| Date | Meal Pattern <br> (1) | Food Items Used <br> (2) | Serving Size <br> (3) | Quantities Prepared (4) | Planned Servings (5) | Recipe Used <br> (7) | Temp <br> (8) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | SNACK - Must serve 2 different components |  |  |  |  |  |  |
|  | Fluid Milk <br> Fruit <br> Vegetable <br> Bread/Grain <br> Meat/Meat Alternate | Bagel <br> * Optional: jelly | $1 / 2$ each 1 Tbsp |  |  |  |  |
|  |  | Milk | 1 cup |  |  |  |  |
|  | SNACK - Must serve 2 different components |  |  |  |  |  |  |
|  | Fluid Milk <br> Fruit <br> Vegetable <br> Bread/Grain <br> Meat/Meat Alternate | Pear | 1 each, sliced |  |  |  |  |
|  |  | Cheese stick | 1 oz |  |  |  |  |
|  | SNACK - Must serve 2 different components |  |  |  |  |  |  |
|  | Fluid Milk <br> Fruit <br> Vegetable <br> Bread/Grain <br> Meat/Meat Alternate | Grapes | $3 / 4$ cup |  |  |  |  |
|  |  | Yogurt | $40 z$ |  |  |  |  |
|  | SNACK - Must serve 2 different components |  |  |  |  |  |  |
|  | Fluid Milk <br> Fruit <br> Vegetable <br> Bread/Grain <br> Meat/Meat Alternate | Savory snack crackers | Approx. 7 circles $(0.8 \mathrm{oz})$ |  |  |  |  |
|  |  | Peanut butter | 2 Tbsp |  |  |  |  |
|  | SNACK - Must serve 2 different components |  |  |  |  |  |  |
|  | Fluid Milk <br> Fruit <br> Vegetable <br> Bread/Grain <br> Meat/Meat Alternate | Tortilla chips | $\begin{gathered} 8 \text { chips } \\ (1 \mathrm{oz} \text { eq) } \end{gathered}$ |  |  |  |  |
|  |  | Applesauce | $3 / 4$ cup |  |  |  |  |

