

# Monthly Update

## Child & Adult Care Food Program



September 27, 2022

*Distributed to CACFP Authorized Representatives and Home Sponsors via Listserv*

*As posted to [www.kn-eat.org](http://www.kn-eat.org), Child and Adult Care Food Program, Updates from CNW*

### **2023 Certification**

Thank you to those Sponsors who have submitted their 2023 packets for certification in KN-CLAIM. Consultants are currently working through certification documents to approve Sponsors for the 2023 program year in the order they were received. If certification information has not been submitted, sponsors can find instructions for certification at [www.kn-eat.org](http://www.kn-eat.org), CACFP, Program Certification. To participate in CACFP for the 2023 Program Year, beginning October 2022, Sponsors must complete program certification requirements as soon as possible to allow sufficient time for review by KSDE consultants. Sponsors cannot claim meals in the 2023 program year until Program Certification is complete and approved by KSDE.

### **October Claim Reminder – Centers Only**

Centers must report the number of free, reduced price and paid participants on their October claims. The number of participants in each category is reported in the “*Center Income Eligibility Categories*” (IEC) section of the Center Claim. Sponsors are required to upload the IEC summary into KN-CLAIM in October and any other month that reported numbers are changed. An Excel version of Form 12-C is available at [www.kn-eat.org](http://www.kn-eat.org), Administrative Handbook, Chapter 12 Claiming Reimbursement.

Note: A recording of the Determining Eligibility for CACFP training that was held via zoom is available in the KSDE Training Portal. This training does include a refresher on completing the Income Eligibility Categories (IEC) summary.

### **Record Keeping Reminders**

- CACFP Records need to be kept for 3 years + the current year. You may discard records older than September 30, 2018. Be sure to shred all Enrollment and Income Eligibility forms and anything that has personal information about the children and parents such as their birthdates, Free-Reduced-Paid status.
- It is not necessary to print KN-CLAIM pages/applications.
- It is recommended to save your monthly claim page. You can print a one page per site report that completely summarizes their claim at KN-CLAIM, Reports, Sponsor Accessible Reports, Center Claim Summary.

### **CACFP Monitoring-Back to the Basics Training, October 4**

You will not want to miss the CACFP Monitoring-Back to the Basics Training if you are a multi-site sponsor of centers or a home sponsoring organization. Join KSDE on October 4 at 1:00 pm for a review of the CACFP monitoring requirements and oversight activities for sponsoring organizations. Participants will learn about required CACFP monitoring review elements, monitoring review tools, resources, and best practices. Join at

<https://ksde.zoom.us/j/81506723312?pwd=QXRyUjVJanVIZU9peVBocEgyNkg4dz09>



### Training Opportunities

Many opportunities for learning are available for CACFP Sponsors. Go to [www.kn-eat.org](http://www.kn-eat.org), CNW Calendar to access the class list with dates, times and ZOOM links. Training is also offered through the KSDE Training Portal 24/7.

- **New to the portal:** Infant Meal Documentation Tutorial
- **KSDE Training Portal Tip:** Do you have trouble viewing trainings on the portal? For best results, the KSDE IT Team recommends using the Edge or Firefox browser.

### Farm to Plate

#### Mountain Plains Crunch Off, October 2022 – Register Now!

- **What:** The Midwest states will be crunching into local food of choice during Farm to School month to see which state will get the most “crunches” and be crowned the Crunch Champion!
- **When:** Any date in October.
- **How:** Begin getting your Crunch group together. Register at: [https://ksde.sjc1.qualtrics.com/jfe/form/SV\\_d9VPRUhrVr5ppc](https://ksde.sjc1.qualtrics.com/jfe/form/SV_d9VPRUhrVr5ppc)
- **Questions:** Contact Barb Depew, Farm to Plate Project Director at [bdepew@ksde.org](mailto:bdepew@ksde.org) or call 785-296-0062.

### Culinary Quick Bites Featuring Local Foods

Make sure to check out the KSDE YouTube Playlist for the most recent Culinary Quick Bites featuring blueberries, corn and tomatoes at:

[https://www.youtube.com/playlist?list=PLd\\_2hYclboc\\_QUbcdjw6GfQP7i2Zv2MHM](https://www.youtube.com/playlist?list=PLd_2hYclboc_QUbcdjw6GfQP7i2Zv2MHM)

### Support Staff Technical Training: Overview of Infant Feeding

Infant feeding in the child care setting; it’s not just bottles and babies – it’s breast milk, emergency planning, and parents pumping. This training will provide you with the information, insights, and tools you need to support child care providers managing this complex world of infant care.

The Kansas Breastfeeding Coalition staff, Brenda Bandy, IBCLC, and Vanessa Flood, IBCLC, will share their insights and experiences from working for many years at the intersection of lactation and child care. During the FREE two-hour online training, they will cover:

- Regulations, standard, and guidelines for infant feeding from KDHE, CACFP, Caring for Our Children, and National Head Start;
- Best practices for supporting the infant in care using the “Breastfeeding Friendly Child Care Provider” toolkit;
- The new American Academy of Pediatrics breastfeeding recommendations;
- Safe preparation of powered infant formula;
- Intersection of infant feeding with parent engagement strategies, infant development, community outreach;
- Answers to common questions from 5,000+ students who have completed the course “How to Support the Breastfeeding Mother & Family”.

You will receive the “Breastfeeding Friendly Child Care Provider” toolkit and other materials in the mail to build your library of tools to support busy child care providers. Invest two hours of your time and leave better equipped to answer child care providers’ questions about infant feeding!

**Training Date:** February 9, 2023, 10:00 am – 12:00 pm [Register HERE](#)



### **New Fruit Yield Data Added for the Food Buying Guide for Child Nutrition Programs Interactive Web-Based Tool!**

New from Team Nutrition: New food yields data has been added to the [Food Buying Guide for Child Nutrition Programs Interactive Web-based \(FBG\) Tool](#) and Mobile App! Now available, the following fruit yield data: purees (banana, blueberry, and strawberry), frozen mango, and frozen berry blend. This is a continuation of yield data from phase two of the FBG Yield Study, with the first set of data (sorghum) being released in July 2022. Stay tuned for additional yield data releases coming soon. Check out the Food Buying for Child Nutrition Programs today!

### **White House Conference on Hunger, Nutrition and Health- September 28<sup>th</sup>**

For the first time in over 50 years, the White House is convening a conference to help elevate hunger as a national priority and spark major improvements and expansions to the federal nutrition programs, paving the way to significant reductions in food insecurity for millions of individuals and families.

To end hunger and increase healthy eating and physical activity to reduce diet-related diseases and disparities, the White House has specified areas of action in five pillars:

1. **Improve food access and affordability:** End hunger by making it easier for everyone — including urban, suburban, rural, and Tribal communities — to access and afford food. For example, expand eligibility for and increase participation in food assistance programs and improve transportation to places where food is available.
2. **Integrate nutrition and health:** Prioritize the role of nutrition and food security in overall health, including disease prevention and management, and ensure that our health care system addresses the nutrition needs of all people.
3. **Empower all consumers to make and have access to healthy choices:** Foster environments that enable all people to easily make informed healthy choices, increase access to healthy food, encourage healthy workplace and school policies, and invest in public messaging and education campaigns that are culturally appropriate and resonate with specific communities.
4. **Support physical activity for all:** Make it easier for people to be more physically active (in part by ensuring that everyone has access to safe places to be active), increase awareness of the benefits of physical activity, and conduct research on and measure physical activity.
5. **Enhance nutrition and food security research:** Improve nutrition metrics, data collection, and research to inform nutrition and food security policy, particularly on issues of equity, access, and disparities.

**Sign up to watch the Conference livestream on September 28. The conference will be live streamed from 8 AM CST to 5 PM CST.** The preliminary agenda can be found [HERE](#).

### **Food Allergies and Intolerances**

Food allergies are increasing at alarming rates. In fact, one in every 13 children has a food allergy—which is about two per U.S. classroom! If you have children in your program with food allergies or intolerances, you know how important it is to prepare and serve safe meals. Having a plan and being prepared will help make sure children feel included and can safely join in meals. Knowing common allergens, reading food labels, and avoiding cross-contact will help prevent an allergic reaction and keep children safe. For more information, go to: <https://theicn.org/memo>.



**Welcome to a New Program Year and THANK YOU!**

Welcome to Program Year 2023! What a great opportunity we have, to fuel the success of Kansas' future! The Child Nutrition & Wellness team appreciates and sends sincere thanks to all dedicated Kansas Child Nutrition Professionals for the great work you have always done and will continue to do in Program Year 2023! Together we will keep #FuelingKSKids!

**As always, if you have questions or concerns, please call or email us or your area Child Nutrition Consultant.**

**Cheryl, Karen and Kelly**



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