# Monthly Update

# **Child & Adult Care Food Program**

June 18, 2021

Distributed to CACFP Authorized Representatives and Home Sponsors via Listserv As posted to www.kn-eat.org, Child and Adult Care Food Program, Updates from CNW

### **New USDA Guidance**

**Questions and Answers for Child Nutrition Program Operations in School Year 2021-2022 (CACFP 13-2021)** provides clarification to State agencies and Program operators as they operate the Child Nutrition Programs. Q&As specific to the CACFP are included below. Read the entire policy memo at https://www.fns.usda.gov/cn/qa-child-nutrition-program-operations-sy-2021-2022.

**Q.** Can the CACFP At-Risk Afterschool Program continue to operate in summer 2021 after schools close for summer vacation? For example, if a school officially ends SY 2020-2021 on May 30, 2021, can the school continue to operate CACFP At-Risk until June 30, 2021? A. No. The NSLA definition at Section 17(r)(2)(A) specifies that the CACFP At-Risk Program provides care to schoolchildren during after-school hours, weekends, or holidays during the regular school year. Therefore, the Program is only able to operate while school is in session. Unless an afterschool care center is in the attendance area of a school operating on a year-round calendar, afterschool meals may not be claimed during summer vacation (7 CFR 226.17a(m)(2)).

FNS understands that communities have been adversely impacted by the current public health emergency and appreciates States' efforts to assist by providing more meals to children. The Families First Coronavirus Response Act of 2020 (P.L. 116–127), as amended by the Continuing Appropriations Act, 2021 and Other Extensions Act (P.L. 116-159), offers State agencies the opportunity to extend Pandemic EBT (P-EBT) benefits to households with eligible children through the summer. FNS recommends that States explore the options granted in the nationwide waivers and through P-EBT to maximize the number of meals and other nutrition assistance benefits provided to children through these Programs after the school year ends.

# Q. Under the area eligibility waiver (Nationwide Waiver #93), how long are day care homes eligible to receive the tier I reimbursement rates?

A. In States that elect to use it, the waiver suspends requirements for day care home classification to allow all providers to receive tier I reimbursement for meals and snacks served from July 1, 2021 through June 30, 2022. After this period ends, sponsoring organizations must once again follow the requirements under 7 CFR 226.15(f) to determine tier I eligibility for each day care home that had not previously been classified as tier I, using current school or census data or free and reduced price applications.

Normally, when school or census data is used to classify a day care home as tier I based on area eligibility, the classification is for 5 years. Day care homes that had been classified as tier I based on area eligibility data, prior to July 1, 2021, would continue to receive tier I reimbursement through the end of the previously determined 5-year period.



# Q. Can new family day care home providers use the area eligibility waiver (Nationwide Waiver #93)?

A. Yes, all family day care home providers operating under *COVID-19: Child Nutrition Response #93: Nationwide Waiver of Area Eligibility in the Afterschool Programs and for Family Day Care Home Providers in School Year 2021-2022*, regardless of their location, will receive the tier I reimbursement rate for all meals and snacks. This waiver is effective beginning July 1, 2021 and remains in effect through June 30, 2022. After this period ends, sponsoring organizations must once again follow the requirements under 7 CFR 226.15(f) to determine tier I eligibility for each day care home that had not previously been classified as tier I, using current school or census data, provider's own income, or free and reduced price applications. Day care home providers that serve their own children will still need to meet the criteria listed under 7 CFR 226.18(e).

# Q. Are meals served to providers' own children eligible for tier I reimbursement?

A. For providers that are receiving the tier I reimbursement rate under the waiver, meals served to their own children may be reimbursed at the tier I rate if the criteria listed under 7 CFR 226.18(e) are met. Payment may be made for meals served to the provider's own children when (1) such children are enrolled and participating in the child care program during the time of the meal service, (2) enrolled nonresident children are present and participating in the child care program, and (3) providers' children are eligible to receive free or reduced-price meals. Meals may not be claimed for provider's own children if those three criteria are not met.

# Q. Under Nationwide Waiver #91, child and adult care providers are permitted to request a waiver to offer low-fat (1%) flavored milk. What age/grade group does this apply to?

A. This waiver applies to children 6 years and older and adults. Child and adult care providers that request and receive State approval to use this waiver may serve low-fat (1%) flavored milk to children 6 years and older and adults.

# Collection of Race and Ethnicity Data by Visual Observation and Identification in the Child and Adult Care Food Program and Summer Food Service Program (CACFP 11-2021)

This policy memo states visual observation and identification by Child and Adult Food Care Program institutions and facilities is no longer an allowable practice for program operators to use during the collection of race or ethnicity data. USDA will update CACFP policy guidance. USDA acknowledges the challenges this change may cause in the collection of demographic data. The preferred method remains self-identification and self-reporting. CACFP institutions and facilities should continue explaining the importance of this data to participants as they encourage them to self-identify and self-report. However, there are alternative means by which CACFP institutions and facilities can obtain race or ethnicity data such as utilizing data from other sources in which the respondent has self-identified race or ethnicity such as school databases.

Data can be accessed for Kansas schools at https://datacentral.ksde.org/report\_gen.aspx, Headcount Enrollment by Grade, Race & Gender. Data is also available through FRAC at this web address: http://216.55.168.186/FairData/SummerFood/map.asp?command=scope&map=0. Additional information will be provided at Administrative Workshop in July.



# Enrollment & Income Eligibility Forms and Income Eligibility Guidelines PY 2022

Enrollment & Income Eligibility Forms (E/IEF) in both English and Spanish and Income Eligibility Guidelines will be posted by July 1 for 2021-2022 at www.kn-eat.org, CACFP for use after July 1, 2021. To access these documents, select Income Eligibility Forms from the Key Links menu field on the left to access the updated forms.

## A current and complete E/IEF for each participant must be on file to claim reimbursement for

**meals**. The E/EIF should be copied as issued. At-Risk Afterschool Meals and Emergency Shelters participants are not required to have an enrollment and income eligibility form on file. However, if those same participants are claimed through the traditional component of CACFP, E/IEFs must be on file. Note: Outside School Hours Centers do not require an enrollment form but must collect income forms in order to claim reimbursement for free or reduced price meals.

# Q. Can Sponsors use the USDA Household Application for Free and Reduced Price School Meals in place of the updated E/IEF?

A. No, under USDA waiver authority schools will be implementing the Seamless Summer Option of the National School Lunch Program and meals will be free for all students without a USDA Household Application for Free and Reduced Price School Meals. A Household Economic Survey will be used to collect information for Kansas At-Risk Funding. The Household Economic Survey cannot be used in place of the E/IEF.

For guidance on determining the E/IEF, refer to www.kn-eat.org, CACFP, Administrative Handbook, Chapter 9, and www.kn-eat.org, CACFP, Income Eligibility Forms, Enrollment and Income Eligibility Guidance. On September 29, KSDE will offer a live webinar training at 1:30 pm focused on Determining Eligibility in the CACFP and completing the Income Eligibility Category Summary. Save the Date! IEFs are effective from the beginning of the month in which they are determined until the end of the month the following year. For example, an IEF determined July 12, 2021 is considered valid from July 1, 2021 until July 31, 2022.

# Q. If a parent indicates that their household income is over guidelines but there is income information reported in the household income section, what should a Sponsor do?

A. The sponsor should contact the person who completed the E/IEF to clarify the household income and make notes on the E/IEF **before determining eligibility**.

# Q. If a family at a Child Care Center just completed an E/IEF in May, does the family have to complete a new E/IEF on the updated form in July?

A. No, the E/IEF is valid for 12 months. Therefore, the family would not be required to complete a new form until May 2022. However, a center can elect to have all families complete a new E/IEF during an annual update period.

## **CACFP Enrollment Reminders**

**Every** child must be enrolled in the CACFP to claim meals. **Name**, **date of birth**, **normal days and times of care**, **normal meals received during care**, with **parent signature** and **date** are required. Incomplete forms will result in lost reimbursement income. A best practice is to have the forms double-checked by staff members. Enrollment is current for 12 months from the date of the parent's signature.



### Fluid Milk Substitution Chart – Updated

KSDE has updated the fluid milk substitution criteria chart for Child Nutrition Programs. The required amount of nutrients per cup has not changed; however, the percent daily value on the nutrition facts label has changed for several of the nutrients as a result of recent updates to the Daily Values which have been updated based on new nutrition research by the Food and Drug Administration (FDA). KSDE also added the micrograms for Vitamin A and D in addition the nutrient value in International Units (IU) as many manufacturers are now using micrograms on the nutrition facts label as compared to IU. The updated fluid milk substitution criteria chart can be found at www.kn-eat.org, CACFP, What's New. As a reminder, non-dairy fluid milk substitutions that provide the nutrients listed in the "Required Amount Per Cup" column may be provided for children and adult participants who cannot consume fluid milk without a meal modification form.

#### **Procurement – Contract Renewal**

Sponsors who contract for meals with an outside entity to obtain meals must have a contract in place. All procurement methods must adhere to the procurement standards set forth in regulations (7 CFR 226.22). Sponsors are responsible for all contractual agreements. A vendor contract prototype is available at www.kn-eat.org, CACFP, Administration, Meal Contracts. **All contracts over \$250,000 must be submitted to KSDE for pre-approval prior to signing.** 

If meals are prepared in a licensed food service facility within a sponsoring organization and served or transported to other program sites within the same organization, a CACFP transport form is recommended to ensure that CACFP requirements are being followed by the staff preparing meals. A prototype can be found at www.kn-eat.org, CACFP, Administration, Meal Contracts. Contact your consultant or Child Nutrition & Wellness (785-296-2276) for more information.

#### **Reimbursement Rates**

Reimbursement rates for FY2022 will be posted at www.kn-eat.org, Child and Adult Care Food Program, Key Links as soon as they are available from USDA.

## **Professional Development Opportunities**

#### **Administrative Workshop**

Program Year 2021-22 CACFP Administrative Workshop will be offered via live webinar on Wednesday, July 14 from 1:00 pm–4:00 pm via the following link:

https://ksde.zoom.us/j/96838328648?pwd=R1owRVRFajBxaFNMUHYzTmVKTjlDdz09. Sponsors unable to attend the live webinar training will have the opportunity to take the training through the KSDE Learning Portal at a later date. At least one representative from each Sponsor must complete the CACFP Administrative Workshop training before annual CACFP Certification is completed.

For Sponsors that operate both the School Nutrition Program (SNP) and the CACFP, a live SNP Administrative Update/CACFP Administrative Workshop webinar training will be held Tuesday, July 13, 8:00 am–12:00 pm via the following link: https://ksde.zoom.us/j/95799263660?pwd=Z2NxM3IBcXo4cVpPaFdjOHMyeUNNZz09.

#### **CACFP Certification Webinar**

Make plans to participate a CACFP Certification Webinar scheduled for Tuesday, August 3 at 2 pm via zoom. A link to join the webinar will be shared in the July CACFP Monthly updates.



### **Professional Development Opportunities Summer 2021**

Many opportunities for learning are available this summer. Go to www.kn-eat.org, CNW Calendar to access the class list with dates, times and ZOOM links. Professional Development Classes offered in July will include Kitchen Math Made Easy and Navigating the Food Buying Guide. Mark your calendars!

### Reducing the Risk of Choking Training – August 11, 1:00 p.m.– 2:30 p.m.

Join KSDE for a live webinar training to learn about actionable steps providers can take to reduce a child's risk of choking. Providers will learn about developmental readiness for the introduction and advancement of solid foods when feeding infants, identify food preparation methods to prepare foods that are easy to chew and swallow and learn tips to teach good eating habits during meal time. Join the webinar on August 11 at 1:00 p.m. using the following link:

https://ksde.zoom.us/j/86192323816?pwd=MXhLalBnV0VCZWd1OHdaU2NOZzB4QT09. This training will be recorded and posted to the KSDE Training Portal at a later date.

#### **Online Professional Development Classes and Tutorials**

CNW staff continue to develop new interactive online training classes and tutorials that can be accessed free of charge 24/7 via the KSDE Training Portal. The online professional development classes offer a printable certificate upon successful completion. Tutorials have no quiz and no certificate. Create an account now at https://learning.ksde.org. For detailed instructions on creating an account and accessing the training, go to www.kn-eat.org, Child and Adult Care Food Programs, Training, Online Classes.

#### **Catalog of Federal Domestic Assistance (CFDA) Numbers**

The Kansas State Department of Education (KSDE) is required to provide sponsors participating in Child Nutrition Programs with CFDA numbers for USDA programs that are administered by KSDE. The following is the list of CFDA numbers and their respective programs:

#### **CFDA Source Code Program**

- 10.555 4553 National School Lunch Program
- 10.555 4553 Afterschool Snack Program
- 10.553 4552 School Breakfast Program
- 10.556 4555 Special Milk Program
- 10.558 4554 Child and Adult Care Food Program
- 10.559 4556 Summer Food Service Program
- 10.582 4557 Fresh Fruit and Vegetable Program
- 10.574 4558 Team Nutrition Grants
- 10.579 4011 Equipment Grant

This information will be useful to auditors when you have an audit. All program participants that expend over \$750,000 in federal financial assistance from all sources are required to have a Single Audit (previously called A133 Audit) annually.

#### **At-Risk Afterschool Meals Toolkit**

Kansas Team Nutrition has developed a toolkit for At-Risk Afterschool Meals sponsors. Check it out today! Resources in the toolkit include: sample social media posts to promote the program, a 2-week hot menu, 2-week cold menu, 4-week snack menu, program administrative tools, and supplemental menu resources. The toolkit can be found at www.kn-eat.org, CACFP, Resources, At-Risk Afterschool Meals. To receive a hard copy of the At-Risk Afterschool Meals Cycle Menus email Sarah Bruschi at sbruschi@ksde.org.





### Get Ready for Summer with Team Nutrition

#### Motivate Kids and Families with These Summer Activities

Provide families with tips and tools for a healthy summer with these activity guides:

- Let's Celebrate Summer Meals [English] [Spanish]
- Movin' with Summer Meals [English] [Spanish]
- Summer Meals, Summer Friends [English] [Spanish]

Check out Team Nutrition's Summer Food, Summer Moves webpage for additional activity guides, posters, flyers, recipes and more.

## Celebrate Ten Years of MyPlate

Celebrate MyPlate's birthday by sharing MyPlate resources with students, families, and peers. MyPlate reminds us that small changes matter, and every bite counts! Check out Team Nutrition's MyPlate webpage for materials developed specifically for kids and families.

## Recognize National Dairy Month with the CACFP Trainer's Tool: Serving Milk

June is National Dairy Month and a great time to test your knowledge about CACFP meal pattern requirements related to milk! Use the CACFP Trainer's Tool: Serving Milk bingo-style training game in English and Spanish at your next in-person or virtual training.

Team Nutrition CACFP Organizations can request free printed copies of this resource. Click here to enroll or update your organization's contact information. Ordering information will be emailed to new members within five business days of the approved enrollment.

#### Level-Up Your Next CACFP Meal Pattern Training

These ready-to-go presentation slides are now available in Spanish for in-person or virtual trainings:

- Mealtimes with Toddlers in the CACFP [English PPT] [Spanish PPT]
- Serving Vegetables in the CACFP [English PPT] [Spanish PPT]
- Using the WIC Food Lists to Identify Grains for the CACFP [English PPT] [Spanish PPT]

Also, watch these recently added recorded webinars:

- Crediting Single-Serving Packages of Grains in the CACFP [English] [Spanish]
- Crediting Store-Bought Combination Baby Foods in the CACFP [English] [Spanish Webinar Coming Soon]
- Using the Nutrition Facts Label in the CACFP [English] [Spanish]

More CACFP Training Tools are available on Team Nutrition's website.

## Update Your Calendars! New Date for CACFP Halftime Webinar

Team Nutrition's next *CACFP Halftime: Thirty on Thursdays* webinar on "Serving Snacks in the CACFP" has been rescheduled for Thursday, September 23, 2021. Registration will be available in August, with enhanced capacity to accommodate up to 3,000 attendees. The English and Spanish webinars will offer closed captioning during the presentation, and other accommodations may be available upon request.

For more information, and to watch recordings of previous webinars, please visit the Team Nutrition's *CACFP Halftime: Thirty on Thursdays* website.



# **Summer Thoughts**

Hello Summer! Check out the ICN June 2021 Mealtime Memo at Mealtime Memo - Institute of Child Nutrition (theicn.org) for fun ideas to celebrate all the summer season has to offer. Now is the perfect time to freshen up your menus with local fruits and vegetables. By following the CACFP meal pattern, you are giving the children in your care the absolute best on their plate. Nutrition and movement are part of helping each child meet their full potential. Studies show that outside play and good nutrition are influencers in children's physical, emotional, social and intellectual wellness now and in the future.

# Cheryl, Jill and Julie

For more information, contact:



Cheryl S. Johnson, Director Child Nutrition & Wellness (785) 296-2276 www.kn-eat.org csjohnson@ksde.org Kansas State Department of Education 900 S.W. Jackson Street, Suite 102 Topeka, Kansas 66612-1212 (785) 296-3201 www.ksde.org

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