

# Child Nutrition & Wellness

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# CACFP UPDATE

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Distributed to CACFP Authorized Representatives and Home Sponsors via Listserv As posted to <u>www.kn-eat.org</u>, Child and Adult Care Food Program, Updates from CNW

#### **CACFP Nutrition News**

The June edition of the CACFP NUTRITION NEWS is now available online at <u>www.kn-eat.org</u>, CACFP, Newsletters. The newsletter features a tuna apple salad sandwich recipe, tips for serving fruits and vegetables, and suggestions on celebrating the Olympics to promote fitness. Share the newsletter with providers and/or families.

# **Updated CACFP Meal Pattern Training**

CACFP Meal Pattern Training has been offered statewide since early April and the remaining opportunities to attend an in-person training are limited. Trainings are still available June and July at the Child Nutrition Management Academy (CNMA) in select locations. Each sponsor is strongly encouraged to send at least one participant to one of the trainings. Visit <u>www.kn-eat.org</u>, CACFP, Training for a list of remaining training dates and locations.

# Updated CACFP Meal Pattern Requirements FAQs

KSDE CNW has developed a new resource to assist sponsors on implementation of the updated CACFP meal patterns. The FAQs is a compilation of answers to Sponsor questions and is available at <u>www.kn-eat.org</u>, CACFP, Guidance, Menu Planning & Production Records. This resource will be updated continuously as KSDE receives additional guidance from USDA.

# **USDA Update**

# CACFP 13-2017 Transition Period for the Updated Child and Adult Care Food Program Meal Patterns

CACFP 13-2017 outlines a transition period for the updated Child and Adult Care Food Program (CACFP) meal patterns and the updated infant and preschool meal patterns in the National School Lunch Program and School Breakfast Program (School Meal Programs). In recognition of the challenges associated with conforming to the updated requirements, during Fiscal Year 2018 (October 1, 2017- September 30, 2018), KSDE and Home Sponsors must provide technical assistance in lieu of fiscal action when they observe violations. KSDE and Home Sponsors must continue to take immediate fiscal action if a meal is completely missing one or more of the required food components (see 7 CFR 226.2, definition of "meal", and 226.20(a)). The transition period will allow Sponsors to adjust to the updated requirements in the first year of implementation without having fiscal actions imposed or being found seriously deficient.

# **State Fiscal Year End - Claims Deadline**

Claims for Centers are due June 19 by 9 am. Claims submitted after that will not be paid until after July 5.

#### Healthier CACFP Award

Be one of the first child care centers in Kansas to be recognized for the Healthier CACFP

**Award!** Are you looking for a way to promote your child care program and stand out from all others? The *Healthier Child and Adult Care Food Program Award.* This award is a USDA recognition system which supports child care centers taking steps to improve the nutrition, physical activity, nutrition education and/or environment for children in their care. Apply today to win an award. Those who qualify will receive statewide recognition as a Healthier CACFP Award Winner and a certificate to showcase the award at their site. In addition, the first 20 Healthier CACFP Awarded centers in Kansas will receive a **\$300 monetary award**! For more information on the criteria and/or for assistance with applying, contact Emily Brinkman at <u>ebrinkman@ksde.org</u> or (785) 368-8039.

# **Training Opportunities**

# Administrative Workshop Dates Announced

Sponsors are required to attend CACFP Administrative Workshop annually. Administrative Workshop sessions are being planned for July or August. Training dates and registration information will be available at <u>www.kn-eat.org</u>, CACFP, Training by June 1. Some locations will have limited class size and classes without adequate registrations will be cancelled. Classes will be 9 am-12 noon or 1-4 pm. The class will be an overview of CACFP requirements with particular emphasis on the issues that most frequently result in lost revenues or corrective actions. It will also include recent updates from USDA.

# Food Safety Basics – Summer Training Schedule

Who in your facility is trained in Food Safety? Each CACFP sponsor must have at least one trained staff person and training must be renewed every 3 years. Food Safety Basics meets this requirement, is free and will be offered at a location near you this summer. Go to <u>www.kn-eat.org</u>, CACFP, Training to complete a registration form.

# **Online Classes**

Current classes available through KSDE Training Portal: CACFP At-Risk Afterschool Meals, Civil Rights Compliance in Child Nutrition Programs, Confidentiality in Child Nutrition Programs, and Sodium Savvy. These classes are available at <u>www.kn-eat.org</u>, CACFP, Training.

**Jump Start for Centers** is required for all new authorized representatives of centers and recommended for new support staff who provide assistance to the authorized representative. The classes are repeated through the year. The schedule and registration information is at <u>www.kn-eat.org</u>, CACFP, Training. Summer classes will be held June 6 in Overland Park and July 20 in Wichita. This free training class includes sessions on CACFP Administrative Integrity and Meals Done Right.

# Child Nutrition Management Academy and Staff Professional Development Classes

Child Nutrition Management Academy (CNMA) and Staff Professional Development Classes are available for CACFP participation. CNMA is a professional development program sponsored and coordinated by Child Nutrition & Wellness, KSDE. CNMA classes are designed for directors, managers, and other leaders in the organization and are flexibly structured so that participants may choose to attend one, some, or all three days of classes offered at each location. CNMA will offer training in the updated CACFP Meal Pattern, as well as, offer a track of professional development classes for all child nutrition program staff to participate in training at the same time.

CNMA will be held at three locations in June (Hays, De Soto, and Haysville) and three locations in July (Chanute, Abilene, and Liberal). Special Diets, Culinary Champions lab classes, Leading the Team, and Professional Communication are a few of the management level classes available in 2017. As an added note, KSDE classes are approved for KDHE training credit! For a calendar of the classes, class descriptions, registration form, and costs, refer to the CNMA Mailer at <u>www.kn-eat.org</u>, CACFP, Training.

#### Institute of Child Nutrition (ICN) Trainings

ICN will be launching its new eLearning portal June 14, 2017. Important Dates to Remember:

- Wednesday, June 7 All courses in the current system need to be completed and all certificates downloaded. Profiles and certificates WILL NOT BE TRANSFERRED to the new system. Access to the current system will end at the close of business on June 7.
- Wednesday, June 14 The new eLearning Portal will launch with 26 updated courses presented in a new and exciting learning experience.

You can find out more about the new eLearning portal at: <u>http://www.theicn.org/elearning</u>.

#### **NEW Team Nutrition Resources from USDA!**

Team Nutrition is pleased to announce the availability of four new CACFP Meal Pattern Training Tools. The following tools can be used to train providers, operators, menu planners, and others in meeting the updated CACFP meal pattern requirements that take effect October 1, 2017. **Infographic:** 

Growing a Healthier Future With the CACFP

#### Training Worksheets:

- Choose Yogurts That Are Lower in Added Sugars
- Choose Breakfast Cereals That Are Lower in Added Sugars
- Serving Milk in the CACFP

View and download the new training tools at <u>https://www.fns.usda.gov/tn/cacfp-meal-pattern-training-tools</u>.

#### **KSDE** Data Central

Data Central is a new resource for data for all KSDE programs, including CACFP. Numerous CACFPrelated reports are available under the Child Nutrition & Wellness Reports link. To access reports on Free and Reduced Percentage by districts and buildings, click on the Kansas K-12 Reports link. To get to Data Central, go to <u>www.ksde.org</u> and click on the Data Central link at the top of the page.

#### **Sunflower Spotlight**

Kansas City Kansas Community College Campus Child Care Center is Kansas' first Healthier CACFP Award winner! The center was awarded at the Honors level in the Menus category and at the Highest Honors level in the Nutrition Education, Physical Activity, and Environment categories. The Healthier CACFP Award is a recognition system that supports the wellness efforts of child care centers participating in CACFP.

When Director, Erica Ritter, heard of the Healthier CACFP Award, she took the initiative to use award criteria as a guide to begin making healthy changes at the center. This center is taking great steps to positively impact children's healthy development by encouraging children to develop healthy habits at a young age.

Congratulations!

#### May is National Bike Month

May is National Bike Month, sponsored by the League of American Bicyclists and celebrated in communities from coast to coast. Established in 1956, National Bike Month is a chance to showcase the many benefits of bicycling — and encourage more folks to giving biking a try. Visit <u>www.bikeleague.org/bikemonth</u> for more information. If biking is not your choice of physical activity, we encourage you to find other opportunities to get outside and enjoy summer!

#### Mark & Cheryl