



Child Nutrition & Wellness

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CACFP UPDATE

August 29, 2017

Distributed to CACFP Authorized Representatives and Home Sponsors via Listserv
As posted to www.kn-eat.org, Child and Adult Care Food Program, Updates from CNW

Online CACFP Child and Adult Meal Pattern Training

The online CACFP Child and Adult Meal Pattern Training is now available! If a sponsor has not attended an in-person CACFP Meal Pattern Training, this class is strongly recommended. The online **CACFP Infant Meal Pattern Training** was released earlier in August and is also available. To access these trainings, go to www.kn-eat.org, Child and Adult Care Food Program, Training, Training Opportunities, Online Classes.

KN-CLAIM Upgrade Has Arrived!

The upgraded KN-CLAIM system was released on August 10. To access KN-CLAIM, a new registration process (referred to as Common Authentication) is required. A Quick Reference Guide for Accessing KN-CLAIM is available at www.kn-eat.org, CACFP, What's New.

New USDA Policy Memo

Modifications to Accommodate Disabilities in the CACFP (CACFP 14-2017)

This memorandum outlines the requirements for Child and Adult Care Food Program institutions and facilities to provide reasonable modifications to Program meals or the meal service to accommodate children or adults (participants) with disabilities. Watch for online training coming Fall 2017.

Program Certification 2018 – Due September 15

Documents for Certification (Renewal) have been posted at www.kn-eat.org, CACFP, Program Certification. Use the KN-CLAIM 2018 Certification Guide for Centers or Home Sponsors, as appropriate.

All renewal applications are reflected on the “Applications” tab toward the top left of the screen under “Sponsor Summary”. Always click “Save” at the end of a work session to save changes. Applications may be “Saved in Error” so that you can return and complete as you have time.

All forms and documents will need to be uploaded under the “Checklist” tab after all items in the “Application” tab are in “Pending Submission” status. Forms uploaded into the previous KN-CLAIM system were not rolled over to the upgraded system; therefore, all forms in PY 2018 will have to be uploaded. The upload function in the updated KN-CLAIM system is more user-friendly.

Certification renewal documents are due to Child Nutrition & Wellness by **September 15** to ensure the transition to the new program year (October 1) proceeds without interruption in your claim payments. Sponsors must certify their application prior to submitting to KSDE for approval. The check box for certifying the application will appear after everything is completed.

A new 2018 Program Agreement contains additions and revision to the 2013 Program Agreement, including the updated CACFP Meal Pattern. **Two paper copies of the entire 2018 Program Agreement must be completed, signed by the Authorized Representative and submitted to Child Nutrition & Wellness by mail. Original signatures are required.** The 2018 Program Agreement can be found at www.kn-eat.org, Child and Adult Care Food Program, Program Certification. Sponsors cannot be approved for program participation until two copies are received and the online application is in “Pending Approval” status.

CACFP Certification Webinar

If you were unable to participate in one of the CACFP Certification Webinars and are interested in the content covered, you may contact your CACFP Consultant and they will be able to provide the slides that were shown. If you have questions, please contact your CACFP consultant, or call the Topeka office at 785-296-2276.

Annual Civil Rights Training

“Front line staff” and their supervisors must have civil rights training annually. “Front line staff” includes employees who interact with program applicants or participants regarding program services and benefits. Sponsors can use the Annual Civil Rights Training Documentation handout, found in the forms section of the Administrative Handbook, and/or use the Civil Rights Quick Train Module posted at www.kn-eat.org, CACFP, Training, Quick Train Videos, to conduct the training session. Be sure to keep documentation of civil rights training on file. Training rosters must also be uploaded annually during Program Certification.

SFSP Sites and CACFP Afterschool Meals Program Monitoring Requirements

Sponsors that operate **SFSP and CACFP At-Risk Meals** may follow the CACFP monitoring schedule year-round. If sponsors choose to follow the CACFP monitoring schedule year-round, one of the three annual reviews must occur during the summer to review for SFSP requirements. This review must include the review of a meal service and be unannounced. Two reviews must occur during the school year to review for CACFP requirements. At least one must include the review of a meal service and at least one must be unannounced.

At-Risk Afterschool Meals

Help students make the grade this school year by serving At-Risk Afterschool Meals to school aged children in lower income areas. Ensuring that children have access to nutritious meal and snacks when school is not in session is more important than ever. Nutritious meals help students achieve both in and outside of the classroom. Qualified sites providing educational or enrichment activities after the end of the school day, on weekends or on holidays during the school year can receive reimbursement at the free rate for all meals/snacks that are served. Interested in learning more? Contact Mark Thompson at mathompson@ksde.org, or Laura Hodgson at lhodgson@ksde.org, or call 785-296-2276.

CACFP Nutrition News

The September edition of the CACFP NUTRITION NEWS is now available online at www.kn-eat.org, CACFP, Newsletters. The newsletter features a papaya recipe, strategies for getting kids involved in healthy cooking, and a fun balloon-toss activity. Share the newsletter with providers and/or families.

Team Nutrition

Discover MyPlate Sub-Grant Available for CACFP Day Care Centers and Home Providers!

Child care centers and home providers have the opportunity to receive the USDA Discover MyPlate curriculum and sub-grant funds to implement nutrition education opportunities for children in their care! As part of a Team Nutrition Training Grant, Child Nutrition of KSDE will award **\$5/child** for centers and home providers along with program materials to implement the Discover MyPlate nutrition education program. **The application is available at www.kansasteamnutrition.org and is due by September 29, 2017.** For questions or additional information, contact Tessa Adcock at tadcock@ksde.org or call 785-296-2276.

Training Opportunities

Jump Start for Centers is required for all new authorized representatives of centers and recommended for new support staff who provide assistance to the authorized representative. The classes are repeated through the year. Registration information is at www.kn-eat.org, CACFP, Training. The next scheduled class is September 13 in Hays. A complete schedule of Jump Start trainings for PY2018 will be released in September. This free training class includes sessions on CACFP Administrative Integrity and Meals Done Right.

Online Classes

Current classes available through KSDE Training Portal:

- **CACFP Child and Adult Meal Pattern**
- **CACFP Infant Meal Pattern**
- CACFP At-Risk Afterschool Meals
- Civil Rights Compliance in Child Nutrition Programs
- Confidentiality in Child Nutrition Programs
- Sodium Savvy

Access these online classes using the link available at www.kn-eat.org, CACFP, Training.

KCCTO and KITS Trainings

Kansas Child Care Training Opportunities (KCCTO) and Kansas In-service Training System (KITS) will be hosting a series of events throughout the state to support connections between early care and education professionals and local and state agencies and organizations. Kansas Child Care Provider Discussion & Resource trainings are planned to support communication and conversation in an open and safe atmosphere.

These trainings are free but pre-registration is required to receive two KDHE approved clock hours for attendance. Click here for online registration: <http://kccto.org/register/>. Please call or email the KCCTO office with any questions at 785.532.7197 or kccto.inc@gmail.com.

Resources

CACFP Meal Pattern Training Tools from Team Nutrition

The USDA's Food and Nutrition Service (FNS) released the following Team Nutrition CACFP Meal Pattern Training Tools:

Infographic:

- Growing a Healthier Future With the CACFP (FNS651)

Training Worksheets:

- Choose Yogurts That Are Lower in Added Sugars (FNS652; FNS652-S)
- Choose Breakfast Cereals That Are Lower in Added Sugars (FNS653; FNS653-S)
- Serving Milk in the CACFP (FNS654; FNS654-S)

These tools can be used to train childcare providers, operators, menu planners, and others in meeting the updated CACFP meal patterns that take effect October 1, 2017. They are available in English and in Spanish, 25 worksheets/infographics per pack.

Participants in the USDA Child Nutrition Programs, such as the CACFP, can use the online order form: <https://pueblo.gpo.gov/TN/TNPubs.php>. All are welcome to download and print materials from the website: <https://www.fns.usda.gov/tn/team-nutrition>.

Serve Healthy and Tasty Meals in the CACFP Posters from Team Nutrition

USDA released the “Serve Tasty and Healthy Foods in the Child and Adult Care Food Program (CACFP)” poster series. Using original photography taken especially for CACFP settings, these 11” by 17” posters support the implementation of the updated meal patterns by showing samples of a reimbursable breakfast, lunch/supper, and snack for each age group in the child and adult meal patterns.

Titles include:

- Sample Meals for Children Ages 1-2
- Sample Meals for Children Ages 3-5
- Sample Meals for Children Ages 6-12 and 13-18
- Sample Meals for Adults

Check out these new training tools at: <https://www.fns.usda.gov/tn/team-nutrition>. Available online only, in English. Spanish and print versions coming soon!

Healthier CACFP Award

Be one of the first childcare centers in Kansas to be recognized for the Healthier CACFP Award! Are you looking for a way to promote your child care program and stand out from all others? The *Healthier Child and Adult Care Food Program Award* is a USDA recognition system which supports child care centers taking steps to improve the nutrition, physical activity, nutrition education and/or environment for children in their care. Apply today to win an award. Those who qualify will receive statewide recognition as a Healthier CACFP Award Winner and a certificate to showcase the award at their site. In addition, the first 20 Healthier CACFP Awarded centers in Kansas will receive a **\$300 monetary award!** For more information on the criteria and/or for assistance with applying, contact Emily Brinkman at ebrinkman@ksde.org or (785)368-8039.

Sunflower Spotlight

Eight Child Nutrition program sponsors were presented Kansans CAN Best Practice Awards at the Kansas State Board of Education meeting on August 8. Quality Care Services, Inc. was recognized for Providing Outstanding Customer Service. Others receiving recognition were USD 257 Iola also for Providing Outstanding Customer Service, Labette Health for Impacting Wellness, USD 512 Shawnee Mission and USD 229 Blue Valley for Innovative Meal Pattern Strategies, USD 500 Kansas City and USD 345 Seaman for Increasing Participation, and USD 394 Rose Hill for Managing Finances. Congratulations to all these deserving recipients. Thank you for the contributions you are making to the health and well-being of Kansas children!

August is Happiness Happens Month

What makes you happy? Happiness Happens Month is a whole month dedicated to celebrating what makes you happy. Happiness Happens Month is based on the premise that happiness is unlimited and contagious and that sharing one’s happiness can bring joy in other people’s lives. Through your work in caring for children, we know you are making “Happiness Happen”. Thank you!

Mark & Cheryl