## Week 1 – Food Production Record

M/MA = Meat/Meat Alternate F/V = Fruits/Vegetables G/B = Grains/Bread

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Food item | Serving Size x | # svgs = | Amount to prepare | Actual  Amount  Prepared | Actual  Amount  Left Over | Number  Meals  Served |
| **MONDAY** | | | | | | | | |
| M/MA  G/B  F/V | Spaghetti w/ Meat Sauce\*\*  Ground Beef-80/20  Spaghetti  Tomato Spaghetti Sauce | 1 cup | 50 | 8 lb 12 oz (raw)  4 lb 12 oz, dry  4 ½ cans – 26 oz ea |  |  |  |
| F/V | Carrots, baby | 3 ea | 50 | 5 lb |  |  |
| F/V | Pears | ½ cup | 50 | 14 cans – 15 oz ea |  |  |
| Milk | Milk | 1 cup | 50 | 3 gal + 2 cups |  |  |
| **TUESDAY** | | | | | | | | |
| M/MA | Hamburger Patty | 2 oz | 50 | 8 lb |  |  |  |
| G/B | Bun | 1 ea | 50 | 7 pkg – 8 per pkg |  |  |
| F/V | Potato Wedges | ½ cup | 50 | 8.5 lb |  |  |
| F/V | Apple Salad\*\*  Apples  Raisins | ½ cup | 50 | 5 lb 4 oz  1 lb |  |  |
| Milk | Milk | 1 cup | 50 | 3 gal + 2 cups |  |  |
| **WEDNESDAY** | | | | | | | | |
| M/MA | Super Nachos  Cheese, shredded cheddar  Taco Meat, ground beef | 1 Tbsp  ¼ cup | 50  50 | 1 lb 9 oz  8 lb 12 oz, raw |  |  |  |
| G/B | Tortilla Chips | 1 oz | 50 | 4 bags – 13 oz ea |  |  |
| F/V | Refried Beans | ¼ cup | 50 | 7 cans – 16 oz ea |  |  |
| F/V | Salsa | ¼ cup | 50 | 5 jars – 24 oz ea |  |  |
| F/V | Applesauce | ½ cup | 50 | 4 jars – 48 oz ea |  |  |
| F/V | Corn (optional) | ¼ cup | 50 | 4 ½ lb frozen |  |  |
| Milk | Milk | 1 cup | 50 | 3 gal + 2 cups |  |  |
| **THURSDAY** | | | | | | | | |
| M/MA  M/MA  G/B | Turkey & Cheese Sub\*\*  Turkey  Cheese, sliced, American  Hamburger Bun | 1 oz  1 slice  1 ea | 50  50  50 | 50 oz  50 oz  7 pkg – 8 per pkg |  |  |  |
| F/V | Tossed Salad\*\*  Spinach  Romaine | ½ cup | 50 | 1 lb 12 oz  1 lb 12 oz |  |  |
| F/V | Peaches | ½ cup | 50 | 14 cans – 15 oz ea |  |  |
| Milk | Milk | 1 cup | 50 | 3 gal + 2 cups |  |  |
| **FRIDAY** | | | | | | | | |
| M/MA | Hot Dog with | 1 ea  1 ea | 50  50 | 50 ea (2 oz ea)  50 ea |  |  |  |
| G/B | Bun |  |  |
| F/V | French Fries | ¼ cup | 50 | 4 lb, frozen |  |  |
| F/V | Cucumbers | ¼ cup | 50 | 4 lb |  |  |
| F/V | Fruit Cocktail | ¼ cup | 50 | 8 cans – 16 oz ea |  |  |
| Milk | Milk | 1 cup | 50 | 3 gal + 2 cups |  |  |

\*\*Healthier Kansas Recipe (See Rock and a Rollin’ with Summer Meals – Recipes)