



## Child Nutrition & Wellness

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### CACFP UPDATE December 31, 2018

Distributed to CACFP Authorized Representatives and Home Sponsors via Listserv  
As posted to [www.kn-eat.org](http://www.kn-eat.org), Child and Adult Care Food Program, Updates from CNW

#### Lapse in FY2019 Appropriations and Impacts for the Department of Agriculture's Food and Nutrition Service, Child Nutrition Programs – CACFP 03-2019

The second continuing resolution for fiscal year 2019 (P.L. 115-298) expired on Friday, December 21, 2018. However, under the terms and conditions of a prior continuing resolution (P.L. 115-245), funding has been provided for the Child Nutrition Programs at least through January. The Child Nutrition Programs include the National School Lunch Program, the School Breakfast Program, the Special Milk Program, the Child and Adult Care Food Program, the Summer Food Service Program, the Fresh Fruit and Vegetable Program, and State Administrative Expenses.

#### Update of Food Crediting in the Child Nutrition Programs (CNP) – CACFP 02-2019

In December 2017, USDA solicited comments on the CNP crediting system through a Request for Information (RFI). USDA sought public input about specific foods of interest to stakeholders and asked for recommendations to make crediting more simple, fair and transparent. In the RFI, USDA asked for specific feedback on whether shelf-stable, dried, and semi-dried meat, poultry and seafood snacks (such as beef jerky or summer sausage) should credit as meat. Commenters suggested that dried meat snacks could fit a specific need in CNPs. Most commenters were in favor of crediting dried meat snacks; therefore based on these comments and the potential benefits of crediting shelf-stable, **dried and semi-dried meat, poultry, and seafood snacks** CNP sponsors can now credit those items towards the meat component. Sponsors should follow crediting principles used for all other products made from meat, poultry or seafood as outlined in the Food Buying Guide.

Also through this process, USDA received comments requesting that **coconut, hominy, popcorn, surimi seafood and tempeh** be creditable. USDA will be allowing these products to credit as to provide additional variety and enhance the appeal of meals. USDA will issue guidance soon describing how these products will credit towards specific food components in the CNP meal patterns. USDA will also be publishing new guidance to allow crediting vegetables disguised as other food components or not provided in traditional forms, for example, noodles or pasta made from vegetables, including legumes. Also, in the policy memo was a reminder that turkey bacon is creditable.

#### USDA Guidance – Grains Q&A

**Q:** Must centers and day care homes first determine if a grain is creditable before determining if a grain is whole grain-rich?

**A:** Yes, centers and day care homes must first determine if a grain is creditable before using one of the six options to determine if a grain is whole grain-rich. In order to be creditable, an enriched grain or whole grain must be the first ingredient or second after water.

#### 2019 Claim Deadlines for Center Sponsors

Claim Deadlines for 2019 have been posted at [www.kn-eat.org](http://www.kn-eat.org), Guidance, CACFP Claim Information. KSDE generally vouchers weekly for center sponsors. **A pending claim will not be paid until it has been certified by checking the box that states all information is correct.** Claims are due 60 days after the end of the claim month, please be aware that 60 days does not always correlate with the last day of the month.

### Training Opportunities

**Jump Start for Centers** is required for all new Authorized Representatives of centers and recommended for new support staff who provide assistance to the Authorized Representative. The classes are repeated through the year. The schedule and registration information is at [www.kn-eat.org](http://www.kn-eat.org), CACFP, Training. The next class will be on January 29, 2019 in Salina. This free training class includes sessions on CACFP Administrative Integrity and Meals Done Right.

### Online Professional Development Classes and Tutorials

CNW staff continue to develop new interactive online training classes and quick train tutorials that can be accessed free of charge 24/7 via the KSDE Training Portal. **Income Eligibility Categories Summary Video Tutorial is now available online.** The professional development classes offer a certificate upon successful completion which can be printed. Quick train tutorials are 5 minutes or less with no quiz and no certificate. Create an account now at <https://learning.ksde.org> and see the entire list of classes and tutorials available. For detailed instructions on creating an account and accessing the training, go to [www.kn-eat.org](http://www.kn-eat.org), CACFP, Training.

### CACFP Halftime: Thirty on Thursdays

The next *CACFP Halftime: Thirty on Thursdays*, will take place on January 17, 2019. The topic for the January webinar will be *Identifying Whole Grain-Rich Foods in the CACFP-Part 2* and offered in both English and Spanish. The English webinar will be held from 1:00-1:30 pm CST, and the Spanish webinar will be held from 2:00-3:30 pm CST. Join the webinar at: <https://www.fns.usda.gov/cacfp-halftime-thirty-thursdays-training-webinar-series>. The webinars are recorded and made available at a later date on the Team Nutrition website, <https://www.fns.usda.gov/tn/team-nutrition>.

**Also Note:** [CACFP Trainer's Circle](#) will resume on January 23 with new training techniques and strategies for CACFP meal service training and [The recording of the Celebrate National Farm to School Month in Early Care and Education Settings: Farm to CACFP Webinar](#) is now available!

### Kansas Team Nutrition Sub-grants and Resources

#### Family Fun, Food and Fitness Sub-Grants – Coming Soon!

Child care centers and home day care providers will be able to apply for a sub-grant to host a health-centered, family-friendly event. As part of a Team Nutrition Training Grant, KSDE, CNW plans to award centers and providers with sub-grant funds and program materials to host a Family Fun, Food and Fitness Event for its children, parents and community members. Centers will receive \$350 and day care home providers will receive \$150. Past award winners are welcome to participate again. Applications will be available at [www.kansasteamnutrition.org](http://www.kansasteamnutrition.org) in January. For questions or additional information, contact Linnie Rieger at [lrieger@ksde.org](mailto:lrieger@ksde.org) or call (785)296-2276.

#### Kansas Local Food & Gardening Sub-Grants – Coming Soon!

Available for child care centers and day care home providers. Additional information and applications will be released in January 2019!

### USDA Team Nutrition CACFP Organizations Network – New!

Sponsoring organizations and independent child care centers who participate in the CACFP are invited to sign up as a Team Nutrition CACFP Organization! This is a place to join an important network of other organizations working towards healthier nutrition and physical activity environments. Joining gives the opportunity to collaborate with other CACFP organizations, receive special nutrition education and promotional materials, and be the first to hear about new and exciting education and training materials developed by Team Nutrition for the CACFP. Signing up is free and easy, join today at [www.fns.usda.gov/tn/cacfp](http://www.fns.usda.gov/tn/cacfp).

### Breastfed Babies Welcome Here! – Just Released

USDA's Team Nutrition has released the *Breastfed Babies Welcome Here!* resource. The materials included in this resource are for CACFP operators to communicate the ways in which they support a mother's decision to breastfeed her baby. Materials include: A Mother's Guide, poster, and message graphic. All materials are currently available in English online at <https://www.fns.usda.gov/tn/breastfed-babies-welcome-here>.

### Food Buying Guide (FBG) Calculator

On December 20, USDA released the FBG Calculator as a new feature included with the Food Buying Guide for Child Nutrition Programs Interactive Web-Based Tool. The FBG Calculator was first created and hosted by the Institute of Child Nutrition, however has now been added to the Food Buying Guide Interactive Web-Based tool to create a one stop shop for all Food Buying Guide resources. The FBG Calculator is designed to assist Child Nutrition Program operators in creating a shopping list to streamline food ordering needs for their programs and may be accessed along with the other Food Buying Guide resources at <https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>.

### A Summer Mind-Set

It is time to start thinking ahead and making plans for the 2019 Summer Food Service Program. Join CNW for the 2019 Summer Food Service Program Team Up for Success on Wednesday, February 20, 2019 in Topeka at the Topeka Shawnee County Public Library. The workshop will provide customized technical assistance and sessions highlighting best practices. Team Up participants will develop personalized goals, strategies, and an action plan focusing on the areas of programming and outreach strategies to increase participation and to assist with the administration of the Summer Food Service Program. To attend, please RSVP to Sarah Bruschi by February 6 at [sbruschi@ksde.org](mailto:sbruschi@ksde.org) or 785-296-2276. Details will be provided via email after registration.

Stay tuned for information about the 2019 Summer Food Service Program Kick-Off webinar in early March and the Summer Food Service Program Best Practices webinar series. The Summer Food Service program is NOT just a school nutrition program; it is a COMMUNITY Nutrition Program and we are looking forward to working with Sponsors and partners to increase access to healthy meals during the summer for Kansas Kids. NOW is a great time to begin making plans for summer 2019 and the Child Nutrition & Wellness team is here to help!

### Hunger Action Summits

Nearly 15% of Kansas households lack consistent access to food. To eliminate hunger in our state, Kansans would need an additional \$185,071,000 in their combined household budgets. By helping more Kansas kids participate in school meals and other Child Nutrition Programs, YOUR actions can reduce hunger in Kansas. Make plans to join Kansas Appleseed on **January 25 in Topeka** for an engaging workshop to learn how you can make an impact in your community. More details coming soon. Contact Joey Hentzler ([jhentzler@kansasappleseed.org](mailto:jhentzler@kansasappleseed.org)) at Kansas Appleseed with any questions.

### Healthier CACFP Award

**Be one of the first childcare centers or daycare home providers in Kansas to be recognized for the Healthier CACFP Award!** Are you looking for a way to promote your child care program and stand out from all others? The *Healthier Child and Adult Care Food Program Award* is a USDA recognition system which supports child care centers and daycare home providers taking steps to improve the nutrition, physical activity, nutrition education and/or environment for children in their care. Apply today to win an award! Those who qualify will receive statewide recognition as a **Healthier CACFP Award Winner** and a certificate to showcase the award at their site. In addition, the first 20 Healthier CACFP Awarded sites in Kansas will receive a monetary award of **\$300/child care center or \$100/daycare home!** For more information on the criteria and/or for assistance with applying, contact Emily Brinkman at [ebrinkman@ksde.org](mailto:ebrinkman@ksde.org) or (785) 296-2276.

### **National CACFP Conference – April 23-25 in Chicago**

The National CACFP Sponsors Association (NCA) serves as a national platform that provides education, support, and resources to organizations who administer the CACFP. The NCA hosts an annual conference that is designed for CACFP sponsors, state agency staff, federal agency staff, Headstart, Afterschool/At-Risk, and Summer Feeding staff. This year's conference will take place from April 23-25 in Chicago, IL. For more information, go to <https://www.cacfp.org/news-events-conferences/national-cacfp-sponsors-association-conference/>.

### **It's Time to Start Planning!**

What can you do to celebrate National CACFP Week - March 17-23, 2019?

### **Child Nutrition & Wellness Kansans CAN 2018-19 Best Practice Awards**

The vision of the Kansas State Board of Education is: Kansas leads the world in the success of each student. This vision for education calls for a more child focused system that provides support and resources for individual success and will require everyone to work together to make it a reality. The academic achievement and physical well-being of our students in Kansas today will impact the success of our communities, our state and the nation in the future. The good health that results from good nutrition and physical activity, and the learning that is made possible as a result, is primary among those tools

The purpose of the best practice awards program is to encourage and reward outstanding practices in Child Nutrition & Wellness Programs in Kansas that support the Kansans CAN vision. There are many outstanding child nutrition programs in Kansas. We encourage you and your staff to make nominations for outstanding and/or innovative practices for recognition of your efforts. A nomination entry form is available at [www.kn-eat.org](http://www.kn-eat.org), School Nutrition Programs, What's New. **Nominations are due to the Child Nutrition & Wellness office on or before June 30, 2019.** Winners will be notified by July 31 and presentations will be made at the August State Board of Education meeting.

Please do not hesitate to contact the Child Nutrition & Wellness team at (785) 296-2276 if we can be of assistance with this process. We look forward to receiving your nominations and celebrating the Kansans CAN Best Practice Awards with you at the August 2019 State Board of Education Meeting.

### **Spread the News about Healthy Eating in 2019!**

#### **Nibbles for Health: Nutrition Newsletters for Parents of Young Children**

An exciting and colorful collection of newsletters is now available to help Child and Adult Care Food Program (CACFP) providers talk with parents of young children about nutrition. The highly anticipated and newly designed Nibbles for Health newsletters share information about the CACFP meal patterns and provides tips for families to promote healthy eating at home. The collection is comprised of 12 newsletters, available in English and Spanish, and range in topics from fruits, vegetables, healthy celebrations, and much more. The newsletters are available for download and distribution at [www.fns.usda.gov/tn/nibbles](http://www.fns.usda.gov/tn/nibbles).

#### **Mealtime Memos**

**The Institute of Child Nutrition (ICN) has monthly newsletters "Mealtime Memos".** Visit the ICN website at <https://theicn.org/cacfp>, Educational Resources, Monthly Newsletters to subscribe to "Mealtime Memos".

**The entire Child Nutrition & Wellness team sends best wishes for an amazing, safe and healthy 2019! Happy New Year!**

**Cheryl, Kelly & Julie**