

Kansas SFSP Menus

Week 2 – Food Production Record

M/MA = Meat/Meat Alternate

F/V = Fruits/Vegetables

G/B = Grains/Bread

| | Food item | Serving Size x | # svgs = | Amount to prepare | Actual Amount Prepared | Actual Amount Left Over | Number Meals Served |
|------------------|---|-----------------|----------|------------------------------|------------------------|-------------------------|---------------------|
| MONDAY | | | | | | | |
| M/MA | Hamburger on | ½ cup | 50 | 8 lb 12 oz, raw | | | |
| G/B | Bun | 1 ea | 50 | 7 pkg – 8 per pkg (size) | | | |
| F/V | Baked Beans | ¼ cup | 50 | 4 cans – 28 oz ea | | | |
| F/V | Peas, frozen | ¼ cup | 50 | 7 pkg – 12 oz ea | | | |
| F/V | Pears | ¼ cup | 50 | 7 cans – 15 oz ea | | | |
| Milk | Milk | 1 cup | 50 | 3 gal + 2 cups | | | |
| TUESDAY | | | | | | | |
| M/MA | Ham | 2 oz | 50 | 7 lb | | | |
| G/B | Bread | 2 slices | 50 | 5 loaves – 20 oz ea | | | |
| F/V | Corn | ¼ cup | 50 | 7 cans – 15 oz ea | | | |
| F/V | Strawberries & Bananas** Strawberries Bananas Applesauce | ½ cup | 50 | 5.5 lb 7 lb 3 cups | | | |
| Milk | Milk | 1 cup | 50 | 3 gal + 2 cups | | | |
| WEDNESDAY | | | | | | | |
| M/MA | Pig in a Blanket** Hot dog | 2 oz | 50 | 50 ea | | | |
| G/B | Biscuit, canned | 1 (or 2) oz | 50 | 7 cans – 8 per can | | | |
| F/V | Cucumbers, sliced | ¼ cup | 50 | 4 lb | | | |
| F/V | Pineapple Tidbits | ½ cup | 50 | 15 cans – 20 oz ea | | | |
| Milk | Milk | 1 cup | 50 | 3 gal + 2 cups | | | |
| M/MA G/B | Mac ‘n Cheese (optional)** | ½ cup | 50 | 25 cups | | | |
| THURSDAY | | | | | | | |
| M/MA G/B | Chicken Nuggets w/ Breading | 5 nuggets | 50 | 250 nuggets | | | |
| F/V | Mashed Potatoes | ½ cup | 50 | 2 lb flakes | | | |
| F/V | Green Beans | ¼ cup | 50 | 10 cans – 15 oz ea | | | |
| Milk | Milk | 1 cup | 50 | 3 gal + 2 cups | | | |
| FRIDAY | | | | | | | |
| M/MA | Soft Taco Taco Meat, ground beef Cheese | ¼ cup 2 Tbsp | 50 50 | 8 lb 12 oz, raw 3 lb 2 oz | | | |
| G/B | Soft Shell Taco, 6” | 1 ea | 50 | 50 shells – 1 oz ea | | | |
| F/V | Lettuce | ¼ cup | 50 | 2.4 lb | | | |
| F/V | Tomato | ¼ cup | 50 | 3.3 lb | | | |
| F/V | Carrots, baby (optional) | 3 ea | 50 | 5 lb | | | |
| F/V | Peaches | ½ cup | 50 | 16 cans – 16 oz ea | | | |
| Milk | Milk | 1 cup | 50 | 3 gal + 2 cups | | | |

**Healthier Kansas Recipe (See Rock and a Rollin’ with Summer Meals – Recipes)