# Kansas Summer Food Service Program Snack Menus

## Week 1 – Grocery Shopping List

The list is based on 50 servings/day. Should your participation warrant serving changes, double for 100 servings, or divide in half and add to original amount for 75 servings.

|  |  |  |
| --- | --- | --- |
| **(🗸)** | **Items** | **Amount** |
| **Meat/Meat Alternate** | | |
|  | Peanut Butter | 3 lbs + 8 oz |
| **Fruit** | | |
|  | Apple, slices | 50 whole apples (9 lbs + 12 oz) |
|  | Cantaloupe | 22 lbs + 8 oz |
| **Grains/Bread** | | |
|  | Bagel | 50 – 1 oz each |
|  | Crackers, snack | 300 each (2 lbs + 3 oz) |
|  | Crackers, graham | 200 squares (9 lbs + 13 oz) |
|  | Granola Bar, plain | 50 – 1.8 oz each |
| **)Dairy9** | | |
|  | Milk | 3 gal + 2 cups |
|  | Cheese, stick | 50 – 1 oz each (3 lbs + 2 oz) |
|  | Yogurt | 12 lbs + 8 oz |
| **Condiments** | | |
|  | Jelly (optional) | 3 cups + 2 Tbsp |

## Week 2 – Grocery Shopping List

The list is based on 50 servings/day. Should your participation warrant serving changes, double for 100 servings, or divide in half and add to original amount for 75 servings.

|  |  |  |
| --- | --- | --- |
| **(🗸)** | **Items** | **Amount** |
| **Meat/Meat Alternate** | | |
|  | Peanuts | 3 lbs + 2 oz |
| **Fruit** | | |
|  | Banana | 25 whole bananas |
|  | 100% Fruit Juice | 3 gal + 3 quarts + 2 ½ cups |
|  | Raisins (optional) | 2 lbs |
|  | Strawberries | 14 lbs + 8 oz |
| **Grains/Bread** | | |
|  | Crackers, snack | 300 each (2 lbs + 3 oz) |
|  | Cereal, dry | 2 gal + 1 quart + 1 ½ cups (3 lbs + 2 oz) |
|  | Vanilla Wafers | 300 each (3 lbs + 7 oz) |
| **Dairy** | | |
|  | Cheese, stick | 50 – 1 oz each (3 lbs + 2 oz) |
|  | Milk | 3 gal + 2 cups |
|  | Yogurt | 12 lbs + 8 oz |

# Kansas Summer Food Service Snack Menus

## Week 3 – Grocery Shopping List

The list is based on 50 servings/day. Should your participation warrant serving changes, double for 100 servings, or divide in half and add to original amount for 75 servings.

|  |  |  |
| --- | --- | --- |
| **(🗸)** | **Items** | **Amount** |
| **Meat/Meat Alternate** | | |
|  | Peanut Butter | 3 lbs + 8 oz |
|  | Peanuts (optional) | 3 lbs + 2 oz |
| **Fruit** | | |
|  | Apple, slices | 50 whole apples (9 lbs + 12 oz) |
|  | 100% Fruit Juice | 2 gal + 1 quart + 1½ cups |
|  | Grapes | 14 lbs + 8 oz |
| **Grains/Bread** | | |
|  | Grain Fruit Bar | 50 – 2.2 oz each |
|  | Crackers, graham | 200 squares (2 lbs + 13 oz) |
|  | Crackers, snack | 300 each (2 lbs + 3 oz) |
| **Dairy** | | |
|  | Milk | 3 gal + 2 cups |
|  | Cheese, stick | 50 – 1 oz each (3 lbs + 2 oz) |
|  | Yogurt | 12 lbs + 8 oz |

## Week 4 – Grocery Shopping List

The list is based on 50 servings/day. Should your participation warrant serving changes, double for 100 servings, or divide in half and add to original amount for 75 servings.

|  |  |  |
| --- | --- | --- |
| **(🗸)** | **Items** | **Amount** |
| **Meat/Meat Alternate** | | |
|  | Peanut Butter | 3 lbs + 8 oz |
| **Fruit** | | |
|  | Watermelon | 24 lbs + 12 oz |
|  | 100% Fruit Juice | 1 gal + 2 quarts + 1 cup |
| **Vegetable** | | |
|  | Carrots, baby | 150 each (4 lbs) |
| **Grains/Bread** | | |
|  | Muffin | 50 – 1.8 oz each |
|  | Crackers, snack | 300 each (2 lbs + 3 oz) |
|  | Pretzel, sticks | 1,350 sticks (2 lbs + 13 oz) |
|  | Bagel | 50 – 1 oz each |
|  | Granola Bar, plain | 50 – 1.8 oz each |
| **Dairy** | | |
|  | Milk | 6 gal + 1 quart |