

# Lunch or Supper

# Food Production Record

Week 2

Meal Pattern (1)	Food Items Used (2)	Serving Size (3)	Quantities Prepared (4)	Planned Servings (5)	Recipe Used (7)	Temp (8)
				# Served (6)		

## MONDAY

DATE: \_\_\_\_\_

Lunch or Supper - Must serve all 5 components						
1. Fluid Milk	Milk	1 cup				
2. Meat/Meat Alternate	Grilled cheese Sausage links	1 oz cheese 3 links			HKM 311	
3. Vegetable	Cole slaw	½ cup			HKM 20	
4. Fruit	Pear	¼ cup				
5. Bread/Grain	Grilled cheese - bread	2 slices bread (1 oz eq per slice)				
Other foods:						

## TUESDAY

DATE: \_\_\_\_\_

Lunch or Supper - Must serve all 5 components						
1. Fluid Milk	Milk	1 cup				
2. Meat/Meat Alternate	Cilantro pork salad wrap - pork, cheese	1 wrap - 1.5 oz eq M/MA pork ½ oz cheese			HKM 309	
3. Vegetable	Pork wrap - salsa, pinto beans & tomatoes Lettuce	2 Tbsp ⅛ cup ½ cup				
4. Fruit	Strawberries	¼ cup				
5. Bread/Grain	Pork wrap - tortilla, rice	1 each (2 oz eq per wrap) ⅛ cup				
Other foods:	Pork wrap - cilantro dressing	1 ½ Tbsp				

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**WEDNESDAY** DATE: \_\_\_\_\_

Lunch or Supper - Must serve all 5 components						
1. Fluid Milk	Milk	1 cup				
2. Meat/Meat Alternate	Beef & Broccoli	1 serving - ¾ cup beef & broccoli			HKM 303	
3. Vegetable	Beef & Broccoli - broccoli					
4. Fruit	Orange slices	½ each orange				
5. Bread/Grain	Beef & Broccoli - rice	½ cup				
Other foods:						

**THURSDAY** DATE: \_\_\_\_\_

Lunch or Supper - Must serve all 5 components						
1. Fluid Milk	Milk	1 cup				
2. Meat/Meat Alternate	Buffalo chicken sandwich - chicken, sliced cheese	1 sandwich - 1.5 oz eq M/MA 1 - ½ oz slice			HKM 305	
3. Vegetable	Fiesta corn	½ cup				HKM 321
4. Fruit	Apple slices	¼ cup				
5. Bread/Grain	Buffalo chicken sandwich - bun	1 each (1 oz eq each)				
Other foods:						

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				# Served (6)		

**FRIDAY**

DATE: \_\_\_\_\_

Lunch or Supper - Must serve all 5 components						
1. Fluid Milk	Milk	1 cup				
2. Meat/Meat Alternate	Baked beef and sausage penne	1 serving - ½ cup			HKM 300	
3. Vegetable	Baked penne - red pepper & tomato sauce Green beans		½ cup			
4. Fruit	Grapes	¼ cup				
5. Bread/Grain	Baked penne - penne pasta Breadstick	1 serving 1 each				
Other foods:						