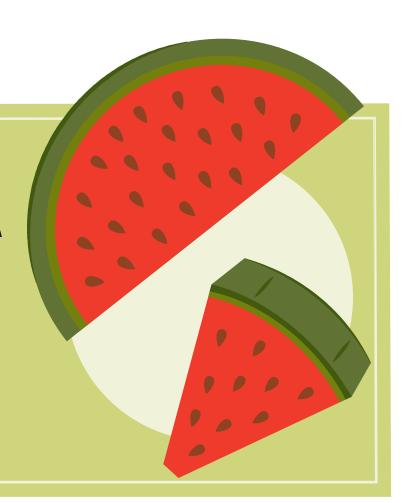




Watermelon plants are closely related to the cucumber and gourd plant families.

## SIOIEM

Harvest of the Month



## Kansas

Harvest of the Month

## WELUNS

Melons are loaded with nutrition, including vitamin C, vitamin A, potassium, folate, vitamin B6 and antioxidants.

They also have a high water content, which helps keep us hydrated.





