

Weights and Approximate Processed Yields of Common Fruits

FRUITS	If you have this much fresh:	You should get this much...		
		Commonly made products	Canned	Frozen
Apples	1 bushel (42-48 lbs)	1 bushel = 12-15 qt. canned applesauce (no sugar added), 14-18 with sugar	12-16 quarts	28-36 pints
	3 lbs	1 quart applesauce	1 quart	2 pints
Blueberries	1 quart		1 pint	1 quart
	3 lbs		1 quart	
Peaches	1 bushel (48 lbs)		18-24 quarts	32-48 pints
	2-2.5 lbs			2 pints
Pears	1 bushel (56 lbs)		20-25 quarts	40-50 pints
	2-2.5 lbs		1 quart	2 pints
Strawberries	24-quart crate		12-16 quarts	38 pints
	6-8 cups		1 quart	2 pints
Tomatoes	1 bushel (53 lbs)		15-20 quarts or 10-12 quarts juice	
	2.5-3 lbs		1 quart canned	

Weights and Approximate Processed Yields of Common Vegetables

VEGETABLES	If you have this much fresh:	...you should get this much :	
		Canned	Frozen
Beans, Snap	1 bushel (30 lbs)	15-20 quarts	30-45 pints
	1.5-2 lbs	1 quart	2 pints
Sweet Corn (in husk)	1 bushel (35 lbs)	8-10 quarts	14-17 pints
	6 -16 ears	1 quart	2 pints
Greens	1 bushel (18 lbs)	6-9 quarts	8-12 pints
	2-3 lbs	1 quart	2 pints
Peas, Field	1 bushel (30 lbs)	6-7 quarts	12-15 pints
	4-5 lbs	1 quart	2 pints
Pumpkins	one 10 lb pumpkin	2 quarts	
Summer Squash	3 lbs	1 quart	
Winter Squash	1 bushel (40 lbs)	16-20 quarts	32-40 pints
	3 lbs	1 quart	