

Monthly Update

Child and Adult Care Food Program



March 17, 2022

*Distributed to CACFP Authorized Representatives and Home Sponsors via Listserv
As posted to www.kn-eat.org, Child and Adult Care Food Program, Updates from CNW*

Happy CACFP Week!

The United States House of Representatives has introduced a bipartisan resolution that supports the designation of CACFP Week but also lists in detail, the many incredible and essential impacts the CACFP has on our communities. Read the entire resolution at:

https://bonamici.house.gov/sites/bonamici.house.gov/files/documents/BONAMI_056_xml%5B55%5D.pdf

Celebrate CACFP Week with Team Nutrition!

In honor of National Child and Adult Care Food Program (CACFP) Week, USDA's Team Nutrition initiative is sharing information about practical, easy-to-use resources focused on the use of ounce equivalents for grains. These include:

- A [CACFP Grains Ounce Equivalents Resources](#) webpage containing recorded webinars, training worksheets, presentation slides, web tools, and more.
- A listing of trainings and activities on grains ounce equivalents, which are sponsored by State agencies and others during March 2022. Learn more from Team Nutrition's [Celebrate CACFP Week with Grains Ounce Equivalents Training](#) webpage.
- Order free print copies of Team Nutrition Resources for your meal program:
 - New! Mealtimes with Toddlers Operator Booklet: [\[English\]](#) [\[Spanish\]](#)
 - New! Mealtimes with Toddlers Family Handout: [\[English\]](#) [\[Spanish\]](#)
 - Crediting Single-Serving Packages of Grains in the CACFP [\[English\]](#) [\[Spanish\]](#)
 - Determining Ounce Equivalents of Grains in CACFP Recipes [\[English\]](#) [\[Spanish\]](#)
 - Feeding Infants Using Ounce Equivalents for Grains in the CACFP [\[English\]](#) [\[Spanish\]](#)
 - Using Ounce Equivalents for Grains in the Child and Adult Care Food Program [\[English\]](#) [\[Spanish\]](#)

USDA Guidance

Federal Register Correction: CACFP Meal Pattern Revisions Related to the Healthy, Hunger-Free Kids Act of 2010; Correcting Amendments

USDA Food and Nutrition Service (FNS) has published a technical correction in the Federal Register to amend Child and Adult Care Food Program (CACFP) regulations. This correction amends meal pattern tables and associated text to reflect that grains served in CACFP meals are now credited in ounce equivalents. Implementation of ounce equivalents crediting began on October 1, 2021.

Note that pre-school and infant meals served in the National School Lunch Program and School Breakfast Program also follow CACFP meal pattern requirements. Thus, the technical corrections were made to the following regulations: 7 CFR 210.10; 7 CFR 220.8; and 7 CFR 226.20. [Read the Federal Register Correction and view the updated meal pattern charts at this link.](#) The meal pattern charts on the Food and Nutrition Service (FNS) website as well as other guidance documents containing the CACFP and NSLP meal pattern tables will be updated in the coming weeks.



Question and Answer Guidance on the Final Rule Child Nutrition Programs: Transitional Standards for Milk, Whole Grains, and Sodium Effective July 1, 2022 (CACFP 04-2022)

This USDA policy memo provides Questions and Answers (QA) on the final rule titled, Child Nutrition Programs: Transitional Standards for Milk, Whole Grains, and Sodium. This guidance is intended to be transitional and in effect for school years (SY) 2022-2023 and 2023-2024. FNS plans to promulgate a new rule for long-term meal pattern requirements to be effective starting in SY 2024-2025. This QA memorandum rescinds and replaces CACFP 16-2019, *Questions and Answers on the Final Rule Child Nutrition Programs: Flexibilities for Milk, Whole Grains, and Sodium Requirements*, dated September 23, 2019. These QAs address the following key provisions of the final rule:

Flavored Milk – The rule allows schools participating in the National School Lunch Program (NSLP) and School Breakfast Program (SBP) to offer flavored, low-fat (1 percent) milk at lunch and breakfast and as a beverage for sale a la carte, and requires that unflavored milk (fat-free or low-fat) be available at each school meal service. For consistency across Programs, the rule extends the transitional milk requirements to the Special Milk Program for Children and to the Child and Adult Care Food Program for children ages six and older and adult participants. This rule also clarifies that lactose-free and reduced-lactose fluid milk meet the Special Milk Program for Children and the Child and Adult Care Food Program requirements for fluid milk to provide consistency across all Child Nutrition Programs.

As a reminder, USDA has invited comments on this final rule to provide insight as they work towards developing permanent, practical, and science-based school meal standards. Comments must be submitted by **March 24, 2022** in writing by one of the following methods:

- Federal eRulemaking Portal: Go to <https://www.regulations.gov/document/FNS-2020-0038-2936> and follow the online instructions for submitting comments.
- Mail: Send comments to Tina Namian, Chief, School Programs Branch, Policy and Program Development Division—4th Floor, Food and Nutrition Service, 1320 Braddock Place, Alexandria, VA 22314

Training Opportunities

Don't miss any of the amazing upcoming training opportunities. Go to www.kn-eat.org, CNW Calendar to view all scheduled classes – class descriptions, dates, times and ZOOM links. Join CNW for upcoming culinary trainings:

- March Culinary Corner: Bentos, Bowls & Breakfast: Spotlight on Pork, March 23 at 2 pm. Explore simple ways to put a fun twist on breakfast and lunch/supper menus using USDA and CNW developed recipes.
- April Culinary Corner: Soybeans and Soy Food: The Many Sides of Soy, April 27 at 2 pm. Attend this training to learn more about soy's versatility as a meat/meat alternate and vegetable.
- View the March Quick Bite featuring Soy at:
https://youtube.com/playlist?list=PLd_2hYclboc_QUbcdjw6GfQP7i2Zv2MHM.

Online Professional Development – Classes and Tutorials

CNW staff continue to develop new interactive online training classes and tutorials that can be accessed free of charge 24/7 via the KSDE Training Portal. Create an account now at <https://learning.ksde.org> and see the entire list of classes and tutorials available. For detailed instructions on creating an account and accessing the training, go to www.kn-eat.org, Child & Adult Care Food Program, Training. **New to the KSDE Training Portal this month:** Quick Train on Grains: Determining Ounce Equivalents of Grains in CACFP Recipes



SFSP Administrative Training on March 31 – Save the Date

CACFP Sponsors interested in serving Summer Food Service Program (SFSP) meals are invited to attend the SFSP Back to the Basics Administrative Training for Summer 2022 on March 31 from 1:00-4:00 pm. The training will be offered live via zoom. Use the following link to join:

<https://ksde.zoom.us/j/81664350715?pwd=VzZMMGc0a0h2U3N1YU1xWnBuSHJRUT09>. For those unable to make the live training, a recording will be made available on the KSDE Learning Portal at a later date. All new and returning Sponsors must have at least one representative complete this administrative training in order to operate the SFSP in Summer 2022. Contact Jill Ladd by emailing jladd@ksde.org or calling 785-296-2276 to learn more about serving SFSP meals.

Breastfeeding Saves Child Care Providers Money

Did you know that child care providers participating on the CACFP receive reimbursement for meals and snacks when a mother has provided pumped breast milk or has breastfed her baby at your child care site even after the child's first birthday? Breast milk may be used to meet the fluid milk requirement in the CACFP program for children over 12 months of age.

2022 National CACFP Conference

The National CACFP Sponsors Association (NCA) serves as a national platform that provides education, support, and resources to organizations who administer the CACFP. This year's conference will be held in New Orleans April 18-22, 2022. There is also a virtual option. For information, go to: www.cacfp.org/conference/

Kansas Nutrition Council Conference

The Kansas Nutrition Council Virtual Conference, *2021 Planting Ideas for the Future*, will be held April 22. Register at <https://www.eventbrite.com/e/2021-kansas-nutrition-council-virtual-conference-registration-138336182245>.

Save the Date: The Rural Child Hunger Virtual Summit – April 27-28, 2022

The goal of the 2022 Rural Child Hunger Summit presented by No Kid Hungry and Save the Children is to highlight the resiliency of rural communities through their innovative and adaptive programs. The Summit will identify promising practices and policy levers that amplify the impact of nutrition assistance programs and reduce rural child hunger. Register for this free event here: [2022 Rural Child Hunger Summit | Center for Best Practices \(nokidhungry.org\)](https://www.nokidhungry.org/2022-rural-child-hunger-summit)

National Nutrition Month: Celebrate a World of Flavors

March is National Nutrition Month®, and the theme is “Celebrate a World of Flavors.” Together this means March is the perfect month to be adventurous and start exploring different cuisines to help children gain an appreciation for other cultures. Take this time for children to try foods they may not have tasted before. While sitting around the table, engage the children in conversations about their family traditions, favorite meals, and celebrations. Then help children learn about other cultures by exploring and talking about foods from around the world! For more National Nutrition Month ideas, messaging, and a tool kit that offers tip sheets, handouts, games, activities, PowerPoint presentations and more visit the Academy of Nutrition and Dietetics [National Nutrition Month](https://www.eatright.org/nutrition-month) webpage. Check out the [Around the World Sample Cycle Menu](#) from the National CACFP Sponsors Association for themed menu ideas with creditable recipes. [Multicultural Child Care Recipes](#) is a Team Nutrition collection of 40 recipes from different cultures and regions that are available in yields of 6, 25 and 50 servings.



Celebrating YOU!

We look forward to seeing how you have celebrated National CACFP Week and National Nutrition Month at #FuelingKSKids. Thank you for serving nutritious tasty meals and teaching healthy habits across Kansas for children in child care centers, day care homes and afterschool programs as well as adults in day care through the CACFP! The KSDE Child Nutrition & Wellness team appreciates and celebrates YOU!

As always, if you have questions or if we can assist in any way, please call or email your area Child Nutrition Consultant or the Topeka office staff.

Cheryl, Jill and Julie



For more information, contact:

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