	Meal Pattern	Food Items Used	Serving Size	Quantities	Planned Servings	Recipe Used	Temp
Date	(1)	(2)	(3)	Prepared (4)	(5)	(7)	(8)
	(-)	(-/	(-)		# Served (6)	(-,	(-)
	SNACK - Must serve 2 different components						
		Bagel	½ each				
	Fluid Milk						
	Fruit	* Optional: jelly	1 Tbsp				
	Vegetable						
	Bread/Grain	Milk	1 cup				
	Meat/Meat Alternate	1155					
	SNACK - Must serve 2 different components						
	Fluid Milk	Pear	1 each, sliced				
	Fruit						
	Vegetable						
	Bread/Grain	Cheese stick	1 oz				
	Meat/Meat Alternate						
	SNACK - Must serve 2 different components						
	Fluid Milk	Grapes	¾ cup				
	Fruit						
	Vegetable Bread/Grain	Yogurt	4 oz				
	Meat/Meat Alternate	Toguit	4 02				
	SNACK - Must serve 2 different components						
	Fluid Milk	Savory snack crackers	Approx. 7 circles				
	Fruit		(0.8 oz)				
	Vegetable Bread/Grain	Peanut butter	2 Tbsp				
	Meat/Meat Alternate	l candi buller	2 105p				
	SNACK - Must serve 2 different components						
	Fluid Milk	Tortilla chips	8 chips				
	Fruit		(1 oz eq)				
	Vegetable Bread/Grain	Applesauce	3/4 cup				
	Meat/Meat Alternate	Αργισσαίνο	/4 Gup				
	Medividat Alternate	l				<u> </u>	