



Watermelon plants are closely related to the cucumber and gourd plant families.

# MELONS

Kansas  
Harvest of the Month

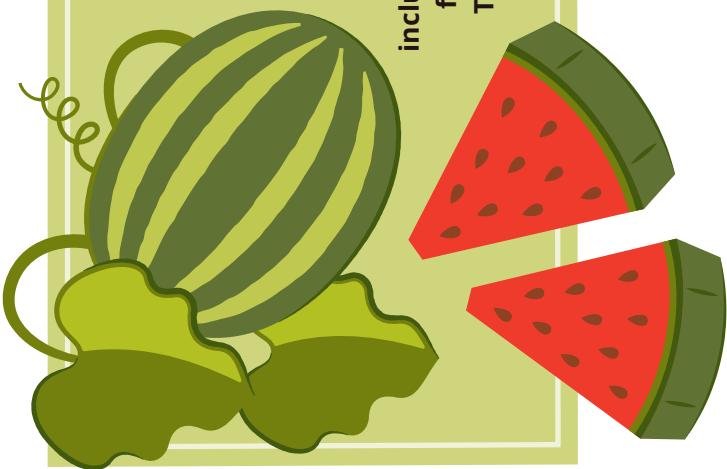


Kansas

Harvest of the Month

# MELONS

Melons are loaded with nutrition, including vitamin C, vitamin A, potassium, folate, vitamin B6 and antioxidants. They also have a high water content, which helps keep us hydrated.



Kansas

Harvest of the Month

# MELONS

# August

