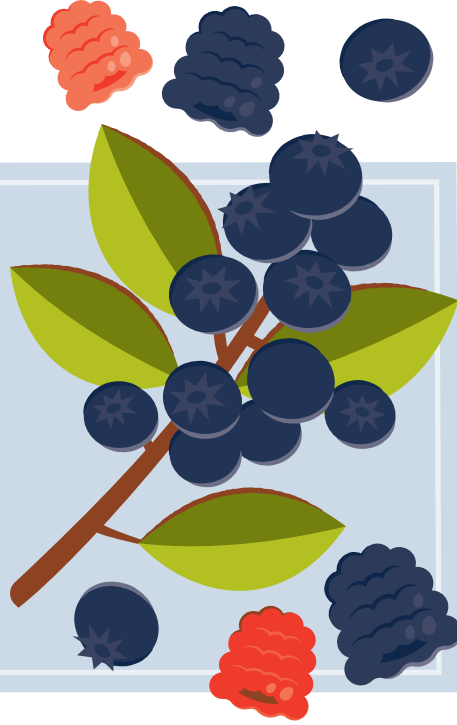


# MIXED BERRIES

Harvest of the Month

*Kansas*

Juneberries and mulberries are native to Kansas. A juneberry's flavor is similar to a raisin, and mulberries can be sweet or tart depending on the variety.



*Kansas*

Harvest of the Month

# MIXED BERRIES

The different colors in berries hold different nutrients. The red color in strawberries and raspberries protect against heart and lung disease, while the dark color of blackberries help prevent blood clots in the heart.



*Kansas*

Harvest of the Month

# MIXED BERRIES

*May*

