

# Good Nutrition Pays

## in Day Care Homes

### CACFP

Child and Adult Care Food Program



### What is the **Child and Adult Care Food Program (CACFP)**?

- Federally funded program designed to provide funds to help day care homes serve nutritious meals and snacks to young children in care.
- Part of the U.S. Department of Agriculture (USDA) Food and Nutrition Service (FNS), the same office that administers the National School Lunch Program.
- Day care homes participate in the CACFP under the sponsorship of a home sponsoring organization.

There is **NO COST** to participate.

### What are the **benefits**?

- Receive reimbursement to supplement the cost of healthy meals and snacks.
- Participation in CACFP is a key indicator of high-quality child care.
- Children are getting the right foods they need to develop and learn.
- Young children learn healthy eating habits.
- Guidance on menu planning and recipe ideas.
- Free training on child nutrition topics which count toward Kansas Department of Health and Environment (KDHE) training requirements.

### What are the **program requirements**?

- Be licensed by KDHE or a branch of the military.
- Be located in a private residence.
- Serve meals and snacks that meet the requirements of the CACFP meal patterns. Meal requirements are simple and allow for a variety of foods, including ethnic and cultural foods.
- Keep daily menus and accurate meal count and daily attendance records.
- Maintain enrollment documentation on each child in care.

### **How** does the **money work**?

- A provider's monthly reimbursement is based on the number of meals and snacks served and the number of children eating.
- Eligible homes may be reimbursed for up to two meals and one snack or two snacks and one meal per day per child.

## Home Sponsoring Organizations in Kansas

- Day care homes participate in the CACFP under the sponsorship of a home sponsoring organization.
- Sponsoring organizations contract with the Kansas State Department of Education (KSDE) to serve as sponsors for family child care homes.
- Sponsoring organizations can serve state-wide.
- All sponsoring organizations must follow the same USDA rules and regulations and provide reimbursement to providers according to USDA regulated reimbursement amounts.

## Choosing a sponsor

- Contact sponsoring organizations to learn about:
  - various training opportunities including training locations
  - record keeping options (paper and/or electronic)
  - reimbursement methods (electronic deposit vs paper checks).
- Day care homes may only transfer between sponsoring organizations one time per 12-month period.

## Sponsoring Organizations for Family Child Care Homes



**Child Care Links**  
Hutchinson, KS  
(620) 669-0291  
[CACFP@childcarelink.org](mailto:CACFP@childcarelink.org)

**Child Nutrition Services**  
Washington, KS  
(785) 325-2642  
[cnsfoodlady@gmail.com](mailto:cnsfoodlady@gmail.com)

**Children's Nutrition Services**  
Fredonia, KS  
(620) 378-4840  
[cnsi@embarqmail.com](mailto:cnsi@embarqmail.com)

**Day Care Connection**  
Lenexa, KS  
(913) 529-1200  
[kelly@daycareconnection.org](mailto:kelly@daycareconnection.org)

**Douglas County Child Development Association**  
Lawrence, KS  
(785) 842-9679  
[anna@positivebrightstart.org](mailto:anna@positivebrightstart.org)

**First Choice Support Services**  
Salina, KS  
(785) 823-3555  
[firstchoice3555@gmail.com](mailto:firstchoice3555@gmail.com)

**Providers Premier Choice of SEK, Inc.**  
Fredonia, KS  
(620) 378-2481  
[ppcsekfoodprogram@gmail.com](mailto:ppcsekfoodprogram@gmail.com)

**The Family Conservancy**  
Kansas City, KS  
(913) 742-4139  
[kbender@thefamilyconservancy.org](mailto:kbender@thefamilyconservancy.org)

**JC Family Home Association**  
Junction City, KS  
(785) 307-4370  
[jcfha5@gmail.com](mailto:jcfha5@gmail.com)

**Martin Luther King Jr CACFP**  
Salina, KS  
(785) 827-5808  
(877) 527-5808  
[mlkjacfp@kans.com](mailto:mlkjacfp@kans.com)

**Nutrition Plus**  
Winfield, KS  
(620) 221-2777  
[roark2@cox.net](mailto:roark2@cox.net)

**Quality Care Services**  
El Dorado, KS  
(316) 321-7237  
[qlytser@sbcglobal.net](mailto:qlytser@sbcglobal.net)

**Russell Child Development**  
Garden City, KS  
(620) 275-0399  
[cneuschafer@rcdc4kids.org](mailto:cneuschafer@rcdc4kids.org)

**Salina Child Care Association**  
Salina, KS  
(785) 827-6431  
[sccacacfp@gmail.com](mailto:sccacacfp@gmail.com)

**Sunshine Connections**  
Hays, KS  
(785) 625-2093  
(800) 569-4410  
[sunshinecon@eaglecom.net](mailto:sunshinecon@eaglecom.net)



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