## Week 1 – Food Production Record

M/MA = Meat/Meat Alternate F/V = Fruits/Vegetables G/B = Grains/Bread

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Food item | Serving Size x | # svgs = | Amount to  Prepare | Actual Amount Prepared | Actual Amount  Left Over | Number  Meals Served |
| MONDAY | | | | | | | |
| G/B | Bagel | 1 oz | 50 | 50 each |  |  |  |
| Optional | Jelly | 1 Tbsp | 50 | 3 cups + 2 Tbsp |  |  |
| Milk | Milk | 1 cup | 50 | 3 gal + 2 cups |  |  |
| TUESDAY | | | | | | | |
| F/V | Apple Slices | 1 whole | 50 | 50 each whole apples  (9 lbs + 12 oz) |  |  |  |
| M/MA | Cheese Stick | 1 each  (1 oz) | 50 | 50 each  (3 lbs + 2 oz) |  |  |
| WEDNESDAY | | | | | | | |
| M/MA | Yogurt | 4 oz | 50 | 12 lbs + 8 oz |  |  |  |
| G/B | Snack Crackers | 6 each  (.7 oz) | 50 | 300 crackers  (2 lbs + 3 oz) |  |  |
| THURSDAY | | | | | | | |
| G/B | Graham Crackers | 4 square  (.9 oz) | 50 | 200 squares  (2 lbs + 13 oz) |  |  |  |
| M/MA | Peanut Butter | 2 Tbsp | 50 | 3 lbs + 8 oz |  |  |
| FRIDAY | | | | | | | |
| G/B | Plain Granola Bar | 1 each  (1.8 oz) | 50 | 50 each |  |  |  |
| F/V | Cantaloupe | ¾ cup  (7.2 oz) | 50 | 22 lbs + 8 oz |  |  |

## Week 2 – Food Production Record

M/MA = Meat/Meat Alternate F/V = Fruits/Vegetables G/B = Grains/Bread

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Food item | Serving Size x | # svgs = | Amount to  Prepare | Actual Amount Prepared | Actual Amount  Left Over | Number  Meals Served |
| MONDAY | | | | | | | |
| G/B | Snack Crackers | 6 each  (.7 oz) | 50 | 300 each  (2 lbs + 3 oz) |  |  |  |
| M/MA | Cheese Stick | 1 each  (1 oz) | 50 | 50 each  (3 lbs + 2 oz) |  |  |
| TUESDAY | | | | | | | |
| M/MA | Peanuts | 1 oz | 50 | 3 lbs + 2 oz |  |  |  |
| F/V | Banana | ½ each | 50 | 25 whole bananas |  |  |
| F/V | 100% Fruit Juice | ½ cup | 50 | 1 gal + 2 quarts + 1 cup |  |  |  |
| WEDNESDAY | | | | | | | |
| G/B | Cereal, dry | ¾ cup  (1 oz) | 50 | 2 gal + 1 quart + 1 ½ cups (3 lbs + 2 oz) |  |  |  |
| Optional | Raisins | ⅛ cup | 50 | 2 lbs |  |  |
| Milk | Milk | 1 cup | 50 | 3 gal + 2 cups |  |  |
| THURSDAY | | | | | | | |
| F/V | Strawberries | ¾ cup  (4.6 oz) | 50 | 14 lbs + 8 oz |  |  |  |
| M/MA | Yogurt | 4 oz | 50 | 12 lbs + 8 oz |  |  |
| FRIDAY | | | | | | | |
| G/B | Vanilla Wafers | 6 each  (1.1 oz) | 50 | 300 each  (3 lbs + 7 oz) |  |  |  |
| F/V | 100% Fruit Juice | ¾ cup | 50 | 2 gal + 1 quart + 1½ cups |  |  |

## Week 3 – Food Production Record

M/MA = Meat/Meat Alternate F/V = Fruits/Vegetables G/B = Grains/Bread

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Food item | Serving Size x | # svgs = | Amount to  Prepare | Actual Amount Prepared | Actual Amount  Left Over | Number Meals Served |
| MONDAY | | | | | | | |
| G/B | Grain Fruit Bar | 1 ea  (2.2 oz) | 50 | 50 each |  |  |  |
| Milk | Milk | 1 cup | 50 | 3 gal + 2 cups |  |  |
| TUESDAY | | | | | | | |
| F/V | Apple Slices | 1 whole | 50 | 50 each whole apples  (9 lbs + 12 oz) |  |  |  |
| M/MA | Peanut Butter | 2 Tbsp | 50 | 3 lbs + 8 oz |  |  |
| WEDNESDAY | | | | | | | |
| G/B | Graham Crackers | 4 squares  (.9 oz) | 50 | 200 squares  (2 lbs + 13 oz) |  |  |  |
| M/MA | Cheese Stick | 1 each  (1 oz) | 50 | 50 each  (3 lbs + 2 oz) |  |  |
| THURSDAY | | | | | | | |
| G/B | Snack Crackers | 6 each  (.7 oz) | 50 | 300 each  (2 lbs + 3 oz) |  |  |  |
| Optional | Peanuts | 1 oz | 50 | 3 lbs + 2 oz |  |  |
| F/V | 100% Fruit Juice | ¾ cup | 50 | 2 gal + 1 quart + 1½ cups |  |  |
| FRIDAY | | | | | | | |
| F/V | Grapes | ¾ cup | 50 | 14 lbs + 8 oz |  |  |  |
| M/MA | Yogurt | 4 oz | 50 | 12 lbs + 8 oz |  |  |

## Week 4 – Food Production Record

M/MA = Meat/Meat Alternate F/V = Fruits/Vegetables G/B = Grains/Bread

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Food item | Serving Size x | # svgs = | Amount to  Prepare | Actual Amount Prepared | Actual Amount  Left Over | Number  Meals Served |
| MONDAY | | | | | | | |
| G/B | Muffin | 1 ea  (1.8 oz) | 50 | 50 each |  |  |  |
| Milk | Milk | 1 cup | 50 | 3 gal + 2 cups |  |  |
| TUESDAY | | | | | | | |
| F/V | Watermelon | ¾ cup  (7.8 oz) | 50 | 24 lbs + 12 oz |  |  |  |
| G/B | Snack Crackers | 6 each  (.7 oz) | 50 | 300 each  (2 lbs + 3 oz) |  |  |
| WEDNESDAY | | | | | | | |
| G/B | Pretzel Sticks | 27 sticks  (.9 oz) | 50 | 1,350 sticks  (2 lbs + 13 oz) |  |  |  |
| Milk | Milk | 1 cup | 50 | 3 gal + 2 cups |  |  |
| THURSDAY | | | | | | | |
| G/B | Bagel | 1 oz | 50 | 50 each |  |  |  |
| M/MA | Peanut Butter | 2 Tbsp | 50 | 3 lbs + 8 oz |  |  |
| FRIDAY | | | | | | | |
| G/B | Plain Granola Bar | 1 each  (1.8 oz) | 50 | 50 each |  |  |  |
| F/V | Carrots, baby | 3 each  (1.3 oz) | 50 | 150 each  (4 lbs) |  |  |
| F/V | 100% Fruit Juice | ½ cup | 50 | 1 gal + 2 quarts + 1 cup |  |  |