



Child Nutrition & Wellness

Kansas State Department of Education
Landon State Office Building
900 SW Jackson Street, Suite 251
Topeka, Kansas 66612-1212

(785) 296-2276
(785) 296-0232 - fax

www.ksde.org

CACFP UPDATE September 27, 2018

Distributed to CACFP Authorized Representatives and Home Sponsors via Listserv
As posted to www.kn-eat.org, Child and Adult Care Food Program, Updates from CNW

2019 Certification

Thank you to those Sponsors who have submitted their 2019 packets for certification in KN-CLAIM. Consultants are currently working through certification documents to approve Sponsors for the 2019 program year. If certification information has not been submitted, sponsors can find information for certification at www.kn-eat.org, CACFP, Program Certification including the recorded Program Certification webinar. To participate in CACFP for the 2019 Program Year, beginning October 2018, Sponsors must complete program certification requirements by October 12 to allow sufficient time for review by KSDE consultants. Sponsors cannot claim meals until Program Certification is complete.

October Claim Reminder – Centers Only

Centers must report the number of free, reduced price and paid participants on their October claims. The number of participants in each category is reported in the “*Center Income Eligibility Categories*” (IEC) section of the Center Claim. Sponsors are required to upload the IEC summary into KN-CLAIM in October and any other month that reported numbers are changed. A tutorial, entitled Income Eligibility Categories Summary (Form 12-C) is available at <https://learning.ksde.org> to assist sponsors in completing and uploading their IEC list. An Excel version of Form 12-C is available at www.kn-eat.org, Administrative Handbook, Claiming Reimbursement.

USDA Guidance

Guidance for Local and State Agencies on 60-Day Claim Submission and 90-Day Reporting Requirements for Child Nutrition Programs- Effective October 1, 2018

USDA has consolidated and clarified longstanding law, regulations, and guidance regarding claim submission and reporting timeframe requirements for Child Nutrition Programs, including the timeline for which final claims must be submitted to the State agency, in what circumstances exceptions and adjustments are allowed, and the State agency’s reporting requirements. The guidance is posted at www.kn-eat.org, CACFP, What’s New.

USDA would like to highlight the following changes included in this guidance:

- All original claims **and** revisions must be submitted by the 60-day deadline. The 90-day deadline for **submission of a revised claim that results in an increase to the amount of reimbursement** has been eliminated. The Sponsors may request approval for a one-time exception every 36 months for one monthly original or revised claim submitted after the 60-day deadline that results in increased reimbursement when the lateness is due to reasons within the control of the Sponsor. The Sponsor must also submit a Corrective Action Plan to correct the conditions that led to the late claim or need for a revised claim.
- Clarifies that if a claim deadline falls on a Saturday, Sunday or a Federal Holiday, the claim due date is the next business day.

Milk Q & A

Q. What happens if a CACFP Sponsor or Day Care Home Provider serves 2% or whole milk?

A. Meals served to participants two years of age and older that include reduced-fat (2%) or whole milk are not reimbursable.

SFSP Sites and CACFP Afterschool Meals Program Monitoring Requirements

Sponsors that operate **Summer Food Service Program (SFSP) and CACFP At-Risk Afterschool Meals** may follow the CACFP monitoring schedule year-round. If sponsors choose to follow the CACFP monitoring schedule year-round, one of the three annual reviews must occur during the summer to review for SFSP requirements. This review must include the review of a meal service and be unannounced. Two reviews must occur during the school year to review for CACFP requirements. At least one must include the review of a meal service and at least one must be unannounced.

CACFP Statewide Conference: Leading the Way – Healthy Habits for a New Generation

Join KSDE and other child care centers and home sponsors at a Statewide Conference in Salina November 6-8 to learn about creating healthier child care environments. **Sub-grants are available for sponsors who attend and lunch will be provided each day.**

Sponsors can choose to attend one or multiple days of the conference:

- Tuesday, November 6 from 9 am – 3:30 pm. **Let's Talk About It...Grains to Ounce Equivalents.** Learn about identifying whole grains and how to calculate ounce equivalents, effective October 1, 2019, through hands-on practice and instruction. A **\$125 stipend** will be provided to each Sponsor who attends.
- Wednesday, November 7 from 9 am – 3:30 pm. **Leading the Way – Healthy Habits for a New Generation.** Participate in leadership training to elevate and create healthier child care environments. Attendees will get hands-on experience at learning stations of their choice and hear from their peers in a best practices and problem solving panel. Guest presenters include Former Deputy Under Secretary Katie Wilson and Leadell Ediger with Child Care Aware who will present a State of Childcare in Kansas address. A **\$150 stipend** will be provided to each Sponsor who attends.
- Thursday, November 8 from 9 am – 3 pm. **Team Up for CACFP Success Workshop.** Sponsors will participate in peer-to-peer mentoring to develop specific goals and targeted action plans on the topics of menu planning and CACFP administration. The workshop will also feature panel discussions of creative solutions from current CACFP Sponsors and representatives from allied organizations offering free resources to support CACFP meal programs. A **\$150 stipend** will be provided to each Center or Home Sponsor who attends.

Registration: Don't delay and register today at <https://www.surveymonkey.com/r/SM2T365>. Learn and network with your colleagues from around the state.

Accommodations: A block of rooms at the Holiday Inn Express (755 W Diamond Drive, Salina) are being held at a special rate of \$93/night. To reserve a room, call 785-404-3300 and ask for the Kansas State Department of Education Room Block. **Reservations must be made by October 6 to take advantage of the special rate.**

Training Opportunities

Jump Start for Centers

Jump Start for Centers is required for all new authorized representatives of centers and recommended for new support staff who provide assistance to the authorized representative. The classes are repeated through the year. The schedule and registration information is at www.kn-eat.org, CACFP, Training. The next two classes will be on October 25 in Kansas City and November 15 in Wichita. This free training class includes sessions on CACFP Administrative Integrity and Meals Done Right.

Kansas Professional Development System

Professional development is a priority for the Child Nutrition & Wellness team and is offered in multiple ways to ensure that child nutrition program personnel are kept informed and have the tools and information they need to do their jobs correctly. Sponsors are encouraged to participate in professional development established and supported by Child Nutrition & Wellness, through face-to-face classes and workshops or online classes and tutorials.

Face-to-Face Professional Development – Call 785-296-2276 to request face-to-face professional development. A list of classes with descriptions is available at www.kn-eat.org, CACFP, Training. KSDE will secure the cadre instructor, pay the instructor expenses and stipend, provide materials for the instructor and participants, provide a list of supplies for the Sponsor to obtain as needed, offer online registration capability, and print and send certificates for participants.

Online Professional Development Classes and Tutorials – CNW staff continue to develop new interactive online training classes and quick train tutorials that can be accessed free of charge 24/7 via the KSDE Training Portal. The professional development classes offer a certificate upon successful completion which can be printed. Quick train tutorials are 5 minutes or less with no quiz and no certificate. Create an account now at <https://learning.ksde.org> and see the entire list of classes and tutorials available. For detailed instructions on creating an account and accessing the training, go to www.kn-eat.org, School Nutrition Programs, Training.

Resources

CACFP Nutrition News

The October edition of the CACFP NUTRITION NEWS is now available on-line at www.kn-eat.org, CACFP, Newsletters. The newsletter features information about celebrating eat better, eat together month, a recipe for Apple Cranberry Salad Toss, and walk to school day. Share the newsletter with providers and/or families with children in care. This will be the last edition of the CACFP Nutrition News.

Power Panther Preschool Sub-Grant Available for CACFP Child Care Centers and Daycare Home Providers!

Power Panther Preschool is a nine-lesson health education program that is designed to motivate preschool children to taste new, healthy foods and be physically active. Child care centers and home providers will have the opportunity to receive the Power Panther Preschool curriculum, nine children's books corresponding with each of the lessons, and sub-grant funds to implement the cooking/tasting activities in the lessons. As part of a Team Nutrition Training Grant, KSDE CNW will award sub-grants in the amount of \$6/child for centers and home providers along with program materials to implement the Power Panther Preschool nutrition education program. Applications are available at www.kansasteamnutrition.org. For questions or additional information, contact Emily Brinkman at ebrinkman@ksde.org or call 785-296-2276.

Nibbles for Health: Nutrition Newsletters for Parents of Young Children

An exciting and colorful collection of newsletters is now available to help Child and Adult Care Food Program (CACFP) providers talk with parents of young children about nutrition. The highly anticipated and newly designed *Nibbles for Health* newsletters share information about the CACFP meal patterns and provides tips for families to promote healthy eating at home. The collection is comprised of 12 newsletters, available in English and Spanish, and range in topics from fruits, vegetables, healthy celebrations, and much more. The newsletters are available for download and distribution at www.fns.usda.gov/tn/nibbles. CACFP operators will be able to request printed copies of the resource later this fall.

Team Nutrition Cooks!

This is a series of five cooking-based nutrition education modules for kids around ages 8 to 12, and meant to be used in afterschool programs that participate in the At-Risk Afterschool Component of CACFP. Each module is centered around having children prepare a kid-friendly recipe with the help of adults. Recipes include Applesauce, Scrambled Eggs with Spinach, Corn and Zucchini Pancakes, Grain Bowls, and Salad with Vinaigrette Dressing. Material includes an activity guide for operators and staff with instructions for every recipe, a Family Handout that the kids can take home after they make the recipe, and short 4 to 7 minute videos that show two kids making the recipes with the help of an adult. Recipes can be made in any order, and operators can choose to make them in any order, or to do only one or two of them. Recipes are credited so that operators can use them as part of their afterschool snack or meal. Materials are available in English only, first available online, and then in print. <https://www.fns.usda.gov/tn/cooks>

CACFP Halftime: Thirty on Thursdays

October, 18, 2018: Identifying Whole Grain-Rich Foods for the CACFP Using the Ingredient List. For more information, go to <https://www.fns.usda.gov/cacfp-halftime-thirty-thursdays-training-webinar-series>.

CDC Launches Website on Infant and Toddler Nutrition

CDC is releasing a website that brings together existing information and practical strategies on developing healthy eating patterns for infants and toddlers, from birth to 24 months of age. The link for the new website is <https://www.cdc.gov/nutrition/InfantandToddlerNutrition/index.html>.

Topics include:

- Breastfeeding
- Formula feeding
- Essential vitamins & minerals
- Introduction of solid foods
- Foods and drinks to encourage
- Tips on mealtime routines...and more!

Team Nutrition Monthly Newsletter

Subscribe to newsletters here:

https://public.govdelivery.com/accounts/USFNS/subscriber/new?topic_id=USFNS_195.

The Institute of Child Nutrition (ICN)

Visit the new ICN website and see new CACFP-specific resources that are available at <https://theicn.org/cacfp>.

Farm to Plate Month

Who doesn't love a fresh apple with their meal? Consider crunching into locally or regionally grown apples at NOON on Thursday, October 18, 2018 in honor of National Farm to School month. This event is a simple way to feature KS Farm to Plate work in a loud way. At noon on Thursday, Oct. 18, we will all crunch into a healthy, delicious local or regional apple to show support for National Farm to School Month. Share out this year with #KSAppleCrunch. This experience is one suggestion for an event to be entered in the Farm to Plate month event contest with a chance to win a Salad Spinner! Provide a description of your Farm to Plate month event including a local menu(s)/ snack(s) offered, gardening or field trip activity. Include sources used, outreach and planning team involved, pictures and any media coverage received. Fact sheets, stickers, pins, tattoos or seed packets for your celebrations are available. Contact Barb Depew, Farm to Plate Director, bdepew@ksde.org or phone 785-296-0062. Submit your event story to Barb by November 9, 2018. The winner of the Salad Spinner will be announced in the November Monthly Update.

Sunflower Spotlight

The Boys and Girls Club of Lawrence have a brand new facility on South Haskell attached to the Lawrence College and Career Center! They have been serving after school snacks, but have now added suppers for their participants. The majority of the suppers will be made from scratch with very few processed items. They have almost tripled the number of children they are serving. They bus middle and high school aged kids to their building after school and have reached out to private schools in addition to the public schools to extend their area. The ribbon cutting ceremony for the new building was September 6th and the National President of the Boys and Girls Club was in attendance.

Healthier CACFP Award – Updated Application Now Available!

Be one of the first child care centers or daycare homes in Kansas to be recognized for the Healthier CACFP Award! Are you looking for a way to promote your child care program and stand out from all others? The Healthier Child and Adult Care Food Program Award is a USDA recognition system which supports child care centers taking steps to improve the nutrition, physical activity, nutrition education and/or environment for children in their care. Those who qualify will receive statewide recognition as a Healthier CACFP Award Winner and a certificate to showcase the award at their site. In addition, a monetary award in the amount of \$100/daycare home provider and \$300/child care center will be provided to awarded sites! Applications are available at www.kn-eat.org, CACFP, Recognition, Healthier CACFP Award. For more information on the criteria and/or for assistance with applying, contact Emily Brinkman at ebrinkman@ksde.org or (785)296-2276.

Fall Thoughts

As the 2018 CACFP program year draws to a close, the Child Nutrition & Wellness team would like to say thank you to each of you for all you have done over the past year to provide healthy tasty meals to Kansas children and create healthy habits! We look forward to working with you in the new program year and hope to see you at one of the November training events to learn, network, share best practices and continue to *Lead the Way – Creating Healthy Habits for a New Generation*. Register now!

As always, if you have questions or concerns please call or email us or your area Child Nutrition Consultant.