

Lunch or Supper

Food Production Record

Week 1

Meal Pattern (1)	Food Items Used (2)	Serving Size (3)	Quantities Prepared (4)	Planned Servings (5)	Recipe Used (7)	Temp (8)
				# Served (6)		

MONDAY

DATE: _____

Lunch or Supper - Must serve all 5 components						
1. Fluid Milk	Milk	1 cup				
2. Meat/Meat Alternate	BBQ pulled pork sandwich	1 serving - 4 oz or amount needed for 2 oz eq M/MA			HKM 301	
3. Vegetable	Glazed carrots	½ cup			HKM 322	
4. Fruit	Applesauce	¼ cup				
5. Bread/Grain	BBQ pulled pork sandwich - bun	1 each (1 oz eq each)				
Other foods:						

TUESDAY

DATE: _____

Lunch or Supper - Must serve all 5 components						
1. Fluid Milk	Milk	1 cup				
2. Meat/Meat Alternate	Mandarin chicken bowl - chicken	1.75 oz			HKM 314	
3. Vegetable	Mandarin chicken bowl - green onion, celery, peas, carrots, green beans, red cabbage	½ cup				
4. Fruit	Pineapple tidbits	¼ cup				
5. Bread/Grain	Mandarin chicken bowl - fried rice	½ cup				
Other foods:						

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				# Served (6)		

WEDNESDAY DATE: _____

Lunch or Supper - Must serve all 5 components						
1. Fluid Milk	Milk	1 cup				
2. Meat/Meat Alternate	Hamburger	1 patty			HKM 312	
3. Vegetable	Roasted cauliflower	½ cup			HKM 323	
4. Fruit	Grapes	¼ cup				
5. Bread/Grain	Hamburger - bun	1 each (1 oz eq each)				
Other foods:	Optional toppings: lettuce, tomato, ketchup, pickle					

THURSDAY DATE: _____

Lunch or Supper - Must serve all 5 components						
1. Fluid Milk	Milk	1 cup				
2. Meat/Meat Alternate	Sweet & Sassy chicken	1 each (2 oz M/MA each)			HKM 317	
3. Vegetable	Garden salad	1 cup			HKM 164	
4. Fruit	Fruit cocktail	¼ cup				
5. Bread/Grain	Seasoned brown rice	½ cup			HKM 142	
Other foods:						

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				# Served (6)		

FRIDAY

DATE: _____

Lunch or Supper - Must serve all 5 components						
1. Fluid Milk	Milk	1 cup				
2. Meat/Meat Alternate	Sloppy Joe	½ cup (1 serving) - 2 oz eq M/MA / ¼ cup Veg			HKM 123	
3. Vegetable	Broccoli	¼ cup				
4. Fruit	Peaches	¼ cup				
5. Bread/Grain	Sloppy Joe - bun	1 each (1 oz eq each)				
Other foods:						