



## Child Nutrition & Wellness

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Sent by listserv to SFSP Sponsors and posted at  
[www.kn-eat.org](http://www.kn-eat.org), Summer Food Service Program, What's New

### Summer Food Service Program Numbers

The 2019 Kansas Summer Food Service Program (SFSP) is off to a great start! As of June 21, 183 sponsors and 689 sites have been approved to operate.

### SFSP Reimbursement Claim Submission Deadlines

- May claim by 7/30/19
- June claim by 8/29/19
- July claim by 9/28/19
- August claim by 10/29/19

### New Resources – Summer Nutrition RULES! Poster and Table Tent

These new and customizable resources are available to download and print at [www.kn-eat.org](http://www.kn-eat.org), SFSP, What's New.

### 2018 SFSP Best Practice Award Winners

**USD 260 Derby** has been recognized as a 2018 SFSP Best Practice Award winner for Best Site Programming. K-State Research and Extension SNAP-Ed Program educators provided six weeks of hands-on nutrition lessons. Parents as Teachers provided a story time and craft activities each week of the program.

**Columbus Area Churches** has been recognized as a 2018 SFSP Best Practice Award winner for Volunteerism. Summer 2018 marked the first year of participation in the SFSP for Columbus Area Churches. The success of the SFSP in the Columbus community was largely due to a committed group of volunteers from local churches, families, 4-H, medical organizations, K-State Research and Extension, scouts and even pageant candidates! In addition to serving children, the community donated money for adult meals and fresh local produce.

### July is Lunch Across Kansas!

In Kansas, the average daily Summer Food Service Program participation is much lower in July than in June, but the need for the program is just as high. Kansas State Department of Education and Kansas Appleseed partner to sponsor Lunch Across Kansas (LAK) Month, which encourages program sponsors to host events and activities to raise awareness and increase participation in July. Additionally, the enrichment activities that sites offer can help prevent "summer slide", so kids are ready to learn when they return to school. Drive participation by hosting a special event featuring activities, special programming, or extra outreach and marketing, such as:

- Social media posts about the program
- Email blasts to partners and community members
- Post flyers in places people will see them (ask store managers if you can put them by the mirrors or stalls in bathrooms!)
- Share information on community marquees or signs

Share pictures of LAK events and promotions with Kansas Appleseed by emailing Christina Ostmeyer at [costmeyer@kansasappleseed.org](mailto:costmeyer@kansasappleseed.org). Kansas Appleseed will post LAK events at [www.kansasappleseed.org/lunch-across-kansas](http://www.kansasappleseed.org/lunch-across-kansas).

### National Summer Learning Week – July 3-8, 2019

Events during the summer help sustain the enthusiasm to keep participation high! Make plans to celebrate Summer Meals by planning events during National Summer Learning Week. Check out the great resources to use during National Summer Learning Week or all summer long at <https://www.summerlearning.org/summer-learning-week/>.

### USDA Team Nutrition Summer Food, Summer Moves Resource Kit

USDA Team Nutrition has created a resource kit for summer meal site operators, which includes an Operator Activity Guide with nutrition education activities and kid-friendly recipes, 7 educational posters, 6 types of promotional fliers (150 fliers), 25 activity placemats, and 6 different educational activity guides for families (150 educational handouts). To order: <https://pueblo.gpo.gov/TN/TNPubs.php?PubID=15083>.

### KSDE Nutrition Education & Activity Guide

This fun and innovative guide can assist with incorporating interactive nutrition education activities at SFSP meal service sites! Contact Sarah Bruschi at [sbruschi@ksde.org](mailto:sbruschi@ksde.org) to receive the electronic version of this resource.

### Summer Meals Texting Hotlines and Meal Site Maps

- No Kid Hungry has a national texting hotline to provide information about summer meals sites to children and families in 2019. Children and families can text 'FOOD' or 'COMIDA' to 877-877 to receive information about meal service sites in their area.
- USDA offers the following resources for families: Households can **text "Summer Meals" to 97779**, call 1-866-348-6479 to find Summer meal sites or go to the USDA 2019 Summer Meal Site Finder at <https://www.fns.usda.gov/summerfoodrocks>.
- KSDE's site finder: Locate a Site Near You at [www.kn-eat.org](http://www.kn-eat.org), SFSP.

### KSDE Summer Meals PSA

KSDE has developed a Public Service Announcement that can play on TVs or Computer Screens in schools, WIC clinics, Doctor's Offices, County Health Departments, Community Centers or anywhere families go in the summer! The link to PSA is <https://youtu.be/Ongglchh6zU>. Celebrate and promote summer meals in your community!

### SFSP Webinar – What to Expect When You Are Inspected

Did you miss the Summer Food Service Program webinar on What to Expect When You Are Inspected? A recording of the webinar is available on the KSDE Training Portal at <https://learning.ksde.org/>.

### Food Safety Tip of the Month

Did you know...it is important to perform preventative maintenance on all foodservice equipment to ensure their proper and safe functioning. Equipment upkeep involves deep cleaning, periodic inspecting, and replacing of parts as needed. Door seals and filters may need to be changed out. Knife blades and slicer blades may need to be sharpened. Equipment that uses water may need to be descaled. Compressors and condensers on refrigerated equipment need to be checked. These important activities work to protect the food supply, keep employees safe, and improve workplace efficiencies.

### Training Needs Assessment

Kansas State Department of Education (KSDE) works to develop training that is most needed at times when it is convenient for people to participate. KSDE would like your input on training that works for you. Go to <https://www.surveymonkey.com/r/STVSZG8> and complete the short survey (less than 5 minutes to complete).

### Kansas Farm Fresh Fridays Challenge

Celebrate Kansas farmers and local foods by participating in an initiative to unify the success of our farms, children and SFSP Sponsors. Registration is open to all SFSP Sponsors. Pledge to offer a meal consisting of at least two 'locally sourced' menu items at least one Friday per month at one or more serving sites. Once registered, you will have access to the KS Farm Fresh Fridays Marketing Kit. Take the challenge at <https://www.surveymonkey.com/r/DTMMXKR>.

### Child Nutrition & Wellness KANSANS CAN 2018-19 Best Practice Awards

The Kansas State Board of Education has a new vision: Kansas leads the world in the success of each student. This new vision for education calls for a more child focused system that provides support and resources for individual success and will require everyone to work together to make it a reality. The academic achievement and physical well-being of our students in Kansas today will impact the success of our communities, our state and the nation in the future. The good health that results from good nutrition and physical activity, and the learning that is made possible as a result, is primary among those tools.

The purpose of this program is to encourage and reward outstanding practices in Child Nutrition & Wellness Programs in Kansas that support the Kansans CAN vision. There are many outstanding child nutrition programs in Kansas. We encourage you and your staff to make nominations for outstanding and/or innovative practices for recognition of your efforts. A nomination entry form is available at [www.kn-eat.org](http://www.kn-eat.org), SFSP, What's New. **Nominations are due to the Child Nutrition & Wellness office on or before June 30, 2019.** Winners will be notified by July 31 and presentations will be made at the August State Board of Education meeting.

Please do not hesitate to contact the Child Nutrition & Wellness team at (785) 296-2276 if we can be of assistance with this process. We look forward to receiving your nominations and celebrating the Kansans CAN Best Practice Awards with you at the August 2019 State Board of Education Meeting.