

PLANTING INSTRUCTIONS



1) Start with three or four seeds.



2) Punch 3 small holes in the bottom of a cup and fill with soil.



3) Use your finger to make a hole in soil.



4) Place seeds in hole and cover them with soil.



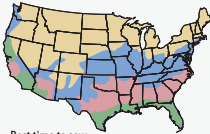
5) Place cup in window.



6) Water seeds when soil feels dry.

OPTIMAL GROWING CONDITIONS

Start seeds 5-6 weeks before the last frost of the cold season. Transplant to larger pots when leaves begin to form on plant and move to gardens once the possibility of frost has passed.



Best time to sow

May - June
April - May
March - May
March - May

SUGGESTED USES OF HEINZ TOMATOES

Healthy and delicious tomatoes are used to make a variety of foods, including salsa, soup, pasta sauce, pizza sauce and, of course, Heinz Ketchup.

www.heinzfoodservice.com
www.heinzketchup.com



Fold Flap

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