

# Kansas SFSP Menus

## Week 4 – Food Production Record

M/MA = Meat/Meat Alternate    F/V = Fruits/Vegetables    G/B = Grains/Bread

	Food item	Serving Size x	# svgs =	Amount to prepare	Actual Amount Prepared	Actual Amount Left Over	Number Meals Served
<b>MONDAY</b>							
M/MA	Peanut Butter Jelly	2 Tbsp 1 Tbsp	50	2 jars – 28 oz ea 1 jar – 28 oz ea			
M/MA	Cheese Stick	1 oz	50	50 ea			
G/B	Bread	2 slices	50	10 loaves – 20 oz ea			
F/V	Peppers, tri-color	3 rings	50	3.5 lb, cut in ½” pieces			
F/V	Peaches	½ cup	50	14 cans – 15 oz ea			
Milk	White	1 cup	50	3 gal + 2 cups			
<b>TUESDAY</b>							
M/MA	Chicken & Cheese Wrap Chicken, sliced, deli	1.50 oz	50	75 oz			
M/MA	Cheese, cheddar	1 Tbsp	50	1 lb 9 oz, shredded			
G/B	Tortilla, WW, 8”	1.5 oz	50	50 tortillas			
F/V	Salad Mix	½ cup	50	5 bags – 12 oz ea			
F/V	Green Beans	¼ cup	50	10 cans – 15 oz ea			
F/V	Fresh Fruit	½ ea	50	25 apples or clementines			
Milk	White	1 cup	50	3 gal + 2 cups			
<b>WEDNESDAY</b>							
M/MA	Ham	2 oz	50	6 lb 4 oz, sliced, cooked			
G/B	Fresh Bread	2 slices	50	10 loaves – 20 oz ea			
F/V	Carrots, baby	2 ea	50	3 lb			
F/V	Celery Sticks	2 ea	50	2 lb 11 oz			
F/V	Strawberries & Bananas** Strawberries Bananas Applesauce	½ cup	50	5.5 lb 7 lb 3 cups			
Milk	White	1 cup	50	3 gal + 2 cups			
<b>THURSDAY</b>							
M/MA	Turkey & Cheese Sub** Turkey, sliced thin	1 oz	50	50 oz			
M/MA	Cheese, sliced, American	1 slice	50	50 oz			
G/B	Hamburger Bun	1 ea	50	7 pks – 8 per pkg			
F/V	Tossed Salad (optional)	½ cup	50	3 lb 13 oz			
F/V	Tater Tots	½ cup	50	4 bags – 2 lb ea			
F/V	Pears	¼ cup	50	7 cans – 15 oz ea			
Milk	White	1 cup	50	3 gal + 2 cups			
<b>FRIDAY</b>							
M/MA	Roast Beef deli slices	2 oz	50	7 lb			
G/B	Whole Wheat Bread	2 slices	50	10 loaves – 20 oz ea			
F/V	Cauliflower	2 florets	50	2 lb			
F/V	Broccoli	2 florets	50	1 lb			
F/V	Pineapple Chunks	½ cup	50	15 cans – 20 oz ea			
Milk	White	1 cup	50	3 gal + 2 cups			

\*\*Healthier Kansas Recipe (See Rock and a Rollin’ with Summer Meals – Recipes)