



Child Nutrition & Wellness

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April Update

Distributed to the School Nutrition Program Authorized Representatives Listserv
and the Food Service Directors Listserv

April 30, 2018

Program Renewal Webinars

KSDE plans to send program renewal information to all current Sponsors of School Nutrition Programs by May 15. Plan now to attend a SY 2019 Program Renewal Webinar. The same webinar will be offered on two days: May 15 <https://meet.lync.com/ksde/kchanay/Q35J6YKH> and May 16 <https://meet.lync.com/ksde/kchanay/KRBG6Z7Z> at 2 pm each day. Information will be provided about changes to the sponsor and site applications, updated forms, the PLE changes, procurement plans as well as other new flexibilities, requirements and guidance for SY 2018-19.

USDA Guidance

Paid Lunch Equity: Guidance for School Year 2018-19 (SP 12-2018)

Sponsors with a positive or zero balance in the nonprofit food service account as of January 31, 2018 are exempt from PLE requirements for school year (SY) 2018-19 and not required to complete the PLE tool/requirements. Sponsors will indicate that they have chosen this exemption on the Sponsor Application in KN-CLAIM during Program Renewal. More information about the simplification of the PLE section of the Sponsor Application will be provided during the Program Renewal webinars on May 15 and 16 at 2:00 pm each day.

Because the Act affects one school year only, USDA and KSDE recommend that Sponsors consider completing the Unrounded Requirement Finder tab of the SY2018-19 PLE Tool that will be posted at www.kn-eat.org, School Nutrition Programs, What's New. The completion of this tab ensures that Sponsors have the minimal amount of Paid Lunch Price data needed to inform the calculation moving forward should they ever need or be required to complete the PLE Tool in a future school year. Sponsors still maintain the discretion to complete the PLE tool and determine their target SY 2018-19 paid lunch price, consistent with Program regulations at 7 C.F.R. 210.14, and adjust their paid meal prices accordingly.

USDA Amplified Program Integrity Efforts

The USDA Food and Nutrition Service (FNS) announced in [a press release](#) that there would be an increased focus on program integrity across the board on all nutrition programs. Agriculture Secretary Sonny Perdue said that part of his strategic goal is "ensuring that our programs are delivered efficiently, effectively and with integrity". Acting Under Secretary for USDA Food, Nutrition and Consumer Services, Brandon Lipps announced that he would be developing a new position of Chief Integrity Officer to manage and oversee the creation of an enhanced program integrity strategy.

Child Nutrition Database and Approved Software Update

On April 17, FNS published a memorandum to notify software developers of USDA-approved software of two important changes: 1) the next annual release of the Child Nutrition Database (CNDB) will be delayed by approximately one year (spring 2019) as FNS works to adjust the methodologies used to compile, maintain, and deliver food product nutrient data efficiently and effectively and 2) software approved for certification of compliance may now include an optional functionality to scale crediting information for a recipe serving size based on the proportion of the original recipe's serving size. The current version of the CN Database is found at: <https://healthymeals.fns.usda.gov/menu-planning/software-approved-usda-administrative-reviews/child-nutrition-database>. The USDA-approved software lists are found at: <https://healthymeals.fns.usda.gov/menu-planning/nutrient-analysis-software-approved-usda/nutrient-analysis-software-approved-usda>

Webinar Recording: Food Buying Guide Goes Digital

On February 6, 2018, the Nutrition and Technical Assistance Branch (NTAB), CNP held a webinar that provided an interactive demonstration of the new Food Buying Guide (FBG) Mobile App and the FBG Interactive Web Tool. The link to the recording of the webinar is available on Team Nutrition Webinar page (<https://www.fns.usda.gov/tn/webinars-and-training>).

Community Eligibility Provision – June 30 Deadline to Apply

All sponsors with at least one site eligible to elect participation in the Community Eligibility Provision will be notified and provided detailed information. For USDA guidance and Q & A's that address common questions, go to www.kn-eat.org, School Nutrition Programs, Administration, Community Eligibility Provision. Contact Julie Henry at jhenry@ksde.org if you are interested in applying or have questions.

Fresh Fruit & Vegetable Program

The application to apply to participate in the Fresh Fruit & Vegetable Program (FFVP) for school year 2018-19 is available at www.kn-eat.org, Fresh Fruit & Vegetable Program. The FFVP provides all children in participating elementary schools with a variety of free fresh fruits and vegetables throughout the school year. It is an effective and creative way of introducing fresh fruits and vegetables as healthy snack options. Participation in the FFVP is limited to elementary schools with priority given to schools with the highest percentage of students eligible for reduced price or free school meals.

To apply for the FFVP, complete the application and return it to KSDE no later than May 18, 2018. Schools selected to participate will be notified in July 2018. Participating schools will be reimbursed for their documented expenses on a monthly basis. If you have any questions, please contact Emily Brinkman at 785-368-8039 or ebrinkman@ksde.org.

Administrative Review Results Available

The results from Administrative Reviews conducted SY2017-18 are posted at www.ksde.org, Data Central, Child Nutrition & Wellness Reports, Administrative Review Findings and Administrative Review Commendations.

Request to Use Online Application for Child Nutrition Program Benefits – New Review Procedure

Any sponsor wishing to use an online free and reduced application must complete and submit to KSDE the *Request to Use Online Application for Child Nutrition Program Benefits* (available at www.kn-eat.org, School Nutrition Programs, Food Service Facts, Chapter 7 Related Forms, Form 7F) for approval annually. A recording of the webinar held on April 17 to explain the new KSDE review process will be posted in May at www.kn-eat.org, School Nutrition Programs, What's New.

Food Safety Inspections

All Sponsors are required to have two food safety inspections each year. If you have not received two (2) inspections by May 1, 2018, you must send a letter to the Kansas State Department of Agriculture (KDA) requesting the needed inspection(s). The date the letter is sent must be recorded on the Site Application during Program Renewal. The annual license fee now covers the costs of the two required inspections. A sample letter is available at www.kn-eat.org, Food Safety. Remember that the most recent KDA inspection must be printed and posted in a location visible to the public.

Celebrate School Nutrition Employee Week (May 7-11)

School nutrition professionals are true heroes. Friday, May 4, 2018, will kick off School Nutrition Employee Week with a celebration – the 6th Annual [School Lunch Hero Day!](#) This is a chance to showcase the difference school nutrition professionals make for every child who comes through the cafeteria. The School Nutrition Association (SNA) is offering [School Lunch Hero Day logos and artwork](#) that can be downloaded and used over social media. KSDE has developed a template for a poster to recognize school nutrition heroes that is available at www.kn-eat.org, School Nutrition Programs, What's New.

Summer Food Service Program Outreach

All Sponsors are **required** to conduct outreach for the Summer Food Service Program (SFSP). If the Sponsor does not have the SFSP in their school, consider sending the site locator tool link that will be available on-line home with students or post the link on the school website. The link can be found at www.kn-eat.org, Summer Food Service Program, Locate a Site Near You. USDA is kicking off a new text number for Summer 2018! Households can **text “Summer Meals” to 97779** to find Summer meal sites once the site finder is ready for this summer. Both of these options will assist families in finding a location to receive free meals as needed.

At-Risk Afterschool Meals – Supper Anyone?

Contact Mark Thompson or Laura Hodgson at 785-296-2276 if you are interested in learning about providing a supper meal to hungry children in your area for SY2018-2019.

Funding Opportunities for Fuel Up to Play 60 Are Available to Help Schools Make Healthy Changes!

[Fuel Up to Play 60](http://www.fueluptoplay60.com), the in-school nutrition and physical activity program from National Dairy Council, Midwest Dairy Council and the National Football League, in collaboration with United States Department of Agriculture (USDA), is helping to make wellness part of the game plan in more than 73,000 schools across the country. Funding opportunities for Fuel Up to Play 60 are available to K-12 schools enrolled in Fuel Up to Play 60. The competitive, nationwide funding program is designed to support schools that implement Plays from the 2018-2019 edition of the Fuel Up to Play 60 Playbook. Whether you're just starting out with Fuel Up to Play 60 or looking to expand and extend an initiative that's already in motion, funding opportunities from Fuel Up to Play 60 can help. Funding opportunities for Fuel Up to Play 60 are competitive — funds are awarded based on the quality of the application and the suitability of the specific request. Visit fueluptoplay60.com to download a PDF of the application and find instructions to apply for funding. The deadline to apply is June 13, 2018.

Retirement Recognition

Please let your area consultant know of upcoming retirements so Child Nutrition & Wellness can recognize them with a letter and certificate.

Preparing for Summer Checklist

The Preparing for Summer Checklist is now posted at www.kn-eat.org, School Nutrition Programs, What's New.

Scheduling Body Venture for SY2018-19

Body Venture is KSDE's traveling health education exhibit for students in grades K-5. Each year this exciting exhibit visits approximately 100 schools and helps students learn why it is so important to “Eat Smart. Play Hard.” Requests to schedule Body Venture for the 2018-2019 school year are still being accepted. The Request to Schedule form is available at www.bodyventure.org, Schedules.

Professional Development Opportunities

A wide range of face-to-face, high quality, professional development opportunities are available for Child Nutrition Program personnel. These include KSDE's Child Nutrition Management Academy, Administrative Update, Menu Planning classes, and Food Safety Basics classes.

Administrative Update 2018-19

SY2018-19 Administrative Update will be offered during CNMA and at additional regional locations throughout the summer. Topics will include new policy guidance for SY 2018-19 including Procurement and Buy American, Meal Modifications, Comprehensive Resource Management, Nutrition Standards Flexibility, Annual Civil Rights Training, Confidentiality, Verification and Determining Eligibility. In-depth Verification training will also be offered in September. Registration information is available at www.kn-eat.org, School Nutrition Programs, Training. **Remember the authorized representative or designee is required to attend administrative training annually!**

Child Nutrition Management Academy (CNMA) 2018

Planning is underway for CNMA 2018. Classes will be held at two locations each during the weeks of **July 16-20** (Abilene and Garden City) and **July 23-27** (Garden Plain and Paola). This professional development program is designed specifically for directors, managers and supervisors of Child Nutrition Programs. Classes offered: Effective Financial Management, Kansas Procurement, Personnel Management 1, Food Service Sanitation, My Role in Creating a Healthy School Environment, Build a Better Breakfast, The Many Sides of Sides, Speeding Up Speed Scratch and Administrative Update. Culinary classes will be taught by chefs again in 2018! We will also offer a track of Professional Development classes concurrent with CNMA for all Child Nutrition Program staff to attend. Registration information is available at www.kn-eat.org, School Nutrition Programs, Training.

Note: Kansas Procurement is the most recent procurement class (CNMA 2018) and in the brochure for the *Kansas Certificate in Child Nutrition Management*, the Kansas Procurement class will meet the same requirement as the previous Procurement in Child Nutrition Programs. The *Kansas Certificate in Child Nutrition Management*, brochure is in the process of being updated to reflect the new CNMA classes added this year.

KSDE Training Portal: Online Professional Development Classes & Quick Train Tutorials

CNW staff continue to develop new interactive online training classes and quick train tutorials that can be accessed free of charge 24/7 via the KSDE Training Portal. The professional development classes offer a certificate upon successful completion which can be printed. Quick train tutorials are 5 minutes or less with no quiz and no certificate. Create an account now at <https://learning.ksde.org> and see the entire list of classes and tutorials available. For detailed instructions on creating an account and accessing the training, go to www.kn-eat.org, School Nutrition Programs, Training. Classes recently added: SNP Is This Meal Reimbursable-Lunch, Summer Food Service Program Administrative Training, and Social Media Matters.

Nutrition Standards for School Meals and Calculating Components

Nutrition Standards for School Meals and Calculating Components classes will be taught numerous times throughout the summer. These classes provide important information for school nutrition professionals who plan menus and complete production records. Registration information for these free classes is available at www.kn-eat.org, School Nutrition Programs, Training.

Microsoft Office in Child Nutrition Programs

Make Microsoft Office work for you! KSDE will offer Microsoft Excel, Word, and PowerPoint in Child Nutrition Programs classes in June and August. Excel will be offered from 8:30-11:30 am. Word and PowerPoint will be offered from 1:30-3:30 pm. Learn how Microsoft Office can help you save time by streamlining and increasing efficiency in Child Nutrition Program operations. Technical assistance for program renewal in the School Nutrition Program (June dates) and Child & Adult Care Food Program (August dates) will be available by a Child Nutrition & Wellness consultant at each location. Registration information is available at www.kn-eat.org, School Nutrition Programs, Training.

English for Food Service Train-the-Trainer

KSDE will be hosting three Train-the-Trainer opportunities for an “English for Food Service” course. This is an eight-week course designed to be taught by someone within the district to non-native English speakers with the goal of improving English language skills of food service personnel. After at least one person from the district has attended the Train-the-Trainer session, course materials will be provided to teach the course in the district. Dates for the Train-the-Trainer sessions are as follows:

- July 19 – Offered during CNMA in Abilene from 9:00 a.m. to 3:00 p.m.
- July 26 – Offered during CNMA at Garden Plain High School from 9:00 a.m. to 3:00 p.m.

To register, or for questions on the course, please contact Emily Brinkman at ebrinkman@ksde.org or 785-296-2276.

Baking Boot Camp – Quantity Baking Classes, More Classes Scheduled Due to High Demand!

Save the Dates for Back-to-School Baking Boot Camp! This two-day hands-on baking experience will cover techniques for producing healthy quick breads and healthy yeast breads in quantity. Attend one or both days in either Renwick School District in Andale on August 14-15 or in Hays on July 30-31. Registration information is available at www.kn-eat.org, School Nutrition Programs, Training.

Jump Start for Managers

Professional development can help new and aspiring managers successfully supervise a school's child nutrition program. Jump Start for Managers is designed to give a quick overview of program responsibilities, as well as, provide tips, guidance and networking opportunities. The two-day Jump Start for Managers will be held in three locations in Kansas in Summer 2018: Scott City, Spring Hill and Junction City. Registration information is available at www.kn-eat.org, School Nutrition Programs, Training.

- Scott City, August 1-2, 2018
- Spring Hill, July 31-August 1, 2018
- Junction City, July 30-31, 2018

Food Safety Training

The schedule for Summer Food Safety Basics classes will be posted by the middle of May at www.kn-eat.org, School Nutrition Programs, Training. Remember to update your Food Safety Training Record in KN-CLAIM after your employees take a food safety class.

Sunflower Spotlight – Celebrating Successes in Kansas Child Nutrition Programs

Additional information about all schools featured as a part of the Sunflower Spotlight can be found at www.kn-eat.org, School Nutrition Programs, Recognition.

D0436 Caney Valley is excited about its new Second Chance Breakfast program! Sheila Carinder, Food Service Director, championed the program and is happy to report an increase from 60-70 breakfasts to about 185 breakfasts served daily! She also reports that the school has seen an increase in lunch participation as well. Congratulations to the Administration and Child Nutrition teams at D0436 for recognizing that students learn better when they are not having to worry about being hungry.

Centre D0397 school district wanted all students and families to be aware how important breakfast is. Francie Mueller, District Secretary, sent a flyer home from USDA to all families containing information about the importance of breakfast, breakfast ideas, and an activity for students. Chelsi Jones, Food Service Director, held a coloring contest at the Elementary level. Students submitted a breakfast coloring page they worked on at home. The entries were posted and voted on by the kitchen staff. Prizes were awarded for 1st, 2nd, 3rd place. 1st place received a coloring book and markers, 2nd and 3rd place received coloring books. Students were offered fun breakfast items such as chocolate French toast, S'mores sweet roll and fruit smoothies in their breakfast program with a daily alternate menu choice of cereal and yogurt or oatmeal and yogurt.

Farm to Plate News

The [Community Preventive Services Task Force \(CPSTF\)](#) recommends school-based gardening interventions in combination with nutrition education to increase children's vegetable consumption. After conducting a systematic review of 14 studies that examined gardening interventions with children ages 2 - 18 years between January 2005 - October 2015, CPSTF found sufficient evidence that gardening and nutrition education has a positive effect on kids.

Visiting a farmers market? [The Food Buying Guide Mobile App](#) can help you determine how much local food to purchase for your Child Nutrition Program. Search, navigate, and compare yield data for your favorite local foods! The App is available for Android and iOS platforms.

Child Nutrition & Wellness KANSANS CAN 2017-18 Best Practice Awards

The Kansas State Board of Education has a new vision: Kansas leads the world in the success of each student. This new vision for education calls for a more child focused system that provides support and resources for individual success and will require everyone to work together to make it a reality. The academic achievement and physical well-being of our students in Kansas today will impact the success of our communities, our state and the nation in the future. The good health that results from good nutrition and physical activity, and the learning that is made possible as a result, is primary among those tools.

The purpose of this program is to encourage and reward outstanding practices in Child Nutrition & Wellness Programs in Kansas that support the Kansans CAN vision. There are many outstanding child nutrition programs in Kansas. We encourage you and your staff to make nominations for outstanding and/or innovative practices for recognition of your efforts. A nomination entry form is available at www.kn-eat.org, School Nutrition Programs, What's New. **Nominations are due to the Child Nutrition & Wellness office on or before June 30, 2018.** Winners will be notified by July 31 and presentations will be made at the August State Board of Education meeting.

Please do not hesitate to contact the Child Nutrition & Wellness team at (785) 296-2276 if we can be of assistance with this process. We look forward to receiving your nominations and celebrating the Kansans CAN Best Practice Awards with you at the August 2018 State Board of Education Meeting.

A Super Thank You!

School nutrition professionals serve more than food; you fuel our emerging future leaders with the healthy meals and snacks that make a difference in their success. The Child Nutrition & Wellness team extends a sincere thank you to all school nutrition heroes.

Cheryl, Kelly & Mark