

Kansas Summer Food Service Program Snack Menus

Week 1 – Grocery Shopping List

The list is based on 50 servings/day. Should your participation warrant serving changes, double for 100 servings, or divide in half and add to original amount for 75 servings.

(✓)	Items	Amount
Meat/Meat Alternate		
	Peanut Butter	3 lbs + 8 oz
Fruit		
	Apple, slices	50 whole apples (9 lbs + 12 oz)
	Cantaloupe	22 lbs + 8 oz
Grains/Bread		
	Bagel	50 – 1 oz each
	Crackers, snack	300 each (2 lbs + 3 oz)
	Crackers, graham	200 squares (9 lbs + 13 oz)
	Granola Bar, plain	50 – 1.8 oz each
)Dairy⁹		
	Milk	3 gal + 2 cups
	Cheese, stick	50 – 1 oz each (3 lbs + 2 oz)
	Yogurt	12 lbs + 8 oz
Condiments		
	Jelly (optional)	3 cups + 2 Tbsp

Week 2 – Grocery Shopping List

The list is based on 50 servings/day. Should your participation warrant serving changes, double for 100 servings, or divide in half and add to original amount for 75 servings.

(✓)	Items	Amount
Meat/Meat Alternate		
	Peanuts	3 lbs + 2 oz
Fruit		
	Banana	25 whole bananas
	100% Fruit Juice	3 gal + 3 quarts + 2 ½ cups
	Raisins (optional)	2 lbs
	Strawberries	14 lbs + 8 oz
Grains/Bread		
	Crackers, snack	300 each (2 lbs + 3 oz)
	Cereal, dry	2 gal + 1 quart + 1 ½ cups (3 lbs + 2 oz)
	Vanilla Wafers	300 each (3 lbs + 7 oz)
Dairy		
	Cheese, stick	50 – 1 oz each (3 lbs + 2 oz)
	Milk	3 gal + 2 cups
	Yogurt	12 lbs + 8 oz

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Week 3 – Grocery Shopping List

The list is based on 50 servings/day. Should your participation warrant serving changes, double for 100 servings, or divide in half and add to original amount for 75 servings.

(✓)	Items	Amount
Meat/Meat Alternate		
	Peanut Butter	3 lbs + 8 oz
	Peanuts (optional)	3 lbs + 2 oz
Fruit		
	Apple, slices	50 whole apples (9 lbs + 12 oz)
	100% Fruit Juice	2 gal + 1 quart + 1½ cups
	Grapes	14 lbs + 8 oz
Grains/Bread		
	Grain Fruit Bar	50 – 2.2 oz each
	Crackers, graham	200 squares (2 lbs + 13 oz)
	Crackers, snack	300 each (2 lbs + 3 oz)
Dairy		
	Milk	3 gal + 2 cups
	Cheese, stick	50 – 1 oz each (3 lbs + 2 oz)
	Yogurt	12 lbs + 8 oz

Week 4 – Grocery Shopping List

The list is based on 50 servings/day. Should your participation warrant serving changes, double for 100 servings, or divide in half and add to original amount for 75 servings.

(✓)	Items	Amount
Meat/Meat Alternate		
	Peanut Butter	3 lbs + 8 oz
Fruit		
	Watermelon	24 lbs + 12 oz
	100% Fruit Juice	1 gal + 2 quarts + 1 cup
Vegetable		
	Carrots, baby	150 each (4 lbs)
Grains/Bread		
	Muffin	50 – 1.8 oz each
	Crackers, snack	300 each (2 lbs + 3 oz)
	Pretzel, sticks	1,350 sticks (2 lbs + 13 oz)
	Bagel	50 – 1 oz each
	Granola Bar, plain	50 – 1.8 oz each
Dairy		
	Milk	6 gal + 1 quart