



## Child Nutrition & Wellness

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Sent by listserv to SFSP Sponsors and posted at [www.kn-eat.org](http://www.kn-eat.org),  
Summer Food Service Program, What's New

### **Summer Food Service Program (SFSP) Reimbursement Claim Submission Deadlines**

- July claim by 9/29/17
- August claim by 10/30/17

### **2018 Team Up for Summer Success – Save the Date!**

Team Up for Summer Success will be held on Wednesday, February 21, 2018 in Topeka at the Topeka Shawnee County Public Library. Watch for details later this fall.

### **Summer Meals Regional Summits – Plan to Attend!**

Five regional summits will be held across the state for SFSP Sponsors, coordinators and community partners. The regional summits will be held on the following dates:

- Tuesday, November 7 in Dodge City
- Wednesday, November 8 in Oakley
- Monday, November 13 in Iola
- Tuesday, November 14 in Salina
- Thursday, November 16 in Bonner Springs

For more information or to register, go to <http://www.kansaskidstable.org/2017-agenda.html>.

### **2017 Summer Food Service Program (SFSP) Best Practice Awards**

The 2017 Summer Food Service Program has drawn to a close and the efforts of Kansas Sponsors of the Summer Food Service Program are appreciated. Kansas State Department of Education (KSDE) would like to recognize the hard work of individuals and organizations working to increase access to meals during the summer. Nominations are being accepted in the following Best Practice Awards Categories: 1) Best Outreach Efforts, 2) Volunteer of the Year, 3) Summer Champion, 4) Best Site Programming and 5) Innovative Approach to Increase Access. KSDE will also present an award to the Sponsor with the Greatest Increase in Meals Served. To nominate an individual or organization for one of these awards, describe why the individual or organization should receive the award and email the nomination to Kelly Chanay at [kchanay@ksde.org](mailto:kchanay@ksde.org) by **October 20, 2017**.

### **Turnip the Beet! High Quality Summer Meals Award Program**

The Turnip the Beet Award recognizes outstanding Summer Meal Program sponsors across the nation that work hard to offer high quality meals that are appetizing, appealing, and nutritious during the summer months. The awards are open to all sponsors operating the Summer Food Service Program and Seamless Summer Option. There are three award levels available: Bronze, Silver, and Gold. Offering high quality meals during the summer is important for a number of reasons. Summer sites have the opportunity to positively impact children's healthy development by offering nutritious meals and encouraging children to develop healthy habits at a young age. In addition, kids vote with their feet in the summer! Offering meals that children enjoy can help sustain and increase participation. It's a win-win, so let's *turnip the beet* on meal quality in the Summer Meal Programs! Visit <https://www.fns.usda.gov/sfsp/turnip-the-beet> for more information and to apply.

### **Kansas State Department of Education Awarded Technology Improvement Grant (TIG) from USDA Food and Nutrition Service**

The United States Department of Agriculture (USDA) Food and Nutrition Service (FNS) has selected KSDE to receive a Fiscal Year 2017-Technology Innovation Grant. Throughout the three year grant, KSDE will increase program integrity and reduce program errors by adding customer-driven solutions to its existing KN-CLAIM system by automating part of the Serious Deficiency process to allow for cross-talk capabilities among KSDE staff and program sponsors as well as integrate secure, browser-based review and monitoring applications.

### **Kansas Nutrition Council Mini-Grants**

Apply now for a KNC Mini-Grant. The purpose of the mini-grant is to provide a source of funding to assist KNC members with nutrition related activities. The grant award is up to \$500 and is awarded any time throughout the year. A total of \$3,000 may be awarded each year. Go to <https://www.sneb.org/kansas-nutrition-council/> for an application. For additional information contact Franny Eastwood ([fmeastwo@ksu.edu](mailto:fmeastwo@ksu.edu)) Awards/Scholarship Chair.

### **Healthy Behaviors!**

One in 3 children in the United States are overweight or obese. The good news is that childhood obesity can be prevented. National Childhood Obesity Awareness Month emphasizes the following health-conscious actions:

- Get active outside. Walk around the neighborhood, go on a bike ride, or play basketball at the park.
- Limit screen time. Keep screen time (time spent on the computer, watching TV, or playing video games) to 2 hours or less a day.
- Make healthy meals. Buy and serve more vegetables, fruits, and whole-grain foods.
- Taking small steps as a family can help your child stay at a healthy weight.
- A healthy breakfast is a must for kids. Skip it and your kids will be playing nutritional catch-up for the rest of the day.

Our sincere thanks to everyone for promoting healthy behaviors through the Summer Food Service Program. The promotion of healthy behaviors by our SFSP Sponsors during the summer helps to ensure the academic achievement and physical well-being of Kansas children and will impact the success of our communities, our state and the nation in the future. For all our sakes, we must provide these students with the tools they need to achieve and succeed. The good health that results from good nutrition and physical activity, and the learning that is made possible as a result, is primary among those tools. Together Kansans Can!

**Kelly, Cheryl and Mark**