



May Harvest of the Month Morning Announcements

May's Harvest of the Month is berries! Did you know that not all fruit with berry in the name are considered true berries? Kansas growing conditions are favorable for a variety of berry plants, such as strawberries, blackberries, raspberries and elderberries. Juneberries and mulberries are native to Kansas. Berries contain antioxidants, which help your body fight disease and keep cells healthy.