|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Food item | Serving Size x | # svgs = | Amount to prepare | Actual  Amount  Prepared | Actual  Amount  Left Over | Number  Meals  Served |
| MONDAY | | | | | | | |
| M/MA | Peanut Butter  Jelly | 2 Tbsp  1 Tbsp | 50 | 2 jars – 28 oz ea  1 jar – 28 oz ea |  |  |  |
| M/MA | Cheese Stick | 1 oz | 50 | 50 ea |  |  |
| G/B | Bread | 2 slices | 50 | 10 loaves – 20 oz ea |  |  |
| F/V | Peppers, tri-color | 3 rings | 50 | 3.5 lb, cut in ½” pieces |  |  |
| F/V | Peaches | ½ cup | 50 | 14 cans – 15 oz ea |  |  |
| Milk | White | 1 cup | 50 | 3 gal + 2 cups |  |  |
| TUESDAY | | | | | | | |
| M/MA  M/MA  G/B | Chicken & Cheese Wrap  Chicken, sliced, deli  Cheese, cheddar  Tortilla, WW, 8” | 1.50 oz  1 Tbsp  1.5 oz | 50  50  50 | 75 oz  1 lb 9 oz, shredded  50 tortillas |  |  |  |
| F/V | Salad Mix | ½ cup | 50 | 5 bags – 12 oz ea |  |  |
| F/V | Green Beans | ¼ cup | 50 | 10 cans – 15 oz ea |  |  |
| F/V | Fresh Fruit | ½ ea | 50 | 25 apples or clementines |  |  |
| Milk | White | 1 cup | 50 | 3 gal + 2 cups |  |  |
| WEDNESDAY | | | | | | | |
| M/MA | Ham | 2 oz | 50 | 6 lb 4 oz, sliced, cooked |  |  |  |
| G/B | Fresh Bread | 2 slices | 50 | 10 loaves – 20 oz ea |  |  |
| F/V  F/V | Carrots, baby  Celery Sticks | 2 ea  2 ea | 50  50 | 3 lb  2 lb 11 oz |  |  |
| F/V | Strawberries & Bananas\*\*  Strawberries  Bananas  Applesauce | ½ cup | 50 | 5.5 lb  7 lb  3 cups |  |  |
| Milk | White | 1 cup | 50 | 3 gal + 2 cups |  |  |
| THURSDAY | | | | | | | |
| M/MA  M/MA  G/B | Turkey & Cheese Sub\*\*  Turkey, sliced thin  Cheese, sliced, American  Hamburger Bun | 1 oz  1 slice  1 ea | 50  50  50 | 50 oz  50 oz  7 pks – 8 per pkg |  |  |  |
| F/V | Tossed Salad (optional) | ½ cup | 50 | 3 lb 13 oz |  |  |
| F/V | Tater Tots | ½ cup | 50 | 4 bags – 2 lb ea |  |  |
| F/V | Pears | ¼ cup | 50 | 7 cans – 15 oz ea |  |  |
| Milk | White | 1 cup | 50 | 3 gal + 2 cups |  |  |
| FRIDAY | | | | | | | |
| M/MA | Roast Beef deli slices | 2 oz | 50 | 7 lb |  |  |  |
| G/B | Whole Wheat Bread | 2 slices | 50 | 10 loaves – 20 oz ea |  |  |
| F/V  F/V | Cauliflower  Broccoli | 2 florets  2 florets | 50  50 | 2 lb  1 lb |  |  |
| F/V | Pineapple Chunks | ½ cup | 50 | 15 cans – 20 oz ea |  |  |
| Milk | White | 1 cup | 50 | 3 gal + 2 cups |  |  |

## Week 4 – Food Production Record

M/MA = Meat/Meat Alternate F/V = Fruits/Vegetables G/B = Grains/Bread

\*\*Healthier Kansas Recipe (See Rock and a Rollin’ with Summer Meals – Recipes)