|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Food item | Serving Size x | # svgs =  | Amount to prepare | Actual AmountPrepared | Actual AmountLeft Over | Number MealsServed |
| MONDAY |
| M/MA  | Peanut ButterJelly | 2 Tbsp1 Tbsp | 50 | 2 jars – 28 oz ea 1 jar – 28 oz ea  |  |  |  |
| M/MA | Cheese Stick | 1 oz | 50 | 50 ea  |  |  |
| G/B | Bread | 2 slices | 50 | 10 loaves – 20 oz ea |  |  |
| F/V | Peppers, tri-color | 3 rings | 50 | 3.5 lb, cut in ½” pieces  |  |  |
| F/V | Peaches | ½ cup | 50 | 14 cans – 15 oz ea |  |  |
| Milk | White | 1 cup | 50 | 3 gal + 2 cups |  |  |
| TUESDAY |
| M/MAM/MAG/B | Chicken & Cheese WrapChicken, sliced, deliCheese, cheddarTortilla, WW, 8” | 1.50 oz1 Tbsp1.5 oz | 505050 | 75 oz1 lb 9 oz, shredded50 tortillas |  |  |  |
| F/V | Salad Mix | ½ cup | 50 | 5 bags – 12 oz ea |  |  |
| F/V | Green Beans | ¼ cup | 50 | 10 cans – 15 oz ea |  |  |
| F/V | Fresh Fruit | ½ ea | 50 | 25 apples or clementines |  |  |
| Milk | White | 1 cup | 50 | 3 gal + 2 cups |  |  |
| WEDNESDAY |
| M/MA | Ham | 2 oz | 50 | 6 lb 4 oz, sliced, cooked |  |  |  |
| G/B | Fresh Bread | 2 slices | 50 | 10 loaves – 20 oz ea |  |  |
| F/VF/V | Carrots, baby Celery Sticks | 2 ea2 ea | 5050 | 3 lb2 lb 11 oz |  |  |
| F/V | Strawberries & Bananas\*\*StrawberriesBananasApplesauce | ½ cup | 50 | 5.5 lb 7 lb 3 cups  |  |  |
| Milk | White | 1 cup | 50 | 3 gal + 2 cups |  |  |
| THURSDAY |
| M/MAM/MAG/B | Turkey & Cheese Sub\*\*Turkey, sliced thinCheese, sliced, American Hamburger Bun | 1 oz1 slice1 ea | 505050 | 50 oz50 oz7 pks – 8 per pkg |  |  |  |
| F/V | Tossed Salad (optional) | ½ cup | 50 | 3 lb 13 oz |  |  |
| F/V | Tater Tots | ½ cup | 50 | 4 bags – 2 lb ea |  |  |
| F/V | Pears | ¼ cup | 50 | 7 cans – 15 oz ea |  |  |
| Milk | White | 1 cup | 50 | 3 gal + 2 cups |  |  |
| FRIDAY  |
| M/MA | Roast Beef deli slices  | 2 oz | 50 | 7 lb |  |  |  |
| G/B | Whole Wheat Bread | 2 slices | 50 | 10 loaves – 20 oz ea |  |  |
| F/VF/V | Cauliflower Broccoli  | 2 florets2 florets | 5050 | 2 lb 1 lb  |  |  |
| F/V | Pineapple Chunks | ½ cup | 50 | 15 cans – 20 oz ea |  |  |
| Milk | White | 1 cup | 50 | 3 gal + 2 cups |  |  |

## Week 4 – Food Production Record

 M/MA = Meat/Meat Alternate F/V = Fruits/Vegetables G/B = Grains/Bread

\*\*Healthier Kansas Recipe (See Rock and a Rollin’ with Summer Meals – Recipes)