

Lunch or Supper

Food Production Record

Week 2

Meal Pattern (1)	Food Items Used (2)	Serving Size (3)	Quantities Prepared (4)	Planned Servings (5)	Recipe Used (7)	Temp (8)
				# Served (6)		

MONDAY

DATE: _____

Lunch or Supper - Must serve all 5 components						
1. Fluid Milk	Milk	1 cup				
2. Meat/Meat Alternate	Chicken Santa Fe wrap - chicken & cheese	1 wrap ¼ cup chicken			HKM 308	
3. Vegetable	Santa Fe wrap - salsa, lettuce, tomato, corn	1 cup filling				
4. Fruit	Applesauce	¼ cup				
5. Bread/Grain	Santa Fe wrap - tortilla	1 each (2 oz eq per wrap)				
Other foods:						

TUESDAY

DATE: _____

Lunch or Supper - Must serve all 5 components						
1. Fluid Milk	Milk	1 cup				
2. Meat/Meat Alternate	Yogurt Cheese stick	½ cup 1 oz				
3. Vegetable	Baby carrots	½ cup				
4. Fruit	Kiwi	1 each				
5. Bread/Grain	Blueberry Oat Muffin	1 muffin			HKM 28	
Other foods:						

Lunch or Supper

Food Production Record

Week 2

Meal Pattern (1)	Food Items Used (2)	Serving Size (3)	Quantities Prepared (4)	Planned Servings (5)	Recipe Used (7)	Temp (8)
				# Served (6)		

WEDNESDAY DATE: _____

Lunch or Supper - Must serve all 5 components						
1. Fluid Milk	Milk	1 cup				
2. Meat/Meat Alternate	Tuna salad sandwich - tuna salad mixture	1 sandwich -			HKM 320	
3. Vegetable	Tuna salad sandwich - celery, carrots	½ cup tuna salad				
	Green pepper strips	¼ cup				
4. Fruit	Orange slices	½ each orange				
5. Bread/Grain	Tuna salad sandwich - bread	2 slices bread (1 oz eq per slice)				
Other foods:	Optional: Salad dressing	1 oz				

THURSDAY DATE: _____

Lunch or Supper - Must serve all 5 components						
1. Fluid Milk	Milk	1 cup				
2. Meat/Meat Alternate	Bean taco salad - taco beans, cheese	¼ cup			HKM 302, HKM 79, HKM 318	
		¼ cup				
3. Vegetable	Beef taco salad - lettuce, tomatoes	1 cup ⅛ cup				
4. Fruit	Summer fruit salad	¼ cup			HKM 119	
5. Bread/Grain	Beef taco salad - tortilla chips	1 oz Approx. 8 chips				
Other foods:						

Lunch or Supper

Food Production Record

Week 2

Meal Pattern (1)	Food Items Used (2)	Serving Size (3)	Quantities Prepared (4)	Planned Servings (5)	Recipe Used (7)	Temp (8)
				# Served (6)		

FRIDAY

DATE: _____

Lunch or Supper - Must serve all 5 components						
1. Fluid Milk	Milk	1 cup				
2. Meat/Meat Alternate	Cracker stacks - ham, American cheese, cottage cheese	0.6 oz slice ½ oz slice ¼ cup			HKM 306	
3. Vegetable	Broccoli	½ cup				
4. Fruit	Pineapple	¼ cup				
5. Bread/Grain	Cracker stacks - crackers	0.8 oz (1 oz eq Grains)				
Other foods:						