questions.

### 2018-2019 School Breakfast for Healthy Kids Start Up Grant Opportunity

[Action for Healthy Kids](#) is pleased to release its *School Breakfast for Healthy Kids* grant opportunity for the 2018-2019 school year. These grants are for schools and districts to implement new alternative breakfast initiatives. Schools will be awarded \$2,000 or \$3,000 based on project, ability to offer breakfast at no charge and impact of grant. Funded schools will also receive expertise and people power to help implement a successful project that leads to sustainable change. Applications for funds are due Friday, April 6, 2018.

### Registration Open for National Farm to Cafeteria Conference

The 9th National Farm to Cafeteria Conference will be held in Cincinnati, Ohio, April 25-27, 2018. This event is the only national gathering of stakeholders from across the farm to cafeteria movement, making it a crucial leadership development opportunity to advance community health, build economic opportunities for farmers and producers, and ensure long-term sustainability for local food efforts nationwide. Conference registration is open until April 9. Learn more and register today at [farmtocafeteriaconference.org](http://farmtocafeteriaconference.org).

### Spring Reminders

We will be happy to post free-of-charge advertisements for child nutrition job openings and food service equipment for sale. Email your advertisements to Pam Rosebaugh at [prosebaugh@ksde.org](mailto:prosebaugh@ksde.org).

Please let your area consultant know of upcoming **retirements** so Child Nutrition & Wellness can recognize them with a letter and certificate.

### Sunflower Spotlight – Celebrating Successes in Kansas Child Nutrition Programs

Additional Information about all schools featured as a part of the Sunflower Spotlight can be found at [www.kn-eat.org](http://www.kn-eat.org), School Nutrition Programs, Recognition.

School personnel at **USD 307 Ell-Saline Elementary** school collaborate with school nutrition staff to use the cafeteria as a nutrition learning laboratory that allows students to apply critical thinking skills and get hands-on experience in the kitchen! Every year, fourth-graders at Ell-Saline Elementary have the opportunity to pick a menu, prepare the food and serve the meal. Prior to getting their hands messy in the kitchen, students participate in a four-week study on nutrition. In addition to learning about how food and nutrition affect their bodies, students learn about the meal pattern requirements and then develop a menu that meets the guidelines. This year, students chose to make walking tacos, tropical fruit and bananas, Ants on a Log and coconut cake. Students were divided into groups and paired with food service personnel to prepare the meal. Groups were assigned different tasks to tackle in the kitchen. Prior to serving the meal to the student body, parents of the fourth graders were invited to eat with their child and see the results of all their hard work! Bringing the classroom to the cafeteria is a great example of how Ell-Saline is working towards the modeling level of the Kansas School Wellness Policy Guidelines in Nutrition Promotion and Education.

**USD 500 Kansas City Kansas Public Schools (KCKPS)** serve afterschool suppers at 134 school-based and community-based afterschool programs across the metropolitan Kansas City area. KCKPS worked with the city to bring together principals, elected officials, and afterschool programs in order to increase access to afterschool suppers and snacks. All suppers are prepared at a central kitchen and then delivered daily to afterschool sites, using a school district's van. Suppers are then distributed and accounted for by the staff supervising the afterschool activities. By training non-food service staff to serve the suppers, KCKPS was able to reduce staffing costs and improve the program's financial viability. To increase participation and add new sites, KCKPS conducts outreach at the beginning of each school year to ensure that principals and teachers at all schools are aware of the Afterschool Supper Program and that their students can participate. KCKPS delivers more than 1,000 suppers each day to after-school programs in the area. The Food and Research Action Center said the initiative could be a model for other school districts in their recent publication [FRAC Releases Report on Afterschool Suppers](#).

### **HealthierUS Schools Challenge – New Award Winners!**

The U.S. Department of Agriculture and KSDE commends the following schools for the exemplary steps, leadership, and team work employed to make changes to their schools' nutrition environment; improve the quality of the foods served; provide students with more nutritious, healthy choices; and enhance their physical activity program. To acknowledge their achievement, the schools below will receive a HUSSC award plaque, a banner to display, and a monetary incentive in the amount of \$500 per school for those achieving the Bronze level award.

#### **Parsons School District USD #503**

- Garfield Elementary School (Bronze)
- Gutheridge Elementary School (Bronze)
- Lincoln Elementary School (Bronze)
- Parsons High School (Bronze)
- Parsons Middle School (Bronze)

### **Welcome Spring!**

Waiting for Spring? MyPlate has recipes and resources to help you anticipate the warmer weather. Did you know that What's Cooking has a Recipe of the Month? Sign up today to get a tasty recipe delivered directly to your Inbox each month. Each email includes a new recipe complete with a link to the English and Spanish version on What's Cooling. Click to [sign up](#) today! The [MyPlate Message Toolkit](#) was created to assist nutrition professionals in providing nutrition resources to use when working with consumers. This online toolkit includes tip sheets, graphics, social media and links to supporting information for each MyPlate message. The toolkit is available at [ChooseMyPlate.gov/toolkit](#).

As always, if you have questions or need technical assistance, please contact your area Child Nutrition Consultant or the Topeka office!

**Cheryl, Kelly & Mark**