# Monthly Update

## **Child & Adult Care Food Program**

#### July 29, 2020

Distributed to CACFP Authorized Representatives and Home Sponsors via Listserv As posted to www.kn-eat.org, Child and Adult Care Food Program, Updates from CNW

#### **CACFP Certification**

Program Certification will be available in KN-CLAIM August 3, 2020. CACFP Certification Guides for Centers and Homes will be available at www.kn-eat.org, CACFP, Program Certification.

#### **CACFP Certification Webinar**

Make plans to participate in the CACFP Certification live Zoom Webinar on August 3 at 1:00 pm. Join at: https://ksde.zoom.us/j/97312909256?pwd=WmtJZGFLNWRrVCtCVkdvbStBaVpHQT09. Note: The Certification webinar is not required and not a replacement for the required Administrative Workshop. You are encouraged to take part to aid in understanding of the Certification process for PY 2020-2021.

#### **Reimbursement Rates**

Reimbursement Rates for FY2021 are posted at www.kn-eat.org, Child & Adult Care Food Program, Key Links.

#### Have You Updated Sponsor Information in KN-CLAIM Lately?

As August/September signal the start of the school year, it's a good time to update all information in KN-CLAIM:

- Inform the Topeka office of any changes in the Authorized Representative by completing and mailing the form *"Appointment of a New Authorized Representative"*.
- Update the sponsor application and site applications with the current Authorized Representative, board president, executive director and/or other contact persons if needed.
- If there are sites no longer needed or new sites need to be added, please contact your area Child Nutrition Consultant.
- Update the meal service times and meals offered, if there have been or are going to be changes.

#### WIC Program Information

Sponsors must provide information on the importance and benefits of WIC to the parents/guardians of enrolled children. Sponsors can meet this requirement by posting a WIC program fact sheet in the facility, making WIC brochures available, posting a link to the WIC webpage on the sponsors website, Facebook page, newsletter, parent handbook, or providing to families upon initial enrollment. The WIC Program Fact Sheet can be accessed at www.kn-eat.org in the far-right column, click on the Kansas WIC logo.

#### **Breastfeeding Friendly Child Care Provider Toolkit**

The Kansas Breastfeeding Coalition has released a NEW <u>Breastfeeding Friendly Child Care Provider</u> <u>Toolkit</u> which is designed to provide child care providers with the guidance and resources needed to successfully achieve the "Breastfeeding Friendly Child Care Provider Designation" from Child Care Aware of Kansas. It includes an updated list of <u>Breastfeeding Friendly Children's Books and Toys</u>. Additional resources for child care providers are available on the Kansas Breastfeeding Coalition's <u>Child</u> <u>Care</u> webpage.



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#### **Professional Development Opportunities**

#### **CACFP Administrative Workshop**

Sponsors are required to attend one CACFP Administrative Workshop annually. Administrative Workshop sessions are scheduled via live Zoom webinars. No pre-registration is required. Training dates and links to the webinars are listed below and also posted at www.kn-eat.org, CACFP, Training, Administrative Workshop.

- Zoom Webinar, August 4, 1:00-4:00 pm
- Zoom Webinar for At-Risk Only, August 13, 1:00-4:00 pm
- Zoom Webinar, August 25, 1:00-4:00 pm

This class provides an overview of CACFP requirements with particular emphasis on the issues that most frequently result in lost revenues or corrective actions. It will also include recent updates from USDA. Certificates will be mailed to participants after completion of the workshop.

#### **Online Professional Development Classes and Tutorials**

CNW staff continue to develop new interactive online training classes and tutorials that can be accessed free of charge 24/7 via the KSDE Training Portal. The online professional development classes offer a printable certificate upon successful completion. Tutorials are 5 minutes or less with no quiz and no certificate. Create an account now at https://learning.ksde.org. For detailed instructions on creating an account and accessing the training, go to www.kn-eat.org, Child and Adult Care Food Programs, Training, Online Classes.

Jump Start for Centers is required for all new Authorized Representatives of centers and recommended for new support staff who provide assistance to the Authorized Representative. This full-day training will cover requirements of the CACFP including administrative duties and meal pattern requirements. A live ZOOM webinar will be held on August 20. Join at: https://ksde.zoom.us/j/94876161914?pwd=WmRwR1k3VXVZTIIzc1Z0bTBUYmNPdz09. Training will start at 9:00 a.m. with the Business of CACFP. There will be a 1-hour lunch break from 12:00–1:00 p.m. Meal Planning for CACFP will be conducted from 1:00–4:00 p.m.

#### Crunch Off – October 14th

Kansas is participating in the Mountain Plains Crunch Off with nine other States! Mark your calendars and make plans so that children can bite into a local apple, or another local food of your choice, on this day. The state with the most "crunches" will be crowned the Crunch Champion! We encourage you to host your event Wednesday, October 14, but any date in October will work. Due to COVID guidelines; there is no requirement to have your group participate together at the same time. Individually, virtually or in small groups are all allowed.

Registration begins August 1 at this link, https://www.surveymonkey.com/r/535866Q. A toolkit with resources and marketing information is provided at the registration link. If you have any questions, please contact Barb Depew, Farm to Plate Project Director at bdepew@ksde.org or phone 785-296-0062.





- <u>Child Nutrition Program Meal Service During Coronavirus (COVID-19)</u>
- Feeding Kids When Schools Are Closed Due to Coronavirus (COVID-19)
- CACFP: Providing Multiple Meals at a Time During the Coronavirus Pandemic
  - o For <u>SFSP</u>
  - o For <u>NSLP SSO</u>
- <u>Team Nutrition Handwashing and Cleaning Resources</u>
- <u>CACFP Training Worksheets</u>
  - o 6 new English Worksheets released in March 2020. Spanish coming soon!
    - Serving Snacks in the CACFP
    - Serving Vegetables in the CACFP
    - Using the Nutrition Facts Label in the CACFP
    - How to Spot Whole Grain-Rich Foods for the CACFP
    - Is My Recipe Whole Grain-Rich in the CACFP?
    - Using the WIC Food Lists to Identify Grains for the CACFP
- <u>Crediting Handbook for the CACFP</u> Final and in living color, check it out! Some States are printing for their sponsors, Team Nutrition plans to print and make hardcopies available as well in the future.
- <u>CACFP Halftime Webinar Recordings</u>
  - Now Available: In-Grained: Easy Tools to Determine Serving Amounts
- <u>CACFP Trainer's Tools: Feeding Infants</u> Released in May, complete kit with PPTs and trainers guide, also in Spanish!

### Upcoming Releases:

- Mealtimes with Toddlers in the CACFP:
  - 8-page guide for CACFP operators who care for children ages 1 through 2 years. Includes topics such as milk requirements, encouraging fruits and vegetables, and trying new foods.
  - o 2-page family handout that to reinforce these practices at home.
- CACFP Trainer's Tools: Serving Milk a fun game for training on this topic.
- Six Additional Training Worksheets:
  - o Crediting Combination Baby Foods
  - o Grains Oz Eq in the Infant Meal Pattern
  - o Calculating Grains Oz Eq
  - o Crediting Single-Serving Packages of Grains in CACFP
  - o Determining Grains Oz Eq for Recipes
  - Reducing the Risk of Choking in Young Children (for use by Child Nutrition Programs, WIC and SNAP-Ed

### ICN Virtual Group Trainings

CACFP sponsors may now request free virtual group trainings from ICN. Requirements: The organization who is hosting the training will be responsible for hosting the virtual training using the organization's webinar platform and assisting the ICN consultant trainer with virtual breakout sessions as needed. To ensure the best training experience, virtual trainings should be capped at 25 participants and limited to no more than 4 hours per day. Longer trainings may be spread over the course of multiple days. Go to: https://theicn.org/virtual-group-training/.



#### **Sunflower Spotlight**

The following childcare centers and daycare home providers are being recognized as Healthier CACFP Award winners! This award, established by the USDA, Food and Nutrition Services, Mountain Plains Region, serves to recognize the outstanding efforts that are made by childcare providers participating in the Child and Adult Care Food Program (CACFP). The sites being awarded are implementing practices which demonstrate their focus on overall wellness of children in their care as well as a commitment to the health of our nation's children. Congratulations to **KB Daycare** and **Backyard Bears Daycare**!

#### **Staffing Update**

Emily Brinkman, Dietitian Specialist, has left her role on the CNW team and will be transitioning to a new job at KDHE. Thanks to Emily for her work coordinating the Fresh Fruit and Vegetable Program, Team Nutrition grant projects and development of additional weeks of the Healthier Kansas Menus and menu planning resources.

Michelle Irvine, Senior Administrative Specialist, has transferred to another team at KSDE. We thank her for the customer service she provided while a member of the CNW team.

Kyleen Harris has joined the Child Nutrition & Wellness team as a Professional Development Specialist. Kyleen was Food Service Director at Abilene Public Schools for 5 years and recently completed her Master's Degree in Nutrition at KSU. Welcome Kyleen!

#### **Nurturing Young Bodies & Minds**

#### CNW Staff Author Articles in Kansas Child Summer 2020 Edition

The Summer 2020 edition of the *Kansas Child* magazine features numerous articles authored by CNW Staff. The theme of the summer edition was Nurturing Young Bodies and Minds, a perfect complement to the mission of the CACFP. All child care centers participating in the CACFP will receive a copy of the magazine in the coming weeks. Consider sharing articles with staff and parents and if you've already received a copy of the magazine share a copy with another center or provider that isn't currently participating on the CACFP.

As always, if you have questions or need technical assistance, please contact your Child Nutrition Consultant or the Topeka office.

#### Cheryl, Jill and Julie



For more information, contact:

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